

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, health, social care or counselling, and business and management. Many even have funding available so your course could be fully or part-funded. All available online.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost	
Online							
Awareness of Substance Misuse - Level 1 Award	03/09/2025	24/09/2025	10:00	13:00	Weds	FREE/£72	★
Access to HE Health and Social Care Level 3	10/09/2025	11/06/2026	09:30	14:30	Weds & Thurs	FREE/£3,384	★
Preparing to Work in Schools - Level 1 Award	08/09/2025	08/12/2025	09:30	14:30	Mon	FREE/£188	★
Information, Advice or Guidance (IAG) - Level 3 Certificate	08/09/2025	02/03/2026	16:00	19:00	Mon	FREE/£800	★
Mental Health Awareness - Level 1 Award	09/09/2025	14/10/2025	10:00	13:00	Tues	FREE/£96	★
Counselling Skills - Level 2 Certificate	09/09/2025	01/09/2026	15:00	19:00	Tues & Fri	FREE/£480	★
Introduction to Health and Social Care - Level 1 Award	09/09/2025	14/10/2025	17:30	20:00	Tues	FREE/£76	★
Health and Safety Awareness - Level 1	09/09/2025	14/10/2025	18:30	20:30	Tues	FREE/£72	★
Stress Awareness - Level 1 Award	10/09/2025	15/10/2025	10:00	13:00	Weds	FREE/£96	★
Support Work in Schools and Colleges - Level 2 Award	15/09/2025	23/03/2026	10:00	14:00	Mon	FREE/£360	★
Mentoring - Level 1 Award	15/09/2025	16/02/2026	10:00	13:00	Mon	FREE/£240	★
Diploma in Counselling Skills - Level 3	15/09/2025	16/07/2026	16:00	20:00	Mon & Thurs	FREE/£1,080	★
Preparing to Work in Schools - Level 1 Award	16/09/2025	11/06/2025	18:00	20:30	Tues & Thurs	FREE/£188	★
Mental Health Awareness - Level 2 Certificate	16/09/2025	12/02/2025	17:00	20:00	Tues & Weds	FREE/£520	★
Coaching and Mentoring - Level 3 Certificate	16/09/2025	17/02/2026	17:30	20:30	Tues	FREE/£616	★
Understanding Child and Young People's Mental Health - Level 2 Certificate	17/09/2025	24/06/2026	15:00	19:30	Weds	FREE/£540	★
Principles of Team Leading - Level 2 Certificate	22/09/2025	07/02/2026	18:00	21:00	Mon & Thurs	FREE/£640	★
User Experience and User Interface (UX/UI) - Level 3	22/09/2025	11/12/2025	18:00	21:00	Mon, Tues, Weds & Thurs	FREE/£900	★
Diploma in Management Skills and Knowledge - Level 3	23/09/2025	08/07/2026	18:00	21:00	Tues & Weds	FREE/£600	★
Award in Education and Training - Level 3 (AET)	23/09/2025	16/12/2025	16:00	19:00	Tues	FREE/£495	★
Diploma in Counselling Skills - Level 3	24/09/2025	17/07/2026	10:00	14:00	Weds & Fri	FREE/£1,080	★
Assessing Vocationally Related Achievement - Level 3 Award	20/10/2025	24/03/2026	09:30	13:30	Mon & Tues	FREE/£750	★
Health and Social Care - Level 2 Certificate	04/11/2025	02/10/2026	17:00	20:30	Tues & Thurs	FREE/£720	★
Time Management and Problem Solving - Level 1 Award	05/11/2025	10/12/2025	11:30	14:00	Weds	FREE/£76	★

★ ACCREDITED COURSES: Get the skills you need to get the job you want! *subject to eligibility criteria

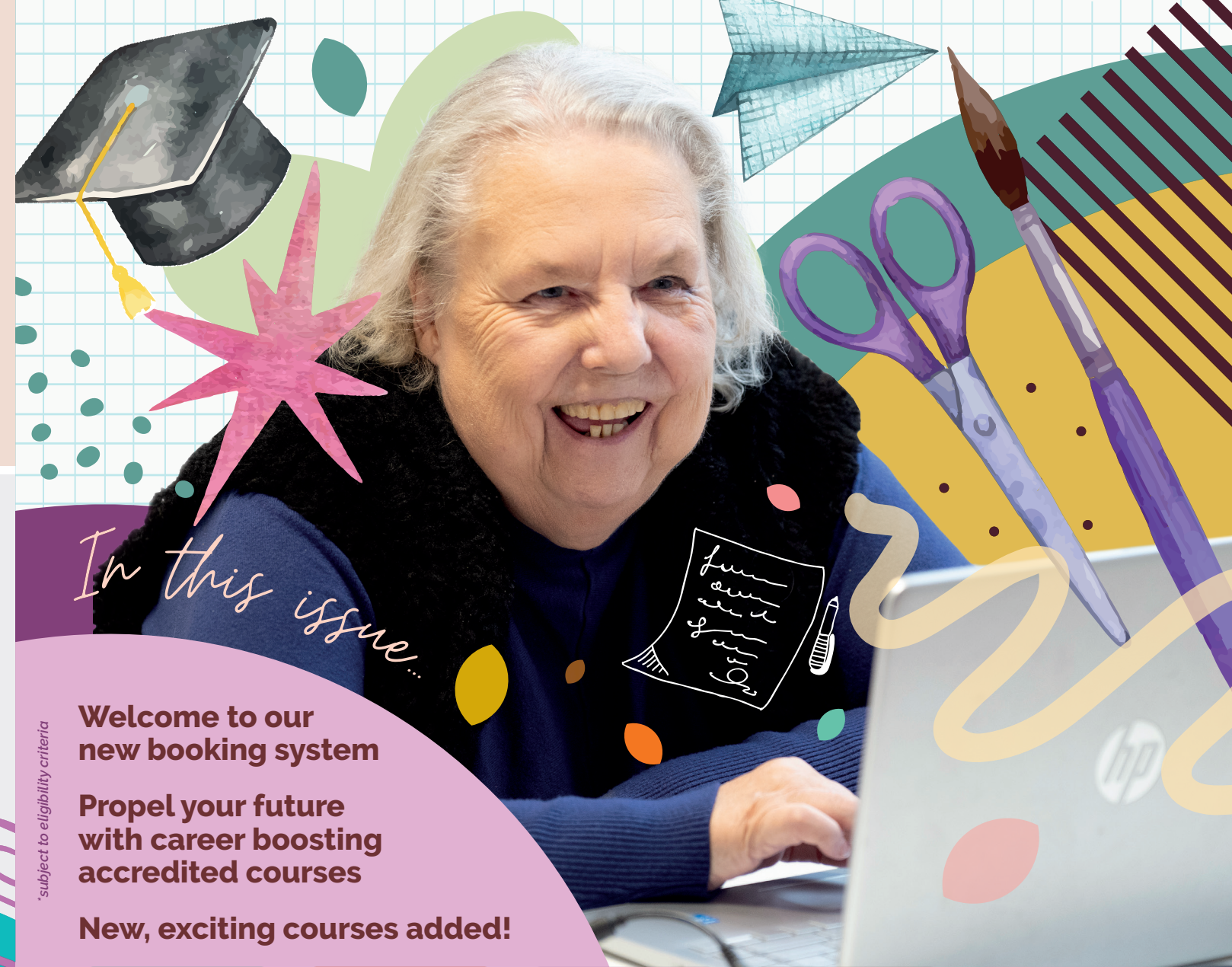
Inspire Adult Learning

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Autumn 2025 Inspiring New Courses in

NEWARK & SHERWOOD

Learn Local, Go Far



In this issue...

Welcome to our new booking system

Propel your future with career boosting accredited courses

New, exciting courses added!

Digital and IT Courses

FREE* and low cost courses

Recognised qualifications

Online Courses

Maths and English

OUR NEW COURSE BOOKING SYSTEM IS LIVE!

SCAN THIS CODE TO EASILY ACCESS ALL NEWARK & SHERWOOD COURSES



BOOK NOW! Go online inspireculture.org.uk/learning or call 01623 677 200

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#BeInspired #InspireLearning

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>> Enrolling now

Starts September 2025

Study online or at Beeston Library

ACCESS TO HIGHER EDUCATION

- Do you have ambitions of a career in the Health and Social Care sector?
- Inspire Adult Learning can help you achieve your goals.

>> in Health and Social Care

- No GCSEs needed - we'll help you work towards Functional Skills in maths and English
- Financial support available through an Advanced Learner Loan or flexible payment options
- FREE if you're aged 19-23 and this is your first full Level 3 qualification

@InspireLearningSkills #BeInspired #InspireLearning

inspireculture.org.uk/accesstohe | 01623 677 200 | learning@inspireculture.org.uk

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ENROLLING NOW!

Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships**

Our GCSE resit pass rate is above the national average!

* Child benefit not affected ** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16-19* in Newark & Sherwood?

Supporting your studies, supporting your success!

@InspireLearning1624

#BeInspired #InspireLearning

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working with

Nottinghamshire County Council

East Midlands Combined County Authority

Funded by UK Government

Hello!

Our new courses for the autumn term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Newark & Sherwood and the surrounding area. Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses.

For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

We look forward to welcoming you!

GET FREE CAREERS AND BENEFITS ADVICE

ACHIEVE MORE! Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

Courses Visit inspireculture.org.uk/fundingyourcourse to find out more about affordable funding options

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
Edwinstowe Library						
Watercolour Painting for Beginners	09/09/2025	14/10/2025	10:00	12:00	Tues	FREE/£48
Watercolours for Relaxation and Calm	09/09/2025	30/09/2025	13:30	15:30	Tues	FREE/£32
Needle Felting for Beginners	12/09/2025	17/10/2025	10:00	12:00	Fri	FREE/£48
Zendoodle - Mindful Doodling	12/09/2025	17/10/2025	13:00	15:00	Fri	FREE/£48
Needle Felting for Beginners - Next Steps	07/11/2025	12/12/2025	10:00	12:00	Fri	FREE/£48
Jewellery Making for Beginners	07/11/2025	12/12/2025	13:00	15:00	Fri	FREE/£48
Watercolour Painting for Beginners - Next Steps	11/11/2025	09/12/2025	10:00	12:00	Tues	FREE/£40
Watercolour Christmas Cards	18/11/2025	09/12/2025	13:30	15:30	Tues	FREE/£32
Newark Buttermarket						
Botanical Printing and Monoprinting - Making Artist's Books	09/09/2025	14/10/2025	13:15	15:45	Tues	FREE/£60
Jewellery Making for Beginners	10/09/2025	15/10/2025	15:30	17:30	Weds	FREE/£48
Needle Felting for Beginners	10/09/2025	15/10/2025	18:00	20:00	Weds	FREE/£60
Drawing in Pen for Beginners	11/09/2025	11/12/2025	12:45	14:45	Thurs	FREE/£96
Machine Sewing for Beginners - Festive Creations	03/11/2025	08/12/2025	10:00	12:30	Mon	FREE/£48
Machine Sewing Next Steps - Bags	03/11/2025	08/12/2025	13:15	15:45	Mon	FREE/£48
Crochet for Beginners	05/11/2025	10/12/2025	15:30	17:30	Weds	FREE/£48
Watercolour Christmas Cards	19/11/2025	10/12/2025	13:30	15:30	Weds	FREE/£32
Southwell Library						
Landscape Painting in Acrylics	09/09/2025	14/10/2025	10:30	13:00	Tues	FREE/£60
Mixed Media Art for Beginners	09/09/2025	14/10/2025	13:30	16:00	Tues	FREE/£60
Button Brooches	27/09/2025	27/09/2025	09:30	14:30	Sat	FREE/£20
Exploring Mixed Media	05/11/2025	10/12/2025	10:00	12:30	Weds	FREE/£60
Lino Printed Christmas Cards, Gifts and Images	05/11/2025	10/12/2025	13:15	15:45	Weds	FREE/£60
Christmas Macrame	16/11/2025	16/11/2025	11:30	14:30	Sun	FREE/£12
Watercolour Christmas Cards	06/12/2025	06/12/2025	09:30	14:30	Sat	FREE/£20
Online						
Art Explored	08/09/2025	13/10/2025	09:30	11:30	Mon	FREE/£48
Animals in Art	10/09/2025	15/10/2025	10:00	12:00	Weds	FREE/£48
Mindful Art	11/09/2025	16/10/2025	10:00	12:00	Thurs	FREE/£48
Flower Painting	11/09/2025	16/10/2025	18:00	20:00	Thurs	FREE/£60
Garden Painting in Acrylics	06/11/2025	11/12/2025	18:00	20:00	Thurs	FREE/£60
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
Newark Buttermarket						
Poetry for Beginners	11/09/2025	16/10/2025	10:00	12:00	Thurs	FREE/£48
A Harvest of Poetry	11/09/2025	16/10/2025	14:00	16:00	Thurs	FREE/£48
Creative Writing - From the Milky Way to Earth Day	06/11/2025	11/12/2025	10:00	12:00	Thurs	FREE/£48
Getting Cosy with Poetry	06/11/2025	11/12/2025	14:00	16:00	Thurs	FREE/£48
Southwell Library						
Poetry for Beginners	22/09/2025	13/10/2025	13:00	15:00	Mon	FREE/£32
Online						
Creative Writing - Short Stories	05/08/2025	26/08/2025	18:00	20:00	Tues	FREE/£32
Creative Writing - Short Stories	24/09/2025	15/10/2025	13:00	15:00	Weds	FREE/£32
Creative Writing - Short Stories	28/09/2025	19/10/2025	10:00	12:00	Sun	FREE/£32
Great Books - An Inspector Calls	03/11/2025	08/12/2025	13:00	15:00	Mon	FREE/£48
Creative Writing - Short Stories Next Steps	05/11/2025	26/11/2025	13:00	15:00	Weds	FREE/£32
Great Books - Pride and Prejudice	05/11/2025	10/12/2025	13:30	15:30	Weds	FREE/£48
EMPLOYABILITY & WORK SKILLS	Starts	Ends	From	To	Day	Cost
Newark Buttermarket						
Bookkeeping for Beginners	10/09/2025	15/10/2025	13:00	15:00	Weds	FREE/£48
Bookkeeping Next Steps	05/11/2025	10/12/2025	13:00	15:00	Weds	FREE/£48

Our new course booking system is LIVE!



Exciting new changes are coming to Inspire Learning! We're changing how you book courses online to make it quicker and easier.

Now when you're booking a course, you'll be taken to our new system and asked to create an online account and profile using your email address. After you've signed up, all you'll need to do to book a course from then on is enter your email and password - simple!

Everything else will be the same: you'll still be able to browse all our courses on our website as before, and you'll still click the same 'Book Now' button, it will just take you to a new place. If you prefer to book by calling Ask or via email, this process will stay the same.

We're really excited to be launching our new system, which we think will make the whole booking process much faster. If you have any issues using it, please get in touch with us and we'll be able to help.

Online Personal Development and Life Coaching Life Coaching Next Steps	10/09/2025 12/11/2025	15/10/2025 17/12/2025	17:00 17:00	18:30 18:30	Weds Weds	FREE/£36 FREE/£36
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
Newark Buttermarket ESOL for Work English Functional Skills ESOL	09/09/2025 10/09/2025 16/09/2025	09/12/2025 11/02/2026 23/07/2026	12:45 09:30 9.15	14:45 12:30 12.15	Tues Weds Tues & Thurs	FREE FREE FREE
Online Grammar and Punctuation English Functional Skills ESOL Everyday English for Beginners - Part 1 ESOL Everyday English ESOL Everyday English ESOL Reading E1-E3 Online English Functional Skills - Intensive ESOL Everyday English	08/09/2025 09/09/2025 18/09/2025 24/09/2025 25/09/2025 26/09/2025 04/11/2025 12/11/2025	13/10/2025 10/02/2026 16/10/2025 10/12/2025 11/12/2025 13/02/2026 11/02/2026 11/02/2026	13:00 10:00 09:30 18:00 10:00 09:30 10:00 18:00	15:00 13:00 11:30 20:00 12:00 12:00 12:00 20:00	Mon Tues Thurs Weds Thurs Fri Tues Weds	FREE FREE FREE FREE FREE FREE FREE FREE
FAMILY LEARNING	Starts	Ends	From	To	Day	Cost
Newark Buttermarket Music and Signing (British Sign Language)	12/09/2025	17/10/2025	13:00	14:30	Fri	FREE/£36
Newark Library Baby Sensory Explorers	12/09/2025	17/10/2025	10:00	11:30	Fri	FREE/£36
Online SEND Awareness Autism All About Me Book	05/11/2025 05/11/2025	10/12/2025 10/12/2025	10:00 13:00	11:30 14:30	Weds Weds	FREE/£36 FREE/£36
HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost
Millgate Community Centre, Newark Yoga for Osteoporosis	09/09/2025	09/12/2025	10:00	11:30	Tues	FREE/£60
Online Mindful Meditation Mindful Journaling and Nature Meditation in Practice	10/09/2025 04/11/2025 05/11/2025	15/10/2025 09/12/2025 10/12/2025	10:00 10:00 10:00	12:00 12:00 12:00	Weds Tues Weds	FREE/£48 FREE/£48 FREE/£48
IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost
Newark Buttermarket Computer and Internet Basics Excel Spreadsheets for Work - Beginners	08/09/2025 03/11/2025	13/10/2025 08/12/2025	13:00 13:00	15:00 15:00	Mon Mon	FREE/£48 FREE/£48
Online Coding for Beginners (Python) Excel Spreadsheets for Work - Beginners Excel Spreadsheets for Work - Beginners Excel Spreadsheets for Work - Intermediate PowerPoint Excel Spreadsheets for Work - Intermediate Excel Spreadsheets for Work - Advanced Excel Spreadsheets for Work - Advanced AI - ChatGPT/Copilot for Beginners Canva Templates for Work	10/09/2025 10/09/2025 30/09/2025 01/10/2025 03/11/2025 04/11/2025 05/11/2025 25/11/2025 26/11/2025 17/12/2025	15/10/2025 24/09/2025 14/10/2025 15/10/2025 10/11/2025 18/11/2025 19/11/2025 09/12/2025 10/12/2025 17/12/2025	10:00 13:15 19:00 13:15 15:30 19:00 13:15 19:00 13:15 13:15	12:00 15:15 20:30 15:15 17:00 20:30 15:15 20:30 15:15 15:15	Weds Weds Tues Weds Mon Tues Weds Tues Weds Weds	FREE FREE/£24 FREE/£18 FREE/£24 FREE/£12 FREE/£18 FREE/£24 FREE/£18 FREE/£24 FREE/£8
LANGUAGES	Starts	Ends	From	To	Day	Cost
Newark Buttermarket French for Beginners	19/09/2025	05/12/2025	10:00	12:00	Fri	FREE/£80
Online Spanish for Beginners - Part 1 Spanish Intermediate - Part 1 French for Beginners Spanish for Holidays Spanish - Next Steps - Part 1	15/09/2025 17/09/2025 17/09/2025 18/09/2025 19/09/2025	08/12/2025 10/12/2025 03/12/2025 23/10/2025 12/12/2025	14:00 18:00 18:00 09:00 14:00	16:00 20:00 20:00 11:00 16:00	Mon Weds Weds Thurs Fri	FREE/£104 FREE/£104 FREE/£80 FREE/£48 FREE/£104
MATHS	Starts	Ends	From	To	Day	Cost
Newark Buttermarket Functional Skills Maths Level 1 and 2 Functional Skills Maths Entry Level	08/09/2025 06/11/2025	09/02/2026 26/03/2026	13:00 09:30	16:00 12:30	Mon Thurs	FREE FREE
Online Functional Skills Maths Intensive Level 2 Functional Skills Maths Level 1 and 2 GCSE Maths	09/09/2025 09/09/2025 12/09/2025	16/12/2025 10/02/2026 21/05/2026	09:30 18:00 09:30	12:30 21:00 14:00	Tues Tues Fri	FREE FREE FREE
MUSIC	Starts	Ends	From	To	Day	Cost
Southwell Library Singing for Wellbeing	08/09/2025	13/10/2025	10:00	12:00	Mon	FREE/£48
Online Music Theory for Songwriters, Composers and Improvisors Keyboards for Beginners Music Theory for Beginners Music Theory for Beginners - Next Steps Advanced Music Theory	16/09/2025 16/09/2025 16/09/2025 16/09/2025 17/09/2025	02/12/2025 02/12/2025 02/12/2025 02/12/2025 03/12/2025	15:00 16:30 17:45 19:00 17:15	16:00 17:30 18:45 20:00 18:15	Tues Tues Tues Tues Weds	FREE/£40 FREE/£40 FREE/£40 FREE/£40 FREE/£40
SCIENCE, SOCIAL SCIENCES & HUMANITIES	Starts	Ends	From	To	Day	Cost
Newark Buttermarket The Six Wives of Henry VIII	04/11/2025	09/12/2025	12:30	14:30	Tues	FREE/£48
Newark Library Suffragettes - An Introduction W/W2 Home Front Bess of Hardwick - An Introduction Nottinghamshire's History	04/10/2025 09/10/2025 05/11/2025 05/11/2025	01/11/2025 16/10/2025 03/12/2025 03/12/2025	13:30 10:30 13:00 14:15	15:30 12:00 14:00 15:45	Sat Thurs Weds Weds	FREE/£40 FREE/£12 FREE/£40 FREE/£30
Online Psychology - An Introduction British Government - How it All Works Human Biology - Part 1 Psychology - People and Relationships Diet and Nutrition Positive Psychology for Wellbeing Human Biology - Part 2 UK vs USA - How Their Governments Work	06/09/2025 06/09/2025 06/09/2025 26/10/2025 03/11/2025 07/11/2025 11/11/2025 18/11/2025	20/09/2025 30/09/2025 14/10/2025 16/11/2025 08/12/2025 12/12/2025 09/12/2025 25/11/2025	10:00 18:30 17:00 10:00 09:30 12:00 17:00 18:30	12:00 20:30 19:30 12:00 11:30 14:00 19:30 20:30	Sat Tues Tues Sun Mon Fri Tues Tues	FREE/£24 FREE/£24 FREE/£50 FREE/£32 FREE/£48 FREE/£48 FREE/£50 FREE/£16

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning