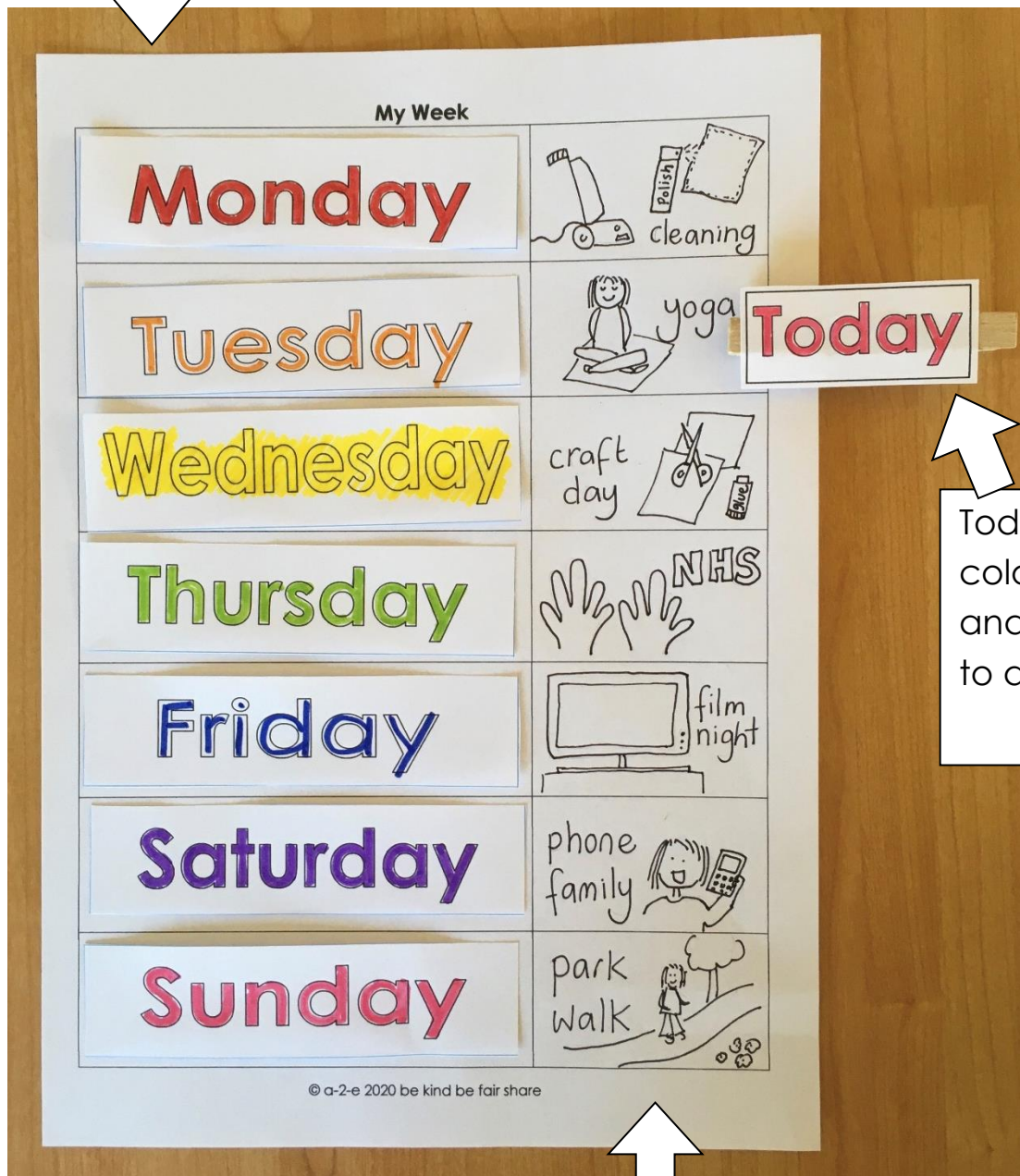# Example of a completed My Week sheet

Days of the week coloured in and put in the correct order.

Look at the different ways the person has chosen to colour each day. How will you colour yours?

My Week

Monday	cleaning
Tuesday	yoga
Wednesday	craft day
Thursday	NHS
Friday	film night
Saturday	phone family
Sunday	park walk

Today

Today coloured in and glued to a peg

Drawings and words of something the person does on that day each week