

Inspire Adult Learning

Culture | Learning | Libraries

Inspiring New Courses in Newark & Sherwood

Spring 2024

Your guide to all Inspire Adult Learning courses in Newark & Sherwood and surrounding area

Affordable
courses
on your
doorstep

Learn local,
go far

Free* and
low cost
courses

Recognised
qualifications

Online
Courses

Distance
Learning



SCAN HERE TO
BOOK AND ENROL



Ofsted
Good rating

*subject to eligibility criteria

Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses across Nottinghamshire and online

Book now! Go online inspireculture.org.uk/learning or call **01623 677 200**

 **Inspire**
Culture | Learning | Libraries

working with



**Nottinghamshire
County Council**



Education & Skills
Funding Agency

Hello!

Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Newark & Sherwood.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Free or low cost courses

Many of our courses are **free*** or **low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification.

How to book

Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am – 6pm, and Saturday 9am – 4pm.

We look forward to welcoming you!

Get FREE careers and benefits advice

ACHIEVE MORE
Use your library to support your learning with bookable computers, printing and photocopying

FREE USE OF: WIFI
Quiet study spaces in the libraries

Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse



INSPIRE ADULT LEARNING SURVEY – WE WANT TO HEAR FROM YOU!

We seek to offer the best programme of adult learning and are always looking for your feedback to help shape what we offer. If you have ideas about courses you'd like to see at any of our venues, please let us know. This short survey takes a couple of minutes to complete and will help us deliver the very best for the upcoming year. Thank you!



Courses

	Start Date	End Date	From	To	Day	Venue	Cost
ARTS AND CRAFTS							
Indian Block Printing - Print and Stitch	15/01/24	05/02/24	10:00	12:00	Mon	Blidworth Library	FREE/£18
Spring Macrame	15/01/24	05/02/24	13:00	15:00	Mon	Blidworth Library	FREE/£18
Crochet - Tunisian	12/01/24	09/02/24	12:30	14:30	Fri	Edwinstowe Library	FREE/£24
Gelli Plate Printing	18/01/24	08/02/24	10:00	12:00	Thurs	Edwinstowe Library	FREE/£18
Drawing for Beginners in Pen	10/01/24	27/03/24	10:00	12:00	Weds	Newark Buttermarket	FREE/£66
Printmaking - Lino Printing	12/01/24	09/02/24	10:00	12:30	Fri	Newark Buttermarket	FREE/£32
Gelli Plate Printing	17/01/24	07/02/24	10:00	12:00	Weds	Newark Buttermarket	FREE/£18
Watercolour Painting for Beginners	17/01/24	07/02/24	13:30	15:30	Weds	Newark Buttermarket	FREE/£18
Paper Crafts	19/02/24	25/03/24	10:00	12:00	Mon	Newark Buttermarket	FREE/£30
Indian Block Printing - Print and Stitch	23/02/24	15/03/24	10:00	12:00	Fri	Newark Buttermarket	FREE/£18
Printmaking - Lino Printing Next Steps	23/02/24	22/03/24	10:00	12:30	Fri	Newark Buttermarket	FREE/£32
Spring Macrame	23/02/24	15/03/24	13:00	15:00	Fri	Newark Buttermarket	FREE/£18
Winter Crafts	03/01/24	03/01/24	14:30	16:30	Weds	Ollerton Library	FREE
Paper Crafts and Collage	16/01/24	06/02/24	13:00	15:00	Tues	Southwell Library	FREE/£18
Mixed Media Art	21/02/24	27/03/24	10:00	12:00	Weds	Southwell Library	FREE/£30
Watercolour Painting for Beginners	21/02/24	27/03/24	13:00	15:00	Weds	Southwell Library	FREE/£30

CREATIVE WRITING & LITERATURE

Poetry for Beginners	09/01/24	30/01/24	10:00	12:00	Tues	Newark Buttermarket	FREE/£24
Creative Writing for Beginners	09/01/24	06/02/24	14:00	16:00	Tues	Newark Buttermarket	FREE/£30
Creative Writing - Exploring the Senses	11/01/24	08/02/24	14:00	16:00	Thurs	Newark Buttermarket	FREE/£30
Creative Writing for Beginners - Next Steps	20/02/24	26/03/24	14:00	16:00	Tues	Newark Buttermarket	FREE/£36
Creative Writing - Writing a Radio Play	22/02/24	28/03/24	14:00	16:00	Thurs	Newark Buttermarket	FREE/£36
Creative Writing - Words and Pictures	11/01/24	08/02/24	10:00	12:00	Thurs	Southwell Library	FREE/£30

ENGLISH & ESOL

English - Functional Skills	21/02/24	24/07/24	09:30	12:30	Weds	Newark Buttermarket	FREE
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GET ACTIVE

Yoga for Osteoporosis	09/01/24	26/03/24	10:00	11:30	Tues	Millgate Community Centre	FREE/£54
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HEALTH & WELLBEING

Mindfulness for Beginners	09/01/24	06/02/24	13:00	15:00	Tues	Edwinstowe Library	FREE/£30
Meditation for Beginners	12/01/24	09/02/24	10:00	12:00	Fri	Edwinstowe Library	FREE/£30
Mindfulness - Next Steps	20/02/24	26/03/24	12:30	14:30	Tues	Edwinstowe Library	FREE/£36
Vision Boards for Beginners	12/01/24	19/01/24	10:00	12:30	Fri	Newark Buttermarket	FREE/£15
Healthy Eating - Reducing the Risk of Type 2 Diabetes	18/01/24	08/02/24	10:00	12:00	Thurs	Newark Buttermarket	FREE/£24
Healthy Eating - Managing Type 2 Diabetes	22/02/24	14/03/24	10:00	12:00	Thurs	Newark Buttermarket	FREE/£24
Vision Boards for Beginners	24/01/24	31/01/24	10:00	12:30	Weds	Southwell Library	FREE/£15
Indian Head Massage	20/02/24	26/03/24	10:00	12:00	Tues	Edwinstowe Library	FREE/£36

IT & DIGITAL SKILLS

Introduction to Word	10/01/24	28/02/24	12:30	15:30	Weds	Newark Buttermarket	FREE/£21
Photo Editing - Intermediate	21/02/24	06/03/24	10:00	12:00	Weds	Newark Buttermarket	FREE/£18
Shopping Safely Online	13/03/24	13/03/24	09:30	12:30	Weds	Newark Buttermarket	FREE/£9

LANGUAGES

Italian for Beginners - Part 2	09/01/24	26/03/24	13:00	15:00	Tues	Newark Buttermarket	FREE/£66
Learn Italian Through Music	10/01/24	27/03/24	13:00	15:00	Weds	Newark Buttermarket	FREE/£66
Italian for Beginners - Next Steps Part 2	11/01/24	28/03/24	13:00	15:00	Thurs	Newark Buttermarket	FREE/£66

MATHS & MULTIPLY

Getting Ready for Functional Maths	08/01/24	05/02/24	10:00	12:00	Mon	Newark Buttermarket	FREE
Maths for ESOL Learners	08/01/24	05/02/24	13:00	15:00	Mon	Newark Buttermarket	FREE
Maths - Functional Skills	18/02/24	14/07/24	09:30	12:30	Thurs	Newark Buttermarket	FREE
Helping Your Child with Primary Maths	23/02/24	22/03/24	10:00	12:00	Fri	Newark Buttermarket	FREE
Maths Fun with Modelling Clay & Papercrafts	23/02/24	22/03/24	13:00	15:00	Fri	Newark Buttermarket	FREE

MUSIC

Guitar for Beginners - Next Steps	09/01/24	19/03/24	16:30	17:30	Tues	Newark Buttermarket	FREE/£27
Guitar for Beginners	09/01/24	19/03/24	17:45	18:45	Tues	Newark Buttermarket	FREE/£27

SCIENCE, SOCIAL SCIENCES & HUMANITIES

Positive Psychology - An Introduction	12/01/24	09/02/24	10:00	12:00	Fri	Blidworth Library	FREE/£30
Bletchley Code Breakers	20/03/24	20/03/24	09:30	12:30	Weds	Newark Buttermarket	FREE/£9
Nottinghamshire's History	10/01/24	07/02/24	14:00	15:00	Weds	Southwell Library	FREE/£15
Map-Reading Made Easy	06/03/24	27/03/24	13:00	15:00	Weds	Southwell Library	FREE/£18

WORK SKILLS

Bookkeeping Next Steps	21/02/24	27/03/24	13:00	15:00	Weds	Newark Buttermarket	FREE/£30
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Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning

Accredited Courses

If you're looking to progress your career or upskill, explore our superb range of accredited employment-boosting courses. Delivered online or in-person, many are fully or part-funded.

ONLINE & IN-PERSON

COURSE TITLE	Start Date	End Date	From	To	Day	Venue	Cost
Understanding Autism - Level 3 Certificate	08/01/24	08/07/24	09:30	16:30	Mon	Online	FREE/£425
Nutrition and Health - Level 1 Award	08/01/24	07/02/24	14:00	16:00	Mon	Online	FREE/£97
Mental Health Awareness - Level 2 Certificate	09/01/24	27/03/24	17:00	20:00	Tues	Online	FREE/£293
Volunteering - Level 1 Award	09/01/24	13/02/24	18:30	20:30	Tues	Online	FREE/£54
Awareness of Substance Misuse - Level 1 Award	10/01/24	31/01/24	10:00	13:00	Weds	Online	FREE/£54
Diploma in Education and Training (DET) - Level 5	15/01/24	08/12/25	15:00	19:00	Mon	Online	£2,500
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	10:00	13:30	Tues	Online	FREE/£304
Coaching and Mentoring - Level 3 Certificate	16/01/24	11/06/24	10:00	13:00	Tues	Online	FREE/£595
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	16:00	19:00	Tues	Online	FREE/£304
Award in Education and Training (AET) - Level 3	17/01/24	10/07/24	16:00	19:00	Tues	Online	£495
Award in Employability Skills - Level 1	24/01/24	28/02/24	13:00	16:00	Weds	Online	FREE/£117
Health and Social Care - Level 2 Certificate	30/01/24	01/05/24	16:00	19:00	Tues	Online	FREE/£405
Information, Advice or Guidance (IAG) - Level 3 Certificate	31/01/24	24/07/24	16:00	19:00	Weds	Online	FREE/£800
Understanding Coding - Level 2 Certificate	20/02/24	17/05/24	09:30	13:00	Tues	Online	FREE/£405
Supporting Individuals with Learning Disabilities - Level 3 Award	20/02/24	07/05/24	10:00	13:00	Tues	Online	FREE/£187
Stress Awareness - Level 1 Award	20/02/24	26/03/24	13:00	16:00	Tues	Online	FREE/£54
Volunteering - Level 2 Award	20/02/24	26/03/24	13:00	15:00	Tues	Online	FREE/£90
Awareness of Substance Misuse - Level 1 Award	21/02/24	27/03/24	13:00	15:00	Weds	Online	FREE/£54
Sowing and Growing Techniques - Level 1 Award	22/02/24	28/03/24	09:30	11:30	Thurs	Online	FREE/£61
Customer Service in the Hospitality Industry - Level 1 Award	22/02/24	28/03/24	12:30	14:30	Thurs	Online	FREE/£61
Assessing Vocationally Related Achievement - Level 3 Certificate (NOCN)	05/03/24	10/09/24	13:00	17:00	Tues	Online	FREE/£750
Assessing Vocationally Related Achievement - Level 3 Award	05/03/24	10/09/24	13:00	17:00	Tues	Online	£750
Mentoring - Level 1 Award	05/03/24	16/07/24	15:00	18:00	Tues	Online	FREE/£135
Awareness of Substance Misuse - Level 1 Award	06/03/24	27/03/24	10:00	13:00	Weds	Online	FREE/£54
Health and Social Care - Level 2 Certificate	28/03/24	27/06/24	09:30	16:30	Thurs	Online	FREE/£405

Visit our website for more info and to see our full range of accredited courses inspireculture.org.uk/accredited



Funded by UK Government



Free

Multiply

Your Skills, Your Budget and Your Confidence

If maths makes you feel nervous, our Multiply courses are here to help.

Visit our website to find out more inspireculture.org.uk/multiply

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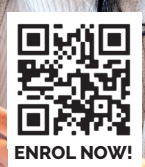


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- Supportive tutors
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** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

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