

Inspire Adult Learning

Culture | Learning | Libraries

Inspiring New Courses in Rushcliffe

Spring 2024

Your guide to all Inspire Adult Learning courses in Rushcliffe and surrounding area

Affordable
courses
on your
doorstep

Learn local,
go far

Free* and
low cost
courses

Recognised
qualifications

Online
Courses

Distance
Learning

SCAN HERE TO
BOOK AND ENROL

Ofsted
Good rating

*subject to eligibility criteria

Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses across Nottinghamshire and online

Book now! Go online inspireculture.org.uk/learning or call **01623 677 200**

Hello!

Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Rushcliffe.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Free or low cost courses

Many of our courses are **free* or low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification.

How to book

Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am – 6pm, and Saturday 9am – 4pm.

We look forward to welcoming you!

Get FREE careers and benefits advice

ACHIEVE MORE
Use your library to support your learning with bookable computers, printing and photocopying

FREE USE OF:
WIFI
Quiet study spaces in the libraries

Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse



INSPIRE ADULT LEARNING SURVEY – WE WANT TO HEAR FROM YOU!

We seek to offer the best programme of adult learning and are always looking for your feedback to help shape what we offer. If you have ideas about courses you'd like to see at any of our venues, please let us know. This short survey takes a couple of minutes to complete and will help us deliver the very best for the upcoming year. Thank you!



Courses

	Start Date	End Date	From	To	Day	Venue	Cost
ARTS AND CRAFTS							
Printmaking - Lino Printing	09/01/24	06/02/24	13:15	15:45	Tues	West Bridgford Library	FREE/£32
Indian Block Printing - Print and Stitch	21/01/24	11/02/24	12:00	14:00	Sun	West Bridgford Library	FREE/£18
Printmaking - Lino Printing Next Steps	20/02/24	26/03/24	13:15	15:45	Tues	West Bridgford Library	FREE/£39
Flower Arranging for Beginners	22/02/24	28/03/24	10:00	12:00	Thurs	West Bridgford Library	FREE/£36
CREATIVE WRITING & LITERATURE							
Spring Poetry	20/02/24	26/03/24	10:00	12:00	Tues	Bingham Library	FREE/£36
Creative Writing for Beginners - Non-Fiction	21/02/24	27/03/24	10:00	12:00	Weds	Keyworth Library	FREE/£36

GET ACTIVE

Yoga for Osteoporosis	12/01/24	22/03/24	10:00	11:30	Fri	Bingham Library	FREE/£45
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HEALTH & WELLBEING

New Year New You	11/01/24	25/01/24	10:00	12:00	Thurs	West Bridgford Library	FREE/£18
Meditation and Mindfulness	12/01/24	09/02/24	13:30	15:30	Fri	West Bridgford Library	FREE/£30
Gut Health	25/01/24	08/02/24	13:00	15:00	Thurs	West Bridgford Library	FREE/£18
Healthy Eating - Reducing the Risk of Type 2 Diabetes	01/03/24	22/03/24	13:00	15:00	Fri	West Bridgford Library	FREE/£24

IT & DIGITAL SKILLS

Introduction to Word	09/01/24	12/03/24	13:00	16:00	Tues	West Bridgford Library	FREE/£60
Introduction to Excel	19/03/24	11/06/24	13:00	16:00	Tues	West Bridgford Library	FREE/£60

LANGUAGES

Italian - Next Steps	10/01/24	07/02/24	14:00	16:00	Weds	West Bridgford Library	FREE/£36
Italian - Next Steps	21/02/24	27/03/24	14:00	16:00	Weds	West Bridgford Library	FREE/£36
Italian for Beginners - Part 1	22/02/24	28/03/24	14:00	16:00	Thurs	West Bridgford Library	FREE/£36

MATHS & MULTIPLY

Maths - Functional Skills	19/02/24	22/07/24	13:00	16:00	Mon	West Bridgford Library	FREE
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Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning

Accredited Courses

If you're looking to progress your career or upskill, explore our superb range of accredited employment-boosting courses. Delivered online or in-person, many are fully or part-funded.

ONLINE &
IN-PERSON

COURSE TITLE	Start Date	End Date	Start Time	End Time	Day	Venue	Cost
Introduction to Wildlife and Conservation - Level 1 Award	04/01/24	08/02/24	09:30	12:30	Thurs	Online	FREE/£61
Understanding Autism - Level 3 Certificate	08/01/24	08/07/24	09:30	16:30	Mon	Online	FREE/£425
Nutrition and Health - Level 1 Award	08/01/24	07/02/24	14:00	16:00	Mon	Online	FREE/£97
Mental Health Awareness - Level 2 Certificate	09/01/24	27/03/24	17:00	20:00	Tues	Online	FREE/£293
Volunteering - Level 1 Award	09/01/24	13/02/24	18:30	20:30	Tues	Online	FREE/£54
Awareness of Substance Misuse - Level 1 Award	10/01/24	31/01/24	10:00	13:00	Weds	Online	FREE/£54
Diploma in Education and Training (DET) - Level 5	15/01/24	08/12/25	15:00	19:00	Mon	Online	FREE/£2,500
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	10:00	13:30	Tues	Online	FREE/£304
Coaching and Mentoring - Level 3 Certificate	16/01/24	11/06/24	10:00	13:00	Tues	Online	FREE/£595
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	16:00	19:00	Tues	Online	FREE/£304
Award in Employability Skills - Level 1	24/01/24	28/02/24	13:00	16:00	Weds	Online	FREE/£117
Award in Education and Training (AET) - Level 3	30/01/24	30/04/24	16:00	19:00	Tues	Online	FREE/£495
Health and Social Care - Level 2 Certificate	30/01/24	01/05/24	16:00	19:00	Tues	Online	FREE/£405
Information, Advice or Guidance (IAG) - Level 3 Certificate	31/01/24	24/07/24	16:00	19:00	Weds	Online	FREE/£800
Understanding Coding - Level 2 Certificate	20/02/24	17/05/24	09:30	13:00	Tues	Online	FREE/£405
Supporting Individuals with Learning Disabilities - Level 3 Award	20/02/24	07/05/24	10:00	13:00	Tues	Online	FREE/£187
Stress Awareness - Level 1 Award	20/02/24	26/03/24	13:00	16:00	Tues	Online	FREE/£54
Volunteering - Level 2 Award	20/02/24	26/03/24	13:00	15:00	Tues	Online	FREE/£90
Awareness of Substance Misuse - Level 1 Award	21/02/24	27/03/24	13:00	15:00	Weds	Online	FREE/£54
Sowing and Growing Techniques - Level 1 Award	22/02/24	28/03/24	09:30	11:30	Thurs	Online	FREE/£61
Customer Service in the Hospitality Industry - Level 1 Award	22/02/24	28/03/24	12:30	14:30	Thurs	Online	FREE/£61
Assessing Vocationally Related Achievement - Level 3 Certificate (NOCN)	05/03/24	10/09/24	13:00	17:00	Tues	Online	FREE/£750
Assessing Vocationally Related Achievement - Level 3 Award	05/03/24	10/09/24	13:00	17:00	Tues	Online	FREE/£750
Mentoring - Level 1 Award	05/03/24	16/07/24	15:00	18:00	Tues	Online	FREE/£135
Awareness of Substance Misuse - Level 1 Award	06/03/24	27/03/24	10:00	13:00	Weds	Online	FREE/£54
Health and Social Care - Level 2 Certificate	28/03/24	27/06/24	09:30	16:30	Thurs	Online	FREE/£405

Visit our website for more info and to see our full range of accredited courses inspireculture.org.uk/accredited



Funded by
 Department for Education

Multiply Your Confidence

If the thought of maths makes you feel nervous, our Multiply courses are here to help.

With practical sessions, friendly tutors and plenty of support to build your confidence, come along and discover that maths isn't so scary after all.

Visit our website to find out more
inspireculture.org.uk/multiply

Inspire College
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Earn as you learn – up to £100 per month!*
*child benefit not affected

Aged 16 – 19 in Ashfield?

Supporting your studies, supporting your success!

- Achieve your goals with Inspiring courses
- GCSE Resits in English and maths
- Supportive tutors
- Volunteering, work placements and traineeships**
- Our GCSE resit pass rate is above the national average!

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

ENROL NOW!

inspireculture.org.uk/college | 0115 804 3611 | learning@inspireculture.org.uk
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