

### Things you will need

- Letters and cards wordsearch
- Letters and cards guide
- Pens
- Ruler (some people like to draw lines to write on, so a ruler can help)
- Paper or a card or things to make a card

### What to do

1. Print the wordsearch for each person

People can use the wordsearch in different ways

- Find each word independently
- Find first letter independently, but need help with the other letters
- Find the first letter only
- Print the wordsearch in black and white if people don't need the coloured letter clues

2. Look at the letter or cards guide - It has got ideas of things to write or draw.

How does it make you feel when you get a letter or card?

If you write a letter or card to someone it can make them feel good.

They might write a letter or card back to you.

### Extra ideas

- **A memory game to play with other people**

The first person says, "The postie came to my house and brought a ....." and then says something they would like the postie to bring them.  
(Example "The postie came to my house and brought a letter")

The next person tries to remember what the first person says, and then chooses something new for the postie to bring.

(Example "The postie came to my house and brought a letter and ..... a postcard from Spain")

Each person takes turns to remember everything the postie is bringing and then chooses a new thing.