ODDS ON

Support Pack



Odds On draws from real life issues surrounding gambling harms.

In recognition of this we have collated the support resources below in consultation with our Lived Experience Creative Advisory Group, made up of people with lived experience of gambling harm. You can read further on the themes of Odds On and access support services if you think you, or someone you know, has experienced gambling harm. Click the logos below to access more information on each.

GAMBLING TREATMENT & SUPPORT	PEER & FAMILY SUPPORT	SELF EXCLUSION TOOLS & RESOURCES	ADDITIONAL INFORMATION
GamCare Gambling Support Starts Here	GamAnon UK	Gamban	Be Gamble Aware
GORDON MOODY	A	GAM STOP	RC PSYCH ROYAL COLLEGE OF PSYCHIATRISTS
NHS	G GamFam	MULTI OPERATOR SELF EXCLUSION SCHEME FOR BETTING SHOPS	TOOLS & RESOURCES
RED CARD	GamLEARN Lived Experience And Recovery Network		Step hange Debt Charity
	THE SIX TO TEN PROJECT HERE TO HELP THOSE AFFECTED BY GAMBLING HARMS		

HELPFUL PODCASTS Available on Spotify, Apple Podcasts, Google Podcasts & various other reputable providers of listening content.						
All Bets Are Off	All In: The Addicted Gambler's Podcast	<u>The Broke Girl</u> <u>Society</u>	The Invisible Addiction	The Problem Gambling Podcast		