

HANDY HEADBAND KNITTING PATTERN

Dimensions of headband: 14cm deep x 44cm circumference

UK SIZE 4mm knitting needles

60g of DK yarn. Can be knitted in solid colour or as in the video workshop example in 4 or more colours

Medium size

4 colour code: A, B, C, and D



Pattern instructions:

With colour A cast on 29 stitches, then knit 1 row before beginning the pattern:

1st row Using A, K2, *sl 1 p-wise, K 5, repeat from * to last 3 sts, sl 1 p-wise, K2

2nd row Using A, P2, *sl 1 p-wise, P5, repeat from * to last 3 sts, sl 1 p-wise, P2

3rd row Using B, *K5, sl 1 p-wise, repeat from * to last 5 sts, K5

4th row Using B, *K5, yfwd, sl 1 p-wise, ybk, repeat from * to last 5 sts, K 5

These 4 rows form the pattern

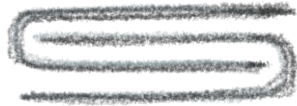
Continue until work measures 25cm ending on a 4th row of pattern

Change colours: tie on colours C and D to replace colours A and B if desired

Continue with pattern replacing colours C for A and D for B. for 25cm

Cast off with colour C and leave end of yarn for sewing together. Neaten all other loose ends.

To create twist: Fold headband in half lengthways with right sides inside, hold the folded over ends with long edges up and bring the folded ends together and sandwich together, as shown in illustration, stitch all four ends together to complete headband.



Top view of
4 ends folded together

Abbreviations:

k	knit
p	purl
p-wise	Needle in purl position, slip next stitch onto right hand needle
yfwd	Yarn forward
ybk	Yarn back

Find Jane's 'How to' videos to support you in making the Handy Headband - and lots more woolly information here: inspireculture.org.uk/Knit