Inspire College

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Aged 16 - 19 in Nottinghamshire?

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working with



"EARN AS You <u>learn!</u>

Education & Skills





Inspire







Welcome to Inspire College

Inspire College prepares young people not only for the world of work and further education, but for life.

"Ten years on from my first day with Inspire, I'm prouder than ever to be part of an organisation that has a such a positive, life changing effect on the lives of so many young people across the county. It's an honour to lead a team of professionals who dedicate their working lives for the benefit of our learners and their progress. The 'extra mile' our staff go each and every day to enable all of our young people to thrive and feel they belong, is what makes our college unique. The relationships our young people form with our staff is the vital ingredient, enabling them to succeed where they may have struggled in the past.

Whatever your barriers to education, whatever negative experiences you've had in the past, I'm positive that you'll find our approach to your education a fresh and encouraging start. The rest is up to you!"

Simon Cook

Inspire College Manager







EARN AS YOU LEARN!

All learners will receive:

A bursary of up to £20 a week; help with travel expenses; individualised help and support to reach realistic but challenging targets.



Reasons to choose Inspire College:

Small class sizes

Individualised support

• Experienced staff who care about your progress and wellbeing

• Inspiring courses in a range of subjects - plus work

placements, volunteering opportunities, and fun trips!

Earn as you learn - you can earn up to £100 a month just for studying with us - and child benefit is not affected
Public transport travel expenses covered/reimbursed



EARN MORE!

We'll give you £50 for every friend you introduce to Inspire College, upon completion of their course.



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inspire.org.uk/college

Contents

- 02 Welcome to Inspire College
- 04 Work Experience
- 05 Enrichment and Community Projects
- o6 Information, Advice and Guidance
- **07** Employability and Personal and Social Development Level 1 and Level 2
- **08** City & Guilds Level 1 Certificate: Introduction to the Hospitality Industry
- **og** City & Guilds Level 2 Diploma in Hospitality Services
- 10 Digital Promotion for Business Level 2
- **11** Maths and English
- 12 Level 1 and 2 in Bricklaying and Construction

13 Level 1 and 2 in Carpentry and Joinery

X

14 City & Guilds Health and Social Care Level 1

x

- 15 City & Guilds Health and Social Care Level 2
- 16 Access All Areas (AAA) Personal and Social Development
- 17 Learner Case Study
- 18 Meet the Tutor
- **19** Traineeships
- 20 Sports Scholarships with Pass Move Grin
- 21 How to Enrol with Us
- 23 Learning Journey
- 24 Where Can I Learn?

"EDUCATION APPROACH THAT IS FRESH AND ENCOURAGING!"

Work Experience

Work Experience is a vital ingredient of Inspire Learning's Study Programmes and is tailored to suit the needs and experience of each individual young person.

It could be that you are yet to take your first steps into the workplace. It could be that you feel you're much closer to a job and are ready to take on something more substantial, such as two or three days a week with an employer over the period of a few months. Either way, we'll support you to reach your potential and your personal goals.

Inspire College recognises that a 'one size fits all' approach to work experience just doesn't work and we listen to your concerns and your ambitions to provide the best experience for you, regardless of your starting point.



CASE STUDY: JODI

Jodi is a Learning Support Assistant

"I joined the Inspire team in December 2022 and am currently working as a Learning Support Assistant, within the Access All Areas (AAA) group at MyPlace in Mansfield. I have worked in Education for over 20 years and have had lots of experience in teaching and supporting young people with additional needs.

The course that the learners are working towards is designed to teach both the academic and life skills needed to help learners to reach their full potential. Becky (the course tutor) ensures all lessons are fun and engaging and the best thing about my role is being able to support the learners with their journey to becoming more independent and successful young adults."

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Enrichment and Community Projects

Below are just some of the enrichment and community projects you can get involved in throughout your time with us.

FORESTRY ENGLAND

Our learners worked with the Forestry England to develop outdoor and forestry skills, like shelter building, cooking, crafts and animal identification. They got to visit their local woodlands and find out more about the nature on our Nottinghamshire doorstep!





HELPING THE COMMUNITY

Our local communities are a huge part of Inspire College. We love to go out and help – whether that's raise money for charities or even just cleaning up our local area. Pictured are our Worksop learners helping to paint a local venue!



FUN TRIPS OUT



We work with local businesses and groups to provide interesting and fun days out for our students! In the past we've had students do social media takeovers for the Bassetlaw Museum, learn to sew cushion covers at Whitemeadow Furniture, have a day out to Wollaton Hall and Park,

and more!



Information, Advice and Guidance

Our expert careers advisers can give you dedicated one-to-one support to help you decide your next steps after our courses. This includes:

- · Ensuring you have the required skills needed for your chosen career
- Support with creating a great CV, applications to colleges and workplaces, and interview skills
- · The chance to listen to talks from a range of employers
- Workplace visits and work experience placements
- Opportunities to build your programme around a Traineeship or Supported Internship (EHCP^{*})



*Education, Health and Care Plan



CASE STUDY: KATIE

Learner at Eastbourne House, Sutton-in-Ashfield

"I went to Inspire College to study Health and Social Care Level 2 and Level 3, as well as GCSE English, and Functional Skills Mathematics and I was fortunate to be able to complete two work experience placements, one in an adult care home setting and one in a day care centre. I thoroughly enjoyed my work experience placements and whilst completing them, I was able to use the skills and knowledge of person-centred care that I had attained during my course work, especially the safeguarding, equality, and diversity, understanding individual care needs units."



Employability and Personal and Social Development Level 1 and Level 2

We work with young people with a range of barriers to learning such as anxiety, behavioural issues, learning difficulties, social and emotional issues and disabilities.

We will enable you to gain further training or employment and to be responsible citizens who make a positive contribution to society. Above all, we aim to make learning with us fun, engaging and most of all, fulfilling, giving you the tools to make the next step in your journey.

AIM Awards Employability Skills are designed to encourage the development of values and personal attributes which contribute to success in the work place and support you to become emotionally, socially and physically healthy.

You will work towards AIM Awards consisting of different combinations of units, which aim to cultivate a positive attitude towards work and other people.

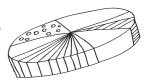
Award in Personal and Social Development includes:

- Healthy Living
- Interpersonal Skills

Certificate in Progression in Employability includes:

- Stress Management
- Emotional Resilience
- Career Planning
- Health and Safety in the Workplace
- Assertiveness and Decision Making

You will also take part in a range of enrichment activities which promote an understanding of equality, diversity and inclusion, and British Values.



Progression Routes:

- Other Vocational Courses
- Traineeship
- Supported Internship
- Employment

Location:

- Worksop Library
- Retford Young People's
 Centre
- MyPlace
 Westfield
 Folkhouse Mansfield
- Hucknall Young
 People's Centre
- Eastbourne House Sutton-in-Ashfield
- Eastwood Young People's Centre
- Stapleford Young People's Centre
- YMCA Activity Village Newark

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City & Guilds Level 1 Certificate: Introduction to the Hospitality Industry

Are you interested in working in the Food and Drink Industry? Do you like talking to and meeting new people or do you like to work behind the scenes?

Mansfield has lots of work placements and jobs to offer in the food, drink, entertainment and hospitality industry. You might want to work as a Chef, Kitchen Assistant, Waiting Staff or Hotel Receptionist.

During your time with us you'll cover subjects such as: customer service; serving food and drink; using kitchen equipment; basic food preparation; and food safety.

No experience is necessary to join.

You can expect:

- Tutors to use the most up-to-date teaching resources to make the classroom lively, fun and entertaining!
- Some classroom work you can write, or word process your work using laptops
- Practical cookery sessions with your tutor, in small groups and with 1:1 help at all times
- Exciting trips relating to the hospitality industry such as hotels and restaurants, theme parks and leisure parks
- A choice of work placement or community projects to get involved in

Progression Routes:

- Level 2 Diploma in Hospitality Services
- Traineeship
- $\boldsymbol{\cdot} \text{Apprenticeship}$
- Level 2 courses
- Employment

Location:

 MyPlace
 Westfield Folkhouse, Mansfield



City & Guilds Level 2 Diploma in Hospitality Services

Our City & Guilds Level 2 Diploma in Hospitality Services is an excellent course if you are looking for a career in the Hospitality Industry or just want to improve your culinary skills.

This is a natural progression from the Level 1 Hospitality course and many of our learners make this their next step. This course is open to those who hold a Level 1 qualification in Hospitality or experience in the industry.

You can expect:

- To cover a range of practical and theoretical units in a purpose-built commercial kitchen to give you an idea of real-life experiences of a busy fast paced industry
- To learn the correct culinary knife skills and cutting techniques as well as producing complex meals from scratch
- To work as part of a team, offering customer service at real life events
- To gain a Level 2 Food Safety Qualification as well as the skills and ability to create dishes from a variety of ingredients using different cooking techniques



Progression Routes:

- Level 3 Diploma in Hospitality Services
- Traineeship
- Apprenticeship
- Employment
- Level 3 courses

Locations:

- MyPlace
 Westfield
 Folkhouse, Mansfield
- Eastbourne House, Sutton-in-Ashfield

LET'S COOK!

Digital Promotion for Business – Level 2

This course covers a range of topics and enables you to develop your understanding of how to use different digital and offline techniques to attract customers to a business and convert online searches to sales, as well as practising and improving your IT skills.

You could also boost your CV and career opportunities with a work-related qualification.

Topics covered include:

- Social media
- Search Engine Optimisation
- Producing digital content

And insights into digital media and it's place in the world.

You will benefit from a supportive, relaxed learning environment with excellent support, learning through formal learning activities, projects, presentations and practical work.

With the growth of digital technology, this qualification will enable you to make use of ICT within a number of job roles where use of digital technology is a required knowledge and skill set.

Progression Routes:

- Level 3 City & Guilds
 Qualification
- Traineeship
- Apprenticeship
- Employment

Locations:

MyPlace
 Westfield
 Folkhouse, Mansfield

DID YOU KNOW?

...that nearly 80% of the UK workforce use IT in the workplace? IT improves productivity and organisations are using digital technologies to save almost 20% of time in their working week.



Maths and English

Employers are looking for candidates with qualifications in Maths and English, and the underpinning skills that these give, so they can be sure that you can operate with confidence in a working environment.

Employers want to see young people who are confident with numbers, able to communicate effectively, and who can understand written and verbal instructions. Therefore, Maths and English are a key part of our Study Programmes.

We provide GCSEs (9-1) in English Language and Mathematics. Depending upon your previous grades and experience, we'll place you on a Maths and English programme that suits you. This could be Functional Skills, or GCSE. Functional Skills aim to place Maths and English within real world contexts, whether in the workplace or just your everyday life. It could relate to working out the right amount of wallpaper to buy, the number of bricks to use, or it could be writing a job application or a letter of complaint to your local MP! The emphasis is on **FUNCTIONAL** – the things that help you function effectively at work and in life.

We provide GCSEs (9-1) in English Language and Maths, and have a resit pass rate that is above the national average.

CHARLIE'S STORY:

"If you don't have your English and Maths GCSEs, Inspire College can help you get it. Both of my tutors were really nice, and they support you all the way through. I'm really proud, I did much better than I thought I would!

An Inspire College course can help you get ready for employment, as well as life skills and work experience."

Leana, Lead Tutor for Maths and English:

"Charlie achieved some fantastic results in his GCSEs, his grade 8 in Maths was a testament to his hard work this year. We are so proud of all of our learners; this year has seen them overcome many challenges and they have shown remarkable resilience and determination."

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Level 1 and 2 in Bricklaying and Construction

Interested in pursuing a career in construction? Our course at Eastbourne House, Sutton-in-Ashfield could provide you with your first steps into the industry.

New students will enter at Level 1. Progression throughout the course will be assessed by the completion of theory and practical work modules.

No final test examinations are required to complete the learning, just ongoing evidence of you performing real construction tasks, such as:

- Learning the mandatory health and safety requirements for all persons working in industry
- Learning, using and developing brickwork trowel skills
- The basic principles of brickwork construction, setting out, building level, plumb and to gauge
- Building half brick wide walls, one brick wide walls, cavity walls and block walling

Students completing Level 1 Construction will be eligible to undertake Level 2 accreditation. This course follows the same route progression, involving more complex structures, different brickwork bonds and working towards producing a professional, industrial standard of workmanship.

Progression Routes:

- Level 2 Course in Bricklaying
- Other Vocational Courses
- Traineeship
- Apprenticeship
- Employment

Locations:

• Eastbourne House, Sutton-in-Ashfield

Level 1 and 2 in Carpentry and Joinery

Want to learn the skills and progress in the vocational areas of Carpentry and Joinery?

Many learners in the past have moved on from here to gain employment within the industry. You will gain the skills needed to be competent in this vocational area.

Skills such as:

- Health and safety in the workplace
- Knowledge of hand tools
- Knowledge of basic joinery processes
- Knowledge of fixings and materials

Your skills will be assessed over the year rather than having an end test.

Our programmes also give you a chance to develop skills such as communicating with others, working as a part of a team, improving your confidence before you take that next step towards becoming employed.



Progression Routes:

- Level 2 Carpentry and Joinery
- Other Vocational Courses
- Traineeship
- Supported Internship
- Apprenticeship
- Employment

Locations:

• Eastbourne House, Sutton-in-Ashfield



City & Guilds Health and Social Care Level 1

Our Level 1 Health and Social Care programme will introduce you to the sector by exploring the range of roles, provisions and personal qualities.

We aim to build an awareness of the protection of vulnerable adults and the safeguarding of children and look at the policies and procedures that are in place to support this.

You can expect to learn:

- Signs of harm, abuse and neglect and know what to do if you encounter these
- To identify verbal and non-verbal communication and methods that may help to remove barriers
- The importance of equality and inclusion in care and how carers can ensure this takes place
- · The laws that enforce equality and inclusion

Specific to children, you can expect to learn:

- The expected pattern of growth and development (0-19 years)
- Communication
- Intellectual, social, emotional and behavioural factors that may affect physical growth and development
- The effects of ageing later in life

You will be introduced to dementia and why it is important to recognise and value individuals with dementia. You will look at the causes, effects on family members and carers and the benefits of effective communication. The course also offers the opportunity to develop techniques to facilitate communication with those living with dementia.

WILLIAM

Progression Routes:

- Level 2 Health and Social Care
- Other vocational courses
- Traineeship
- Apprenticeship
- Employment

Locations:

- Eastbourne House, Sutton-in-Ashfield
- MyPlace
 Westfield
 Folkhouse, Mansfield



City & Guilds Health and Social Care Level 2

As part of the Level 2 programme, you will achieve a Level 2 Certificate in Preparing to Work in Adult Social Care, gaining in-depth knowledge and understanding of the 9 main topics that are relevant to working in the adult social care sector, such as:

- Introduction to duty of care in health, social care or children's and young people's settings
- Principles of communication in adult social care settings
- Principles of personal development in adult social care settings
- Principles of diversity, equality and inclusion in adult social care settings
- Principles of safeguarding and protection in health and social care
- Understanding the role of the social care worker
- Understanding person centred approaches in adult social care settings
- Understanding health and safety in social care settings
- Understanding how to handle information in social care settings

This is an excellent opportunity to learn how to apply the principles of person-centred approaches in a safe and effective manner.

Progression Routes:

There are opportunities to accredit prior learning should you continue your learning via a traineeship or apprenticeship, providing you with a great starting point for a career in adult social care.



Access All Areas (AAA) – Personal and Social Development

The Access All Areas (AAA) programme was created to help young people with learning difficulties and disabilities improve their skills and independence.

Young people are encouraged, supported and trained to take control of their own life and create a path forward for themselves by following our tailored programmes.

We cover many subjects throughout the year.

You can expect:

- Personal and emotional resilience
- Work placements
- Building confidence and self-esteem
- Independent living skills
- Health and safety

JONATHAN'S STORY

Learner at Worksop

"I like College because I get on with the staff and the learners, and they help me out and they care about me. I did a work placement at ASDA and I really enjoyed it because all the staff were nice and I like to help out and tidy.

Someone should come to Inspire College because it's helpful, they help with all your emotions, and you get to know everyone – they're really kind."

Progression Routes:

- Vocational Courses
- Traineeship
- Supported Internship

Location:

- MyPlace
 Westfield Folkhouse, Mansfield
- Worksop Library

Inspire College Prospectus | Ages 16 - 19

Learner Case Study



"IT'S HELPED ME WITH COPING WITH MY STRESS AND COPING WITH EVERYDAY LIFE."

TOBY

Learner at Eastwood

"I've really enjoyed the course and the programme at Inspire College. It's helped me with developing my social skills – I've made so many new friends. I've loved it as well because it's been a smaller group of people, and I'm more comfortable with that.

I've learnt a lot of skills through the AIM Award, and it's helped me with coping with my stress and coping with everyday life. Overall, I've found it really fun and helpful.

I've definitely enjoyed it, and it's been amazing!"

Inspire College Prospectus | Ages 16 - 19

Meet the Tutor

"IT IS ALL ABOUT A PERSON-CENTRED APPROACH..."

MIKAYLA

Worksop Tutor

Before working in the world of Education, I worked within sales and marketing and although I enjoyed it, it wasn't where I wanted to be. A fantastic opportunity arose, and I was lucky enough to work with my first ever class, in Madrid.

I have now been in Education for 10 years, ranging from children to young adults – its not just about teaching them the academic skills they need, but supporting and enabling them to learn the life skills they need to achieve and prosper.

Not one individual is the same as the other, for me it's all about a person-centred approach that enables our young people to reach their fullest potential. My Mum once wrote in one of my birthday cards "*believe in yourself, and others will believe in you.*" Which is absolutely true; when our learners believe in themselves, anything is possible.

Traineeships

A Traineeship is a study programme for young people aged 16-24 who want to spend less time in the classroom and more time in the workplace. They're designed to help you gain the vital experience and skills to improve your chances of getting an apprenticeship or employment.

Traineeships can last up to a year and enhance your CV and will include:

- Work preparation and employability training provided by us at one of our 9 bases.
- An English and Maths qualification (even if you've already gained a C or a 4, you can still work towards Functional Skills to add that extra value to your CV).
- A high-quality work experience placement with an employer. Inspire have a number of established employers who offer opportunities to our young people each year.
- Support from an Inspire College tutor, as well as a sector based work placement mentor.

In addition to these basic elements, you'll cover Equality, Diversity and Inclusion and British Values, which are vital in the modern workplace.

At the end of the traineeship, each young person will be guaranteed a job interview at that workplace if a role becomes available, or an exit interview together with support from their tutor to help them secure an apprenticeship or a position with another employer.

TOMMY

Trainee through Inspire College

"I have been completing a Traineeship at a local Primary School, and I have gained a vast number of skills, knowledge and confidence whilst being at the school. I supported the teachers and children in the classroom on a variety of subjects. This confirmed to me that I want to work in a primary school setting in the future.

Alongside my traineeship I have completed an employability AIM Award Level 2, covering modules about equality and diversity, health and safety, customer service and understanding success.

After finishing my traineeship, I applied for a classroom assistant vacancy that the school had advertised. I applied for the role and was successful in gaining the position, which I am so happy about and I can't wait to start!"

Sports Scholarships with Pass Move Grin

Level 1, Level 2, Level 3

Do you want a career in sport? Whether you want to be a coach, professional athlete, or even go on to study sports subjects at university, our partnership with Pass Move Grin can help you start that journey!

Pass Move Grin's new and exciting full-time programme in the Sports Industry, partnering with Inspire College, offers sports qualifications at Level 1, Level 2 and Level 3. Students will also work towards Functional Skills or GCSEs in Maths and English in support of their studies.

Learners can expect:

- A chance to work with expert coaches from all sports
- Regular trial games and scouting opportunities
- The chance to play on indoor and outdoor pitches
- A fully functioning boxing gym
- A chance to play in College league games around the county

Progression Routes:

- Employment
- Traineeship
- Further Education

Location:

 Pass Move Grin Sports Centre



Inspire College Prospectus | Ages 16 - 19

How to Enrol with Us

You can join us at any time during the year!

To find out more and to enrol:

Call: 0115 804 3611, Email: learning@inspireculture.org.uk Visit: inspireculture.org.uk/college

or just pop in and visit us!

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🔰 @Learn_Inspire



Creative Arts Volunteering Programme

Open to 14-24yr olds in Mansfield & Ashfield

- Work experience in the creative arts
- Training and skills workshops
- Future careers advice







Nottingham Trent University





Mansfield Strict Council

ARTS COUNCIL

INSPIRE YOUTH ARTS GROUPS FOR YOUNG PEOPLE

From contemporary dance and drama to street dance and song-writing, rock schools to creating soundtracks to films – there's something for everyone at one of our professionally-led classes and programmes which take place at The Old Library in Mansfield and venues across Nottinghamshire.

Full and up to date details of all our groups can be found at: inspireculture.org.uk/groups





Nottinghamshire County Council



Working with

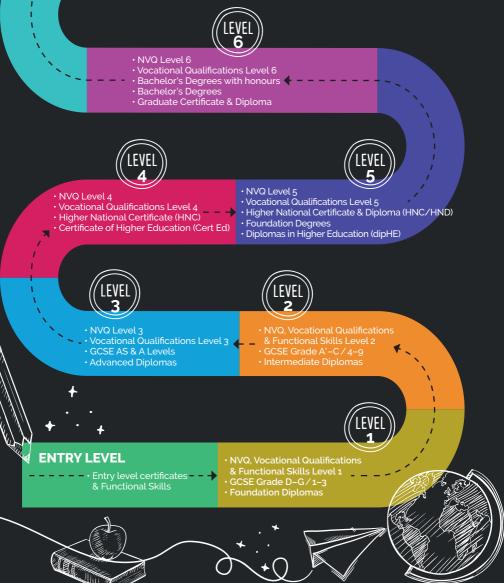
Nottinghamshire Music Hub Supported using public funding by Monotone Arts COUNCIL Pressure Council

Learning Journey



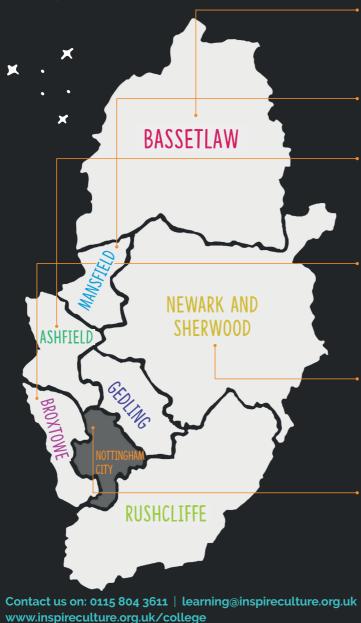


- Vocational Qualifications Level 7
- Master's Degree – – – – –
- Postgraduate Certificate & Diplomas
- Postgraduate Certificate in Education (PGCE)
- Vocational Qualifications Level 8
 Doctoral Degrees (PHD)



Where Can I Learn?

Nottinghamshire Location and Bases



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Publications are available on our website at **www.inspireculture.org.uk** and can be accessed using a screen reader. We can also provide alternative formats on request to **comms@inspireculture.org.uk**

Please note: Information included in the guide may be subject to change. For up-to-date information, please visit www.inspireculture.org.uk or call 0115 804 3611.

BASSETLAW

- Worksop Library
- Retford Young People's Centre

MANSFIELD

MyPlace
 Westfield
 Folkhouse

ASHFIELD

- Hucknall Young People's Centre
- Eastbourne House, Sutton in Ashfield

BROXTOWE

- Eastwood Young People's Centre
- Stapleford Young
 People's Centre

NEWARK AND SHERWOOD

- YMCA Activity Village, Newark
- The Buttermarket, Newark

NOTTINGHAM CITY

 Pass Move Grin Sports Centre

