

Inspire Learning

Nottinghamshire



AEB Accredited Courses



Inspireculture.org.uk/learning | 01623 677 200 | learning@inspireculture.org.uk

Who are the courses for?

Our AEB courses are designed to help adults who have been out of education and may not have engaged in learning for a while, to achieve recognised qualifications through the awarding organisation CACHE/NCFE.

They are also suited to adults wanting to refresh their knowledge or those wanting to use the courses as part of CPD (continuing professional development). These courses are perfect for building skills, confidence and are a pathway onto further study or developing your career.

Courses are currently delivered online, but can also be delivered face to face.

Entry Requirements

You must be aged 19+ to enrol on an AEB course. No prior qualifications are needed.



Exploring Occupational Studies - Level 1

(Suite of courses)

Developing Customer Service Skills - Level 1

In this unit you will understand the consequences of good and poor customer service skills and their role when dealing with complaints from customers.

Introduction to Health and Social Care - Level 1

In this unit, you will understand the duties, procedures, equipment and communication used when working in a care environment.

Caring for Small Children and Babies - Level 1

In this unit you will learn about the correct procedures, personal care, and how to dress and respond for babies and young children.



Award in Volunteering - Level 1

Unit 01 - Explore volunteering and the ways to become a volunteer

In this unit you will:

- Look at the commitment required and benefits of volunteering
- Explore the function of different volunteering organisations and how they use volunteers
- Examine the skills required to become a volunteer, understand how to improve your existing skills and develop new skills
- Look at how to become a volunteer

Unit 02 - Personal standards and requirements for working in a volunteering role

In this unit you will:

- Examine the importance of meeting personal standards in volunteering organisations, including the need to follow rules and instructions, dress code, behaviour and customer care
- Identify the importance of equal opportunities, which includes an awareness of discrimination
- Explore the importance of safety requirements when volunteering
- Perform tasks required in the volunteering role - these tasks will be observed and recorded, and feedback provided
- Review your own performance



Awareness of Substance Misuse - Level 1

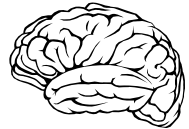
Unit 01 Develop an Awareness of Substance Misuse

In this unit you will:

- Develop a knowledge and understanding of the misuse of substances, including alcohol
- Consider risk-taking behaviours associated with substance misuse that impact on health and well-being
- Explore prevention and resilience building

Mental Health Awareness - Level 1

Unit 01 Develop an Awareness of Mental Health



In this unit you will:

- Learn what is meant by the term 'mental health'
- Consider the definition and causes of mental health difficulties
- Explore common perceptions of mental health difficulties and how stereotyping can affect people's perceptions
- Develop your knowledge of the rights of those who experience mental health difficulties
- Learn where appropriate support can be sought
- Develop your awareness of cultural diversity within mental health issues



Preparing to Work In Schools - Level 1

Unit PWS1 - Understand schools as organisations

In this unit you will:

- Gain the knowledge needed to understand schools as organisations

Unit PWS2 - Understand how to keep children and young people healthy, safe and well

In this unit you will:

- Learn and understand what is needed for children to be healthy and well
- Consider areas and patterns of child development
- Explores issues around keeping children safe

Unit PWS3 - Understand how to communicate with children, young people and adults

In this unit you will:

- Learn and understand how to communicate effectively with children, young people and adults



Enrichment and Development Opportunities

- Online mini tasks
- Wider learning and self-development tasks
- Information, advice and guidance sign posting to next steps
- Further progression opportunities
- Guest speakers on some courses

Don't forget you will receive a qualification certificate from a nationally recognised awarding organisation upon completion of the chosen course!

Progression Opportunities with Inspire

- Other Level 1 courses (see above courses offered)
- Level 2 courses in the same or similar subjects - coming soon!
- Commercial Learning courses including: Level 5 Award in Leadership & Management, Coaching & Mentoring Level 3, and Project Management Level 3
- Access to Higher Education Level 3 in Health and Social Care course (please see Access brochure)
- Apprenticeships - Customer Services Level 3, Leadership & Management Level 5 (See Apprenticeship brochure)
- Functional Skills Maths, English or ESOL courses



Funding Information

Our community accredited courses at Level 1 and 2 are funded through the Adult Education Budget (AEB). This means your course could be fully or part funded, depending on your circumstances.

Our course fees:

- 1) **FREE** - if you earn less than £17,004.00 annual gross salary or are on a means-tested benefit.
- 2) **PAYMENT HELP AVAILABLE** - if you earn more than £17,004.00 (annual gross salary) but are on a low-income, we might be able to help pay part or all of your course fees. Email: learning@inspireculture.org.uk for an application form or if you have any questions.
- 3) **CO-FUNDED** - if you are on a higher-income, the government will pay approximately half of your course fees.

How to Book and Find Out More

You can book on to a course online via our website

[Inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or via Eventbrite. Your place will be confirmed once you have filled out the enrolment form.

You can also book by calling Ask Inspire on **01623 677 200** or by visiting your local library.

For more information:

01623 677 200 | learning@inspireculture.org.uk | [Inspireculture.org.uk/learning](https://inspireculture.org.uk/learning)



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Publications are available on our website and can be accessed using a screen reader. We can also provide alternative formats on request to comms@inspireculture.org.uk.

Please note: information included may be subject to change. For up-to-date information, please visit inspireculture.org.uk or call 01623 677 200.