

It's the 2022 Inspire Charity Knitting Challenge

inspireculture.org.uk/knit



Twiddlers!

Inspire: Culture, Learning and Libraries, Your Health Your Way, Dementia Action Nottingham and Nottinghamshire and Creative Lives are supporting Nottinghamshire's crafters to make Twiddlers, woolly hand-warmers embellished with fabulous fiddlers that provide sensory stimulation or soothing comfort for people living with dementia.

For full details about how to join in pick up a pattern [HERE](https://inspireculture.org.uk/knit) or download the patterns from: inspireculture.org.uk/knit

Twiddlers donated by 1 August 2022 will take part in the **Twiddlers! Exhibition** at Worksop Library Gallery from 17 August to 2 October 2022.



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