Adult Learning Course Guide Summer 2024

**Welcome to your Inspire Adult Learning Course Guide: your complete guide to all our courses for adults for the summer term, across Nottinghamshire and online!**

Whether you want to progress your career with a recognised qualification or just looking to have fun and ignite your passion for a new hobby, our courses are for everyone. Many are short enough to easily undertake around your other commitments, but still offer a fun, friendly, high-quality learning experience.

In this guide, you’ll find an amazing range of courses for both adults and families, taking place at Inspire libraries and community venues across Nottinghamshire. If you can’t make those, don’t worry – we also offer online and distance learning courses, designed for you to learn from the comfort of your own home.

Some courses are accredited – this means they provide you with a recognised qualification in a particular subject, such as maths or IT. Courses approved by a professional awarding body can make you more desirable to employers, whether that’s being offered a better salary, the chance of promotion, or just getting your foot in the door. If English isn’t your first language our ESOL courses are for you – work towards nationally recognised qualifications and boost your skills and prospect

**Costs and fees**

Our non-accredited courses are free for those in receipt of certain benefits (you’ll need to show evidence when you enrol) or will be charged at £3 per hour. The full price for the course can be found on our website, on the individual course webpage.

Many of our accredited courses (that lead to a qualification) are free\* or low cost to you depending on your circumstances. Payment should be made in full at the time of booking online or over the phone, unless you qualify for a free place. You may need additional materials for some courses; details will be given at the time of booking or at the first session.

**Book and enrol on our courses**

Book your place online, 24 hours a day, 7 days a week at inspireculture.org.uk/learning. Bookings can also be made by calling Ask Inspire on 01623 677200, Monday to Friday 9am – 6pm and Saturday 9am – 4pm.

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[**Arts and Crafts**](https://www.inspireculture.org.uk/skills-learning/arts-crafts-courses/)

Express yourself through art or photography, or develop new craft skills in sewing, crochet, cardmaking, sugarcraft and more!

**Arts and Crafts Courses in Ashfield**

**Macrame Jewellery** beginning 17/4/24 at Hucknall Library

**Bobbin Lace** beginning 8/5/24 at Hucknall Library.

**Arts and Crafts Courses in Bassetlaw**

**Bobbin Lace Making for Beginners** beginning 18/4/24 at Worksop Library

**Macrame Wall Hanging** beginning 18/4/24 at Worksop Library

**Indian Block Printing** beginning 19/4/24 at Harworth and Bircotes Town Hall

**Macrame Wall Hanging** beginning 19/4/24 at Retford Library

**Bobbin Lace Making - Torchon** beginning 9/5/24 at Worksop Library

**Macrame Jewellery** beginning 9/5/24 at Worksop Library

**Macrame Wall Hanging** beginning 10/5/24 at Harworth and Bircotes Town Hall

**Bobbin Lace Making - Braided** beginning 10/5/24 at Retford Library

**Arts and Crafts Courses in Broxtowe**

**Printed Textiles for Beginners** 5/6/24 at Beeston Library

**Printmaking – Collagraphs** beginning 5/6/24 at Beeston Library

**Book Making** beginning 21/6/24 at Beeston Library

**Indian Block Printing - Print and Stitch** beginning 21/6/24 at Beeston Library

**Macrame Jewellery** beginning 12/7/24 at Beeston Library

**Indian Block Printing - Print and Patchwork** beginning 12/7/24 at Beeston Library

**Printmaking - Lino Printing** beginning 15/7/24 at Stapleford Library and Learning Centre

**Dry Point Etching** beginning 17/7/24 at Beeston Library

**Dry Point Etching** beginning 18/7/24 at Stapleford Library and Learning Centre

**Printmaking - Lino Printing** beginning 24/7/24 at Beeston Library

**Arts and Crafts Courses in Gedling**

**Bobbin Lace Making - Torchon** beginning 15/4/24 at Calverton Village Hall

**Book Making** beginning 15/4/24 at Burton Joyce Library

**Calligraphy for Beginners** beginning 16/4/24 at Ravenshead Library

**Calligraphy for Beginners** beginning 16/4/24 at Arnold Library

**Macrame Jewellery** beginning 13/5/24 20/5/24 at Burton Joyce Library

**Floral Abstractions in Acrylics beginning** 3/6/24 at Newstead Community Centre

**Drawing and Painting Nature** beginning 3/6/24 at Newstead Community Centre

**Macrame Wall Hanging** beginning 3/6/24 at Burton Joyce Library

**Calligraphy Next Steps - Uncial and Gothic** beginning 4/6/24 at Ravenshead Library

**Calligraphy Next Steps - Uncial and Gothic** beginning 4/6/24 at Tues Arnold Library

**Indian Block Printing - Print and** Stitch beginning 8/6/24 at Arnold Library

**Macrame Jewellery** beginning 8/6/24 at Arnold Library

**Book Making** beginning 29/6/24 at Arnold Library

**Indian Block Printing - Print and Patchwork** beginning 6/7/24 at Arnold Library

**Arts and Crafts Courses in Mansfield**

**Sugarcraft - Cupcake Toppers** beginning15/4/24 at Mansfield Central Library

**Printmaking - Lino Printing** beginning16/4/24 at Mansfield Central Library

**Floral Abstractions for Beginners** beginning18/4/24 at Mansfield Central Library

**Drawing and Painting Nature for Beginners** beginning18/4/24 at Mansfield Central Library

**Still Life Painting for Beginners** beginning18/4/24 at Mansfield Central Library

**Sugarcraft - Bee Cupcakes** beginning20/5/24 at Mansfield Central Library

**Sugarcraft - Piped Rose Swirls** beginning20/5/24 at Central Library

**Sugarcraft - How to Ice a Cake** beginning3/6/24 at Mansfield Central Library

**Contemporary Landscape Painting in Oils** beginning6/6/24 at Mansfield Central Library

**Contemporary Cityscape Painting** beginning6/6/24 at Mansfield Central Library

**Contemporary Still Life Painting** beginning6/6/24 at Mansfield Central Library

**Print and Stitch for Beginners** beginning11/6/24 at Mansfield Central Library

**Sugarcraft - Orchids** beginning24/6/24 at Mansfield Central Library

**Printmaking - Lino Printing** beginning22/7/24 at Mansfield Central Library

**Gestural Drawing** beginning16/4/24 at Mansfield Woodhouse Library

**Intuitive Painting** beginning16/4/24 at Mansfield Woodhouse Library

**Contemporary Cityscape Painting** beginning16/4/24 at Mansfield Woodhouse Library

**Garden Painting for Beginners** beginning19/4/24 at Mansfield Woodhouse Library

**Figure Painting for Beginners** beginning19/4/24 at Mansfield Woodhouse Library

**Sugarcraft - Piping Techniques** beginning21/5/24 at Mansfield Woodhouse Library

**Crochet - Tunisian** beginning3/6/24 at Mansfield Woodhouse Library

**Floral Abstractions for Beginners** beginning4/6/24 at Mansfield Woodhouse Library

**Impressionistic Style Painting** beginning4/6/24 at Mansfield Woodhouse Library

**Collage and Mixed Media** beginning4/6/24 at Mansfield Woodhouse Library

**Garden Painting for Improvers** beginning7/6/24 at Mansfield Woodhouse Library

**Figure Painting for Improvers** beginning7/6/24 at Mansfield Woodhouse Library

**Print and Stitch for Beginners** beginning8/6/24 at Woodhouse Library

**Cupcake Decorations - Summer Toppers** beginning25/6/24 at Mansfield Woodhouse Library

**Arts and Crafts Courses in Newark**

**Crochet for Beginners** beginning15/4/24 at Newark Buttermarket

**Drawing in Pen for Beginners** beginning17/4/24 at Southwell Library

**Watercolour Painting for Beginners** beginning17/4/24 at Newark Buttermarket FREE/£30

**Creative Gouache for Beginners** beginning17/4/24 at Newark Buttermarket

**Paper Crafts and Collage** beginning18/4/24 at Edwinstowe Library

**Print and Stitch for Beginners** beginning19/4/24 at Newark Buttermarket

**Indian Block Printing - Print and Stitch** beginning20/4/24 at Newark Buttermarket

**Bobbin Lace Making - Torchon** beginning20/4/24 at Newark Buttermarket

**Macrame Wall Hanging** beginning11/5/24 at Newark Buttermarket

**Macrame Jewellery** beginning18/5/24 at Newark Buttermarket

**Crochet - Tunisian** beginning4/6/24 at Edwinstowe Library

**Creative Gouache for Beginners** beginning4/6/24 at Southwell Library

**Jewellery Making for Beginners** beginning5/6/24 at Southwell Library

**Bobbin Lace Making for Beginners** beginning5/6/24 at Newark Buttermarket

**Book Making for Beginners** 5/6/24 at Newark Buttermarket

**Printmaking - Collagraphs** beginning7/6/24 at Newark Buttermarket

**Bobbin Lace Making - Torchon** beginning26/6/24 at Newark Buttermarket

**Macrame for Beginners** beginning26/6/24 at Newark Buttermarket

**Dry Point Etching** beginning19/7/24 at Newark Buttermarket

**Arts and Crafts Courses in Rushcliffe**

**Creative Gouache for Beginners** beginning16/4/24 21/5/24 13:30 15:30 Tues West Bridgford Library FREE/£36

**Macrame Jewellery** beginning7/6/24 at Bingham Library

**Arts and Crafts Courses Online**

**Art Explored** beginning15/4/24 Online

**Art Explored** beginning5/6/24 Online

[**Creative Writing and Literature**](https://www.inspireculture.org.uk/skills-learning/creative-writing-literature-courses/)

Courses for book lovers and writers. Develop your own story, poetry or explore literature with us.

**Creative Writing and Literature Courses in Broxtowe**

**Byron in Nottinghamshire** 6/6/24 at Eastwood Library

**Creative Writing and Literature Courses in Gedling**

**Creative Writing - Write A Short Story** beginning19/4/24 at Arnold Library

**Creative Writing - Crime** beginning4/6/24 at Burton Joyce Library

**Creative Writing - Appreciating Drama** beginning7/6/24 at Arnold Library

**Creative Writing - Short Stories** beginning4/7/24 at Ravenshead Library

**DH Lawrence in Nottinghamshire** 9/7/24 at Burton Joyce Library

**Creative Writing and Literature Courses in Mansfield**

**Creative Writing - Short Stories for Beginners** beginning15/4/24 at Mansfield Central Library

**Creative Writing - Short Stories Next Steps** beginning3/6/24 at Mansfield Central Library

**Creative Writing and Literature Courses in Rushcliffe**

**Creative Writing - Crime** beginning27/4/24 at West Bridgford Library

**Creative Writing and Literature Courses Online**

**Creative Writing - Write A Story** beginning15/4/24 Online

**Creative Writing - Blogging** beginning17/4/24 Online

**Creative Writing - Appreciate the Experts** beginning3/6/24 Online

**Creative Writing - Folktales** beginning5/6/24 Online

[**Employability and Work Skills**](https://www.inspireculture.org.uk/skills-learning/work-skills-employment-courses/)

Courses to enhance your employability prospects, for a variety of workplaces.

**Employability and Work Skills in Ashfield**

**Setting Up a Holistic Business** beginning16/7/24 at Hucknall Library

**Employability and Work Skills in Broxtowe**

**Bookkeeping for Beginners** beginning18/4/24 at Stapleford Library and Learning Centre

**Setting up a Holistic Business** beginning18/7/24 at Stapleford Library and Learning Centre

**Employability and Work Skills in Gedling**

**Setting up a Holistic Business** beginning19/7/24 26/7/24 13:00 15:00 Fri Arnold Library FREE/£6

**Employability and Work Skills in Newark**

**Bookkeeping for Beginners** beginning5/6/24 at Newark Buttermarket

**Employability and Work Skills Online**

**Personal Development and Life Coaching** beginning16/4/24 Online

**How to Set up a Secret Tea Room** beginning23/4/24 Online

**Personal Development and Life Coaching** beginning4/6/24 Online

**Setting Up a Holistic Business** beginning17/7/24 Online

[**English and ESOL**](https://www.inspireculture.org.uk/skills-learning/english-esol-courses/)

Build your confidence in using spoken and written English whilst also developing your enjoyment of reading. Our English courses allow you to gain a Functional Skills English qualification.

Our ESOL courses will help you to improve your English skills and your confidence using these if English is not your first language.

**English and ESOL Courses in Mansfield**

**English Functional Skills - Intensive** beginning16/4/23 at Mansfield Central Library

**English and ESOL Courses in Stapleford**

**ESOL Book Club** beginning24/4/24 at Beeston Library

**English and ESOL Courses Online**

**ESOL Everyday English Part 4** beginning18/4/24 Online

**ESOL Everyday English** beginning13/6/24 Online

[**Family Learning**](https://www.inspireculture.org.uk/skills-learning/online-family-learning/)

Designed for parents and carers to learn enjoyable strategies to understand, support and help develop their children’s learning. Some courses are for adults only, specifically designed for family members to positively support their children.

**Family Learning Courses in Ashfield**

**Parenting Skills - Age 1 to 2 years** beginning18/4/24 at John Godber Centre, Hucknall

**Parenting Skills - Age 2 to 3 years** beginning18/4/24 at John Godber Centre, Hucknall

**Family Learning Courses in Broxtowe**

**Parenting Skills - Age 1 to 2 years** beginning3/6/24 at Beeston Library

**Parenting Skills - Age 2 to 3 years** beginning3/6/24 at Beeston Library

**Family Learning Courses in Gedling**

**Makaton Signing for Babies and Families** beginning17/4/24 at Arnold Library

**Music Making for Early Years - Water** beginning17/4/24 at Arnold Library

**Music Making for Early Years - Water** beginning18/4/24 at Gedling Library

**Music Making for Early Years - Water** beginning18/4/24 at The Good Shepherd Social Centre, Woodthorpe

**Music Making for Early Years – Animals** beginning5/6/24 at Arnold Library

**Music Making for Early Years - Animals** beginning6/6/24 at The Good Shepherd Social Centre, Woodthorpe

**Music Making for Early Years - Animals** beginning6/6/24 at Gedling Library

**Story Explorations for Early Years** beginning19/6/24 at Arnold Library

**Family Learning Courses in Mansfield**

**Baby Massage - 8 Weeks to Mobile** beginning18/4/24 at Mansfield Central Library

[**Get Active**](https://www.inspireculture.org.uk/skills-learning/get-active-courses/)

Courses designed to get you moving and learn more about sport, fitness and physiology. Improve your fitness and flexibility or get a qualification in sports coaching.

**Get Active Courses in Ashfield**

**Get Fit and Flexible** beginning18/4/24 St John’s Church Hall, Hucknall

**Get Fit and Flexible** beginning6/6/24 at St John’s Church Hall, Hucknall

**Get Active Courses in Broxtowe**

**Get Fit and Flexible** beginning16/4/24 at Beeston Library

**Get Fit and Flexible** beginning4/6/24 at Beeston Library

**Get Active Courses in Newark**

**Yoga for Osteoporosis** beginning16/4/24 at Millgate Community Centre

**Get Active Courses in Rushcliffe**

**Yoga for Osteoporosis** beginning19/4/24 at Bingham Library

[**Health and Wellbeing**](https://www.inspireculture.org.uk/skills-learning/online-health-and-wellbeing-courses/)

Courses designed to boost both your physical and mental wellbeing. Discover complementary therapies, learn about food and nutrition, mindfulness and meditation. Get moving with us or learn more about looking after yourself. We also have workshops on topical subjects such as dementia, autism and dyslexia.

**Health and Wellbeing Courses in Ashfield**

**Reiki 2** beginning17/4/24 at Kirkby-in-Ashfield Library and Learning Centre

**Meditation and Mindfulness** beginning20/4/24 at Kirkby-in-Ashfield Library and Learning Centre

**Facial Peels - An Introduction** 11/5/24 at Hucknall Library

**Reiki 2** beginning4/6/24 at Hucknall Library

**Mindful Meditation** beginning4/6/24 at Hucknall Library

**Reiki Refresher** beginning16/7/24 at Hucknall Library

**Health and Wellbeing Courses in Bassetlaw**

**Growth Mindset** beginning16/4/24 at Worksop Library

**History of Holistic Therapies** beginning16/4/24 at Worksop Library

**Health and Wellbeing Courses in Broxtowe**

**Expanding Self Awareness** beginning6/6/24 at Stapleford Library and Learning Centre

**History of Holistic Therapies** beginning6/6/24 at Stapleford Library and Learning Centre

**Reiki Refresher** beginning18/7/24 at Stapleford Library and Learning Centre

**Health and Wellbeing Courses in Gedling**

**Hand Reflexology** beginning19/4/24 at Ravenshead Library

**Expanding Self-Awareness** beginning19/4/24 at Arnold Library

**Growth Mindset** beginning19/4/24 at Arnold Library

**Health and Wellbeing Courses in Mansfield**

**Alternative Therapies - An Introduction** beginning15/4/24 at Mansfield Woodhouse Library

**Colour Therapy - An Introduction** beginning15/4/24 at Mansfield Woodhouse Library

**History of Holistic Therapies** 18/4/24 at Mansfield Central Library

**Hand Reflexology** beginning19/4/24 at Mansfield Central Library

**Mindfulness for Beginners** beginning3/6/24 at Mansfield Woodhouse Library

**Learn to Relax** beginning7/6/24 at Mansfield Woodhouse Library

**Mindfulness for Beginners** beginning7/6/24 at Mansfield Central Library

**Health and Wellbeing Courses in Rushcliffe**

**Healthy Eating - Managing Type 2 Diabetes** beginning19/4/24 at West Bridgford Library

**Expanding Self-Awareness** beginning7/6/24 at West Bridgford Library

**Reflexology - An Introduction** beginning19/4/24 at Edwinstowe Library

**Alternative Therapies - An Introduction** beginning19/4/24 at Edwinstowe Library

**Learn to Relax** beginning23/4/24 at Edwinstowe Library

**Shinrin Yoku - Forest Bathing** beginning15/5/24 at Feel Good Gardens, Kings Clipstone

**Meditation for Beginners** beginning4/6/24 at Edwinstowe Library

**Health and Wellbeing Courses Online**

**Shinrin Yoku - Forest Bathing** beginning8/4/24 Online and Newstead Abbey

**Learn to Relax** beginning22/4/24 Online

**Affirmations for a Positive Life** beginning5/6/24 Online

**Meditation and Mindfulness** beginning5/6/24 Online

[**IT and Digital Skills**](https://www.inspireculture.org.uk/skills-learning/it-digital-skills-courses/)

Become computer savvy, from coding to internet safety to the basics of Microsoft Office.

**IT and Digital Skills Courses in Ashfield**

**Computers Don’t Bite!** beginning16/4/24 at Hucknall Library

**Introduction to Spreadsheet Software - Level 1 Award** beginning16/4/24 at Hucknall Library

**Exploring New and Emerging Digital Technologies** beginning17/4/24 at Kirkby-in-Ashfield Library and Learning Centre

**Basic Computer Skills and Using the Internet - Entry Level 3** beginning26/4/24 at Kirkby-in-Ashfield Library and Learning Centre

**Animation Film Making** beginning7/6/24 at Kirkby-in-Ashfield Library and Learning Centre

**Making Effective Powerpoint Presentations Workshop** 3/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Keeping Safe Online Workshop** 10/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Confidence with Technology Workshop** 17/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Shopping Safely Online** 19/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Introduction to Spreadsheets Workshop** 24/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**IT and Digital Skills Courses in Broxtowe**

**Basic Computer Skills and Using the Internet - Entry 3 Award** beginning18/4/24 at Stapleford Library and Learning Centre

**Word Processing Software - Level 1 Award** beginning18/4/24 at Stapleford Library and Learning Centre

**Computer Skills for Beginners** beginning25/4/24 at Beeston Library

**Introduction to PowerPoint Presentations** beginning3/6/24 at Beeston Library

**Smartphone Photography for Beginners** 6/6/24 at Stapleford Library and Learning Centre

**Internet Safety for Parents** beginning6/6/24 at Beeston Library

**Introduction to PowerPoint Presentations** beginning7/6/24 at Stapleford Library and Learning Centre

**Smartphone Photography for Beginners** 14/6/24 at Beeston Library

**Photography for Wellbeing** beginning20/6/24 at Stapleford Library and Learning Centre

**Internet Safety for Adults** beginning27/6/24 at Beeston Library

**IT and Digital Skills Courses in Mansfield**

**Computers Don’t Bite!** beginning17/4/24 at Mansfield Central Library

**Introduction to Spreadsheet Software - Level 1 Award** beginning17/4/24 at Mansfield Central Library FREE/£60.75

**Microsoft Office - The Basics** beginning5/6/24 at Mansfield Central Library FREE/£30

**Introduction to Word Processing Software - Level 1 Award** beginning5/6/24 at Mansfield Central Library FREE/£60.75

**Computers Don’t Bite!** beginning7/6/24 at Mansfield Central Library

**IT and Digital Skills Courses in Newark**

**Internet Safety for Adults** beginning5/6/24 at Newark Buttermarket

**Internet Safety for Parents** beginning3/7/24 at Newark Buttermarket

**IT and Digital Skills Courses in Rushcliffe**

**Computer Skills for Beginners** beginning26/4/24 at Bingham Library

**Internet Safety for Parents** beginning4/6/24 at Bingham Library

**Internet Safety for Parents** beginning4/6/24 at West Bridgford Library

**Introduction to PowerPoint Presentations** beginning18/6/24 at West Bridgford Library

**Internet Safety for Adults** beginning25/6/24 at Bingham Library

**Internet Safety for Adults** beginning25/6/24 at West Bridgford Library

**IT and Digital Skills Courses Online**

**Internet Safety for Parents** beginning15/4/24 Online

**Excel for Work - Basics** beginning15/4/24 Online

**Web Page: User Experience and User Interface (UX/UI) - Level 3 Certificate** beginning30/4/24 Online

**Introduction to Spreadsheets and Word Processing Software - Level 1 Award** beginning14/5/24 Online

**Excel for Work - Intermediate** beginning3/6/24 Online

**Excel for Work - Advanced** beginning24/6/24 Online

[**Languages**](https://www.inspireculture.org.uk/skills-learning/languages-courses/)

Learn a new language and improve your conversational ability.

**Languages Courses in Newark**

**Italian for Beginners - Part 3** beginning16/4/24 at Newark Buttermarket

**Italian for Beginners - Next Steps Part 2** beginning17/4/24 at Southwell Library

**Italian for Beginners - Next Steps Part 3** beginning18/4/24 at Newark Buttermarket

**Languages Courses in Rushcliffe**

**Italian - Next Steps** beginning18/4/24 at West Bridgford Library

**Italian for Beginners - Part 2** beginning18/4/24 at West Bridgford Library

**Languages Courses Online**

**Spanish for Beginners - Part 3** beginning8/4/24 Online

**Spanish Intermediate - Part 3** beginning10/4/24 Online

**Spanish Next Steps 3** beginning12/4/24 Online

[**Maths and Multiply**](https://www.inspireculture.org.uk/skills-learning/maths-courses/)

Boost your skills, CV and job prospects with our Functional Skills courses in maths. Alternatively, if maths makes you feel a bit nervous, why not build your confidence with Multiply, a range of courses to help build your confidence with maths.

Multiply is a government-funded initiative to help learners gain a Level 2 maths qualification (equivalent to a GCSE C or 4/5). Our courses range from short 2 hour sessions to longer 5, 6 or 12-week courses. All are designed to boost and support your number skills in a relaxed and friendly atmosphere.

**Maths and Multiply Courses in Ashfield**

**Shopping Safely Online** 19/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Introduction to Spreadsheets Workshop** 24/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Introduction to Spreadsheets Workshop** 24/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Maths and Multiply Courses in Bassetlaw**  
**Cooking Tips** beginning16/4/24 at Now Church, Langold

**Maths - Functional Skills** beginning19/4/24 at Worksop Library

**Maths and Multiply Courses Online**

**Maths - Functional Skills Intensive** beginning15/4/24 Online

**Maths - Functional Skills Level 2 Intensive** beginning17/4/24 Online

**Introduction to Maths** beginning3/6/24 Online

[**Music**](https://www.inspireculture.org.uk/skills-learning/music-courses/)

Develop your musical talent with us. Learn an instrument, sing with others or get in tune with music theory and history.

**Music Courses in Newark**

**Guitar for Beginners** beginning23/4/24 at Newark Buttermarket

**Guitar for Beginners - Next Steps** beginning23/4/24 at Newark Buttermarket

**Music Courses Online**

**Keyboards for Beginners** beginning23/4/24 Online

**Music Theory for Beginners** beginning23/4/24 Online

**Music Theory for Beginners - Next Steps** beginning23/4/24 Online

**Music Theory - Advanced (Grade 4+)** beginning24/4/24 Online

[**Science, Social Science and Humanities**](https://www.inspireculture.org.uk/skills-learning/science-social-sciences-humanities-courses/)

Take a walk-through history, get political, analyse myths, mind and body. Learn how the world and society works.

**Science, Social Science and Humanities Courses in Ashfield**

**Bletchley Code Breakers** 19/7/24 at Kirkby-in-Ashfield Library and Learning Centre

**Science, Social Science and Humanities Courses in Bassetlaw**

**Researching Family History** beginning5/6/24 at Retford Library

**An Introduction Nottinghamshire’s History** beginning6/6/24 at Worksop Library

**Science, Social Science and Humanities Courses in Broxtowe**

**Developmental Psychology** beginning15/4/24 at Beeston Library

**Map Reading Made Easy** beginning18/4/24 at Beeston Library

**Navigating Nottinghamshire** beginning19/4/24 at Colliers Wood, Moorgreen, Kimberley

**Navigating Nottinghamshire** beginning25/6/24 at Colliers Wood, Moorgreen, Kimberley

**Map Reading in Practice** 18/7/24 at Eastwood Library

**Positive Psychology - An Introduction** beginning23/4/24 at Edwinstowe Library

**Map Reading in Practice** 29/6/24 at Edwinstowe Library

**Map Reading in Practice** 5/7/24 at Edwinstowe Library

**Map Reading in Practice** 24/7/24 at Southwell Library

**Map Reading Made Easy** beginning13/6/24 at Stapleford Library

**Science, Social Science and Humanities Courses in Rushcliffe**

**Evolutionary Psychology** beginning8/6/24 at West Bridgford Library

**Body Language** beginning9/6/24 at West Bridgford Library

**Social Psychology** beginning29/6/24 at West Bridgford Library

**Map Reading Made Easy** beginning8/7/24 at West Bridgford Library

**Science, Social Science and Humanities Courses Online**

**Anatomy and Physiology** beginning15/4/24 Online

**Political Elections - UK vs USA** 22/4/24 Online

**Nottinghamshire’s History** beginning24/4/24 Online

**Positive Psychology - An Introduction** beginning3/6/24 Online

**National Cheese Awareness Day** 4/6/24 Online

**World Environmental Awareness Day** 5/6/24 Online

**Anatomy and Physiology** beginning5/6/24 Online

**Political Elections - UK vs USA** 10/6/24 Online

**Map Reading Made Easy** beginning25/6/24 Online

[**Accredited Courses**](https://www.inspireculture.org.uk/skills-learning/accredited-courses-level-1-and-2/)

If you’re looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, coding, health, social care or counselling, and business and management.

**Accredited Courses in Ashfield**

**Introduction to Spreadsheet Software - Level 1 Award** beginning 16/04/24 at Hucknall Library

**Basic Computer Skills and Using the Internet - Entry Level 3** beginning 26/04/24 at Kirkby-in-Ashfield Library and Learning Centre

**Accredited Courses in Broxtowe**

**Volunteering - Level 1 Award** beginning 16/04/24 at Stapleford Library and Learning Centre

**Basic Computer Skills and Using the Internet - Entry 3 Award** beginning 18/04/24 at Stapleford Library and Learning Centre

**Stress Awareness - Level 1 Award** beginning 18/04/24 at Stapleford Library and Learning Centre

**Word Processing Software - Level 1 Award** beginning 18/04/24 at Stapleford Library and Learning Centre

**Accredited Courses in Mansfield**

**Introduction to Spreadsheet Software - Level 1 Award** beginning 17/04/24 at Mansfield Central Library

**Introduction to Word Processing Software - Level 1 Award** beginning 05/06/24 at Mansfield Central Library

**Accredited Courses Online**

**Preparing to Work in Schools - Level 1 Award** beginning 15/04/24 Online

**Awareness of Substance Misuse - Level 1 Award** beginning 16/04/24 Online

**Counselling Skills - Level 2 Certificate** beginning 16/04/24 Online

**Mental Health Awareness - Level 2 Certificate** beginning 16/04/24 Online

**Award in Education and Training (AET) - Level 3 Award** beginning 17/04/24 Online

**Mental Health Awareness - Level 1 Award** beginning 17/04/24 Online

**Employability Skills - Level 1 Award** 17/04/24 Online

**Introduction to Wildlife and Conservation - Level 1 Award** beginning 18/04/24 Online

**Support Work in Schools and Colleges - Level 2 Award** beginning 19/04/24 Online

**Mental Health Awareness - Level 1 Award** beginning 26/04/24 Online

**Web Page: User Experience and User Interface (UX/UI) - Level 3 Certificate** beginning 30/04/24 Online

**Introduction to Spreadsheets and Word Processing Software - Level 1 Award** beginning 14/05/24 Online

**Awareness of Substance Misuse - Level 1 Award** beginning 03/06/24 Online

**Internal Quality Assurance (IQA) of Assessment Processes and Practice - Level 4 Award** beginning 04/06/24 Online

**Worldwide Travel and Tourism Destinations - Level 1 Award** beginning 06/06/24 11/07/24 09:30 11:30 Thurs Online FREE/£60.75

**Stress Awareness - Level 1 Award** beginning 06/06/24 Online

**Principles of Coaching Sport - Level 1 Award** beginning 11/06/24 Online

**Mental Health Awareness - Level 1 Award** beginning 26/06/24 Online

**Employability Skills - Level 1 Award** beginning 10/07/24 Online