

## 02 Things to do

### Things you will need

- Things in your home
- Pens and paper

### What to do

1. This activity is to help you remember the things you have got in your home that you enjoy doing.

Look around your home for things you have got to keep yourself busy. You may find some things you have forgotten about.

Here are some examples

DVDs	Board games
Books	magazines
Puzzle books	Craft kits
CDs	Play station, Xbox games
Jigsaws	Drawing and colouring books

2. You could write a list of all the things you have got that you still like to use
3. If you find things that you don't use any more, could you share them with a friend?  
Are they broken? Do you need to throw them away?

### Extra ideas

- Choose which things you most want to do.  
Write down each thing on a separate piece of paper.  
Put the pieces of paper in an envelope or pot.  
Each day, pick out a piece of paper and do that activity.
- If you live with other people, you could take turns to choose an activity  
Tell each other why you like that activity.