

# Inspire Adult Learning

Culture | Learning | Libraries

## Inspiring New Courses in Broxtowe

Spring 2024

Your guide to all Inspire Adult Learning courses in Broxtowe and the surrounding area

Affordable  
courses  
on your  
doorstep

Learn local,  
go far

Free\* and  
low cost  
courses

Recognised  
qualifications

Online  
Courses

Distance  
Learning



SCAN HERE TO  
BOOK AND ENROL



Ofsted  
Good rating

\*subject to eligibility criteria

Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses across Nottinghamshire and online

Book now! Go online [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or call 01623 677 200

 **Inspire**  
Culture | Learning | Libraries

working with



**Nottinghamshire  
County Council**



Education & Skills  
Funding Agency

# Hello!

**Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Broxtowe.**

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning)

## Free or low cost courses

Many of our courses are **free\* or low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification.

## How to book

Browse and book courses via our website [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am – 6pm, and Saturday 9am – 4pm.

We look forward to welcoming you!

**Get FREE careers and benefits advice**

**ACHIEVE MORE**  
Use your library to support your learning with bookable computers, printing and photocopying

**FREE USE OF: WIFI**  
Quiet study spaces in the libraries

Find out more about our affordable funding options at [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)



## INSPIRE ADULT LEARNING SURVEY – WE WANT TO HEAR FROM YOU!

We seek to offer the best programme of adult learning and are always looking for your feedback to help shape what we offer. If you have ideas about courses you'd like to see at any of our venues, please let us know. This short survey takes a couple of minutes to complete and will help us deliver the very best for the upcoming year. Thank you!



## Courses

	Start Date	End Date	From	To	Day	Venue	Cost
<b>ARTS AND CRAFTS</b>							
Art for Improvers	10/01/24	07/02/24	10:00	12:30	Weds	Beeston Library	FREE/£32
Printmaking - Lino Printing	10/01/24	07/02/24	13:15	15:45	Weds	Beeston Library	FREE/£32
Art - Mixed Media	21/02/24	27/03/24	10:00	12:30	Weds	Beeston Library	FREE/£39
Printmaking - Lino Printing Next Steps	21/02/24	27/03/24	13:15	15:45	Weds	Beeston Library	FREE/£39
Flower Arranging for Beginners	22/02/24	28/03/24	14:00	16:00	Thurs	Beeston Library	FREE/£36
Crochet Next Steps	11/01/24	08/02/24	10:00	12:00	Thurs	Stapleford Library and Learning Centre	FREE/£24
Flower Arranging for Beginners	15/01/24	05/02/24	13:30	15:30	Mon	Stapleford Library and Learning Centre	FREE/£24
Book Making	19/02/24	04/03/24	10:00	12:00	Mon	Stapleford Library and Learning Centre	FREE/£12
Indian Block Printing - Print and Stitch	19/02/24	04/03/24	13:00	15:30	Mon	Stapleford Library and Learning Centre	FREE/£17
Flower Arranging Next Steps	19/02/24	25/03/24	13:30	15:30	Mon	Stapleford Library and Learning Centre	FREE/£36
Printmaking - Lino Printing	24/02/24	23/03/24	10:00	12:30	Sat	Stapleford Library and Learning Centre	FREE/£32
Macrame Jewellery	11/03/24	25/03/24	10:00	12:00	Mon	Stapleford Library and Learning Centre	FREE/£12
Indian Block Printing - Print and Patchwork	11/03/24	25/03/24	13:00	15:30	Mon	Stapleford Library and Learning Centre	FREE/£17
<b>CREATIVE WRITING &amp; LITERATURE</b>							
DH Lawrence and Nottinghamshire	01/02/24	01/02/24	10:00	12:00	Thurs	Stapleford Library and Learning Centre	FREE/£6
Creative Writing - Short Stories Next Steps	22/02/24	28/03/24	10:00	12:00	Thurs	Stapleford Library and Learning Centre	FREE/£36

[Book](#) | [Enrol](#) | [Course Information](#) | [Course Updates](#)

\*subject to eligibility criteria

## ENGLISH & ESOL

ESOL Book Club	17/01/24	27/03/24	13:00	15:00	Weds	Beeston Library	FREE
English - Functional Skills	22/02/24	25/07/24	13:00	16:00	Thurs	Beeston Library	FREE
English - Entry Level Functional Skills	01/03/24	26/07/24	09:30	12:30	Fri	Beeston Library	FREE
English - Functional Skills	19/02/24	22/07/24	09:30	12:30	Mon	Stapleford Library and Learning Centre	FREE

## GET ACTIVE

Get Fit and Flexible	09/01/24	06/02/24	14:00	15:30	Tues	Beeston Library	FREE/£23
Get Fit and Flexible	20/02/24	26/03/24	14:00	15:30	Tues	Beeston Library	FREE/£27
Yoga for Wellbeing	11/01/24	08/02/24	13:00	15:00	Thurs	Stapleford Library and Learning Centre	FREE/£30

## HEALTH & WELLBEING

Facial Peels - An Introduction	10/02/24	10/02/24	10:00	13:00	Sat	Beeston Library	FREE/£9
Hand Reflexology	19/02/24	25/03/24	10:00	12:00	Mon	Beeston Library	FREE/£36
Reiki 2	11/01/24	08/02/24	10:00	12:00	Thurs	Eastwood Library	FREE/£30
Meditation - Next Steps	11/01/24	08/02/24	13:00	15:00	Thurs	Eastwood Library	FREE/£30
Vision Boards for Beginners	13/01/24	20/01/24	10:00	12:30	Sat	Stapleford Library and Learning Centre	FREE/£15
Reiki 2	22/02/24	28/03/24	10:00	12:00	Thurs	Stapleford Library and Learning Centre	FREE/£36
Meditation and Mindfulness	22/02/24	28/03/24	13:00	15:00	Thurs	Stapleford Library and Learning Centre	FREE/£36

## IT & DIGITAL SKILLS

Introduction to Word	08/01/24	04/03/24	10:00	12:30	Mon	Beeston Library	FREE/£60
Digital Skills for ESOL Students	08/01/24	22/07/24	13:00	15:00	Mon	Beeston Library	FREE/£150
Introduction to Excel	11/03/24	20/05/24	10:00	12:30	Mon	Beeston Library	FREE/£60
Internet Safety for Parents	11/01/24	25/01/24	10:00	12:00	Thurs	Stapleford Library and Learning Centre	FREE/£18
Internet Safety for Adults	11/01/24	01/02/24	13:00	15:00	Thurs	Stapleford Library and Learning Centre	FREE/£24
Digital Skills for ESOL Students	12/01/24	26/07/24	10:00	12:00	Fri	Stapleford Library and Learning Centre	FREE/£150
Introduction to Word	12/01/24	08/03/24	12:30	15:00	Fri	Stapleford Library and Learning Centre	FREE/£60
Shopping Safely Online	08/02/24	08/02/24	10:00	12:30	Thurs	Stapleford Library and Learning Centre	FREE/£8
Confidence with Technology Workshop	12/03/24	12/03/24	09:30	12:00	Tues	Stapleford Library and Learning Centre	FREE/£9
Introduction to Excel	15/03/24	24/05/24	12:30	15:00	Fri	Stapleford Library and Learning Centre	FREE/£60
Introduction to Spreadsheets Workshop	19/03/24	19/03/24	09:30	12:00	Tues	Stapleford Library and Learning Centre	FREE/£9
Buying on Selling Online Workshop	26/03/24	26/03/24	09:30	12:00	Tues	Stapleford Library and Learning Centre	FREE/£9

## MATHS & MULTIPLY

Getting Ready for Functional Maths	10/01/24	07/02/24	10:00	12:00	Weds	Beeston Library	FREE
Maths for ESOL Learners	10/01/24	07/02/24	13:00	15:00	Weds	Beeston Library	FREE
Maths - Functional Skills	20/02/24	16/07/24	09:30	12:30	Tues	Beeston Library	FREE
Maths - Functional Skills	20/02/24	16/07/24	09:30	12:30	Tues	Eastwood Library	FREE
Helping Your Child with Primary Maths	21/02/24	20/03/24	10:00	12:00	Weds	Beeston Library	FREE
Maths Fun with Modelling Clay & Papercrafts	21/02/24	20/03/24	13:00	15:00	Weds	Beeston Library	FREE
Maths - Functional Skills	22/02/24	18/07/24	13:00	16:00	Thurs	Stapleford Library and Learning Centre	FREE

## SCIENCE, SOCIAL SCIENCES & HUMANITIES

Anatomy and Physiology	19/02/24	25/03/24	13:00	15:00	Mon	Beeston Library	FREE/£30
Map-Reading Made Easy	07/03/24	28/03/24	10:00	12:00	Thurs	Beeston Library	FREE/£18
How to Read People	19/01/24	09/02/24	13:30	15:30	Fri	Stapleford Library and Learning Centre	FREE/£24
Bletchley Code Breakers	08/02/24	08/02/24	13:30	16:00	Thurs	Stapleford Library and Learning Centre	FREE/£8
Map-Reading Made Easy	20/02/24	12/03/24	14:00	16:00	Tues	Stapleford Library and Learning Centre	FREE/£18

## ACCREDITED COURSES

Digital Functional Skills (Entry 3)	11/01/24	27/06/24	12:30	15:30	Thurs	Beeston Library	FREE
Digital Functional Skills (Entry 3)	08/01/24	24/06/24	12:00	15:00	Mon	Stapleford Library and Learning Centre	FREE
Spreadsheet Software - Level 1	20/02/24	26/03/24	13:00	16:00	Tues	Stapleford Library and Learning Centre	FREE/£41
Mental Health Awareness - Level 1 Award	22/02/24	28/03/24	09:30	12:30	Thurs	Stapleford Library and Learning Centre	FREE/£54

Visit [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or your local Nottinghamshire library for full course listings, including dates, times and costs.

*We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning)*



# Accredited Courses

If you're looking to progress your career or upskill, explore our superb range of accredited employment-boosting courses. Delivered online or in-person, many are fully or part-funded.

ONLINE &  
IN-PERSON

COURSE TITLE	Start Date	End Date	To	From	Day	Venue	Cost
Understanding Autism - Level 3 Certificate	08/01/24	08/07/24	09:30	16:30	Mon	Online	FREE/£425
Nutrition and Health - Level 1 Award	08/01/24	07/02/24	14:00	16:00	Mon	Online	FREE/£97
Mental Health Awareness - Level 2 Certificate	09/01/24	27/03/24	17:00	20:00	Tues	Online	FREE/£293
Volunteering - Level 1 Award	09/01/24	13/02/24	18:30	20:30	Tues	Online	FREE/£54
Awareness of Substance Misuse - Level 1 Award	10/01/24	31/01/24	10:00	13:00	Weds	Online	FREE/£54
Diploma in Education and Training (DET) - Level 5	15/01/24	08/12/25	15:00	19:00	Mon	Online	£2,500
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	10:00	13:30	Tues	Online	FREE/£304
Coaching and Mentoring - Level 3 Certificate	16/01/24	11/06/24	10:00	13:00	Tues	Online	FREE/£595
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/01/24	26/06/24	16:00	19:00	Tues	Online	FREE/£304
Award in Education and Training (AET) - Level 3	17/01/24	10/07/24	16:00	19:00	Tues	Online	£495
Award in Employability Skills - Level 1	24/01/24	28/02/24	13:00	16:00	Weds	Online	FREE/£117
Health and Social Care - Level 2 Certificate	30/01/24	01/05/24	16:00	19:00	Tues	Online	FREE/£405
Information, Advice or Guidance (IAG) - Level 3 Certificate	31/01/24	24/07/24	16:00	19:00	Weds	Online	FREE/£800
Understanding Coding - Level 2 Certificate	20/02/24	17/05/24	09:30	13:00	Tues	Online	FREE/£405
Supporting Individuals with Learning Disabilities - Level 3 Award	20/02/24	07/05/24	10:00	13:00	Tues	Online	FREE/£187
Stress Awareness - Level 1 Award	20/02/24	26/03/24	13:00	16:00	Tues	Online	FREE/£54
Volunteering - Level 2 Award	20/02/24	26/03/24	13:00	15:00	Tues	Online	FREE/£90
Awareness of Substance Misuse - Level 1 Award	21/02/24	27/03/24	13:00	15:00	Weds	Online	FREE/£54
Sowing and Growing Techniques - Level 1 Award	22/02/24	28/03/24	09:30	11:30	Thurs	Online	FREE/£61
Customer Service in the Hospitality Industry - Level 1 Award	22/02/24	28/03/24	12:30	14:30	Thurs	Online	FREE/£61
Assessing Vocationally Related Achievement - Level 3 Certificate (NOCN)	05/03/24	10/09/24	13:00	17:00	Tues	Online	FREE/£750
Assessing Vocationally Related Achievement - Level 3 Award	05/03/24	10/09/24	13:00	17:00	Tues	Online	£750
Exploring New and Emerging Digital Technologies	05/03/24	11/06/24	11:30	13:30	Tues	Stapleford Library and Learning Centre	FREE/£72
Mentoring - Level 1 Award	05/03/24	16/07/24	15:00	18:00	Tues	Online	FREE/£135
Awareness of Substance Misuse - Level 1 Award	06/03/24	27/03/24	10:00	13:00	Weds	Online	FREE/£54
Health and Social Care - Level 2 Certificate	28/03/24	27/06/24	09:30	16:30	Thurs	Online	FREE/£405

Visit our website for more info and to see our full range of accredited courses [inspireculture.org.uk/accredited](https://inspireculture.org.uk/accredited)



Funded by  
UK Government

Inspire  
**Adult Learning**  
Culture | Learning | Libraries

**Multiply**

*Your Skills, Your Budget  
and Your Confidence*

If maths makes you feel nervous,  
our Multiply courses are here to help.

Visit our website to find out more  
[inspireculture.org.uk/multiply](https://inspireculture.org.uk/multiply)

Inspire  
**College**

Culture | Learning | Libraries



Earn as you  
learn – up  
to £100 per  
month!\*

\*child benefit not affected

**Aged 16 – 19 in Ashfield?**

**Supporting your studies, supporting  
your success!**

- Achieve your goals with Inspiring courses
- GCSE Resits in English and maths
- Supportive tutors
- Volunteering, work placements and traineeships\*\*
- Our GCSE resit pass rate is above the national average!



\*\* Traineeships available for learners aged 19-24 or 25 with a EHC Plan



ENROL NOW!

[inspireculture.org.uk/college](https://inspireculture.org.uk/college) | 0115 804 3611 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)  
 f InspireLearning1624 | @Learn\_Inspire | #BeInspired | #InspireLearning

**Inspire**  
Culture | Learning | Libraries

working with

**Nottinghamshire  
County Council**



Education & Skills  
Funding Agency