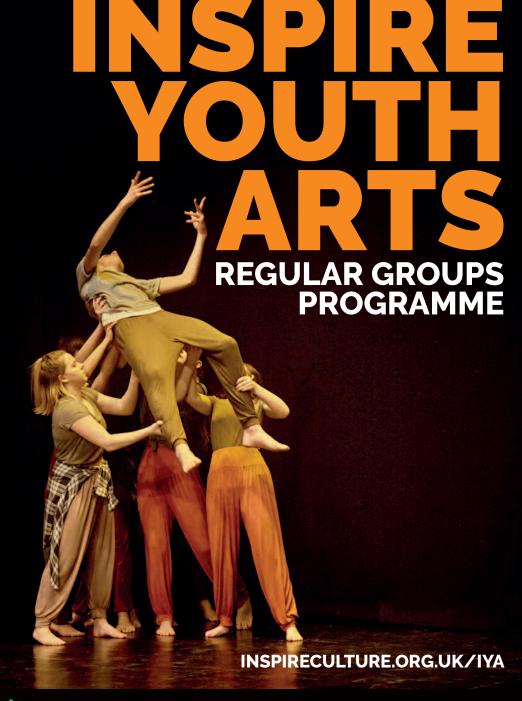
Wednesday	SANDance	Valley Leisure Centre, Valley Road, Worksop, S81 7EN	6-7.30pm	Free	Suitable for ages 13-25. Award winning inclusive dance company aimed at young people with disabilities.
Wednesday	DAYBROOK DANCE	Daybrook Baptist Church, Mansfield Road, NG5 6AA	6.30-7.30pm	£1 per session	Suitable for ages 11-19. Featuring a mix of street dance and contemporary.
Wednesday	GENETIC HYPE	The Old Library , Leeming Street, Mansfield, NG18 1NG	8-9pm	Free	Suitable for ages 14-19. Ranging in styles from Popping, Breaking and Locking. Auditions held throughout the year, contact iya@inspireculture.org.uk
Friday	UNANIMA THEATRE COMPANY	The Old Library , Leeming Street, Mansfield, NG18 1NG	2-5pm	£3 per session	Suitable for ages 18+. An integrated company of adult with and without a learning disability/autism. Contact office.unanima@gmail.com
Saturday	OLD LIBRARY ROCK SCHOOL	The Old Library Recording Studio, Leeming Street, Mansfield, NG18 1NG	Juniors 9.15 - 10.45am (7-12 years). Seniors 11am – 1pm (13-19 years)	£1 per hour	Weekly rock school groups for budding bands and musicians.
Saturday	NEWARTS DANCE	Newark Academy, London Rd, New Balderton, NG24 3AL	10am-12noon	£2	Work with professional artists to develop new skills and take part in performances.
Saturday	URBAN MUSIC PROJECT	CRS Studio , Lowdham Street, Nottingham NG3 2DP	11am-1pm	Free	Suitable for ages 13-19. Work with the nationally renowned urban music producers from CRS Studios Nottingham.
Saturday	SQUARE PEG PERFORMANCE COMPANY	MyPlace Mansfield, Westfield Lane, Mansfield, NG18 1TL	1.30-3.30pm	Free	Suitable for ages 13-25. Inclusive dance and music project for disabled young people. Contact margaretsquarepeg @gmail.com



Work with professional artists to compose soundtracks to films which are either performed live or recorded. The ensemble meets regularly throughout the year culminating in the production and performance of a sound track played live at various venues across Nottinghamshire. Contact iya@inspireculture.org.uk for details.













Monday	MX4 (Street dance crew)	The Old Library, Leeming Street, Mansfield, NG18 1NG	Beginners 5.30-6.30pm Intermediates 6.30-7.30pm Advanced 7.30-9pm	£1 per hour	Work with a professional choreographer to learn various styles and techniques.
Monday	URBAN STUDIO PROJECT	The Old Library Recording Studio, Leeming Street, Mansfield, NG18 1NG	7-9pm	Free	Suitable for ages 13-19. Write, produce, record, collaborate, perform, and release your own urban music.
Monday	PURE STEEL	The Old Library, Leeming Street, Mansfield, NG18 1NG	7-9pm	Free	Suitable for ages 13-19. The ensemble performs regularly throughout the year. Contact niccoker @hotmail.co.uk
	P			1	'All days, times and prices correct at time of printing

Monday	EAST LEAKE ROCKSCHOOL	East Leake Academy, Lantern Lane, East Leake, LE12 6QN	4.30- 6.30pm	Free	Suitable for ages 13-19. Weekly rock school groups for budding bands and musicians.
Tuesday	SINGER SONGWRITER ACADEMY	The Old Library Recording Studio, Leeming Street, Mansfield, NG18 1NG	5.30- 7.30pm	£2 per session	Develop your ideas, write songs, and turn your finished songs into demos and live performances.
Tuesday	NOTTINGHAM- SHIRE CONTEMPORARY YOUTH DANCE COMPANY (NCYDC)	The Old Library , Leeming Street, Mansfield, NG18 1NG	Inters 6-7.30pm Seniors 6-8pm	£4 per session	Weekly contemporary and choreography technique sessions. Auditions held throughout the year. Contact iya@inspireculture.org.uk
Tuesday	BEESTON DANCE (Contemporary)	Beeston Library , Foster Avenue, Beeston, NG9 1AE	5.30-7pm	£5 per session	Suitable for ages 8-12. A weekly project leading to performance opportunities. Contact hello@ nextdoordance.co.uk
Tuesday	HUCKNALL CONTEMPORARY DANCE	Edgewood Leisure Centre, Christchurch Road, Hucknall, NG15 6SA	6.15- 7.30pm	£3.50 per session	Suitable for ages 11-18. Focussing on technique, choreography skills and performance. Contact freyacoles@hotmail.co.uk
Wednesday	RED HOT BAND	The Old Library, Leeming Street, Mansfield, NG18 1NG	6-9pm	£50 per term	Suitable for ages 13-19. A lively swing ensemble that perform regularly throughout the year. Contact redhotartsensembles (agmail.com
Wednesday	WEST BRIDGFORD INCLUSIVE DANCE	West Bridgford Young People's Centre, Bridgford Road NG2 6AT	5-6.15pm	Free	Dance sessions targeted at young people with disabilities led by professional artists.

