Adult Learning Course Guide Autumn 2025

**Welcome to your Inspire Adult Learning Course Guide: your complete guide to all our courses for adults for autumn, across Nottinghamshire and online!**

Whether you want to progress your career with a recognised qualification or just looking to have fun and ignite your passion for a new hobby, our courses are for everyone. Many are short enough to easily undertake around your other commitments, but still offer a fun, friendly, high-quality learning experience.

In this guide, you’ll find an amazing range of courses for both adults and families, taking place at Inspire libraries and community venues across Nottinghamshire. If you can’t make those, don’t worry – we also offer online and distance learning courses, designed for you to learn from the comfort of your own home.

Some courses are accredited – this means they provide you with a recognised qualification in a particular subject, such as maths or IT. Courses approved by a professional awarding body can make you more desirable to employers, whether that’s being offered a better salary, the chance of promotion, or just getting your foot in the door. If English isn’t your first language our ESOL courses are for you – work towards nationally recognised qualifications and boost your skills and prospects.

**Costs and fees**

Our non-accredited courses are free for those in receipt of certain benefits (you’ll need to show evidence when you enrol) or will be charged at £4 per hour. The full price for the course can be found on our website, on the individual course webpage.

Many of our accredited courses (that lead to a qualification) are free\* or low cost to you depending on your circumstances. Payment should be made in full at the time of booking online or over the phone, unless you qualify for a free place. You may need additional materials for some courses; details will be given at the time of booking or at the first session.

**Book and enrol on our courses**

Book your place online, 24 hours a day, 7 days a week at inspireculture.org.uk/learning. Bookings can also be made by calling Ask Inspire on 01623 677200, Monday to Friday 9am – 6pm and Saturday 9am – 4pm.

**Our new course booking system is LIVE!**

We’re changing how you book courses online to make it quicker and easier.

Now when you’re booking a course, you’ll be taken to our new system and asked to create an online account and profile using your email address. After you’ve signed up, all you’ll need to

do to book a course from then on is enter your email and password – simple!

Everything else will be the same: you’ll be able to browse all our courses on our website as before, and you’ll still click the same ‘Book Now’ button, it will just take you to a new place. If you prefer to book by calling Ask or via email, this

process will stay the same.

We’re really excited to be launching our new system, which we think will make the whole booking process much faster. If you have any issues using it, please get in touch with us and we’ll be able to help.

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# [**Arts & Crafts**](https://www.inspireculture.org.uk/skills-learning/arts-crafts-courses/)

Express yourself through art or photography, or develop new craft skills in sewing, crochet, painting, calligraphy and more!

**ARNOLD LIBRARY**

Ceramics for Beginners beginning 08/09/2025

Van Gogh-Inspired Painting beginning 20/09/2025

Ceramics Next Steps beginning 03/11/2025

Flower Painting in Acrylics beginning 22/11/2025

Needle Lace - An Introduction beginning 28/11/2025

**BEESTON LIBRARY**

Art for Beginners beginning 10/09/2025

Botanical Printing and Monoprinting - Making Artist’s Books beginning 10/09/2025

Flower Arranging - Seasonal beginning 11/09/2025

Flower Crafting - Handmade Paper Flowers beginning 11/09/2025

Christmas Macrame on 17/10/2025

Abstract Painting in Acrylics on 08/11/2025 08/11/2025

Gel Plate Printing on 13/12/2025

**CARLTON FIRE STATION**

Gel Plate Printing for Beginners beginning 26/09/2025

Gel Plate Printing Next Steps - Pattern and Doodle Book beginning 07/11/2025

**EASTWOOD LIBRARY**

Christmas Macrame beginning 28/11/2025

**EDWINSTOWE LIBRARY**

Watercolour Painting for Beginners beginning 09/09/2025

Nature Journalling - Next Steps beginning 09/09/2025

Needle Felting for Beginners beginning 12/09/2025

Zendoodle - Mindful Doodling beginning 12/09/2025

Needle Felting for Beginners - Next Steps beginning 07/11/2025

Jewellery Making for Beginners beginning 07/11/2025

Watercolour Painting for Beginners - Next Steps beginning 11/11/2025

Watercolour Christmas Cards beginning 18/11/2025

**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

Botanical Printing and Monoprinting - Making Artist’s Books beginning 10/09/2025

Machine Sewing Next Steps - Bags beginning 11/09/2025

Machine Sewing - Creative Gifts beginning 11/09/2025

Lino Printing - Christmas Cards, Gifts and Images beginning 05/11/2025

Flower Arranging for Beginners beginning 06/11/2025

Flower Arranging - Christmas beginning 06/11/2025

**HUCKNALL LIBRARY**

Crochet for Beginners beginning 09/09/2025

Calligraphy for Beginners beginning 16/09/2025

Christmas Macrame on 13/10/2025

Crochet Next Steps beginning 04/11/2025

Calligraphy Next Steps beginning 04/11/2025

Calligraphy Project - Christmas Cards beginning 02/12/2025

Gel Plate Printing on 06/12/2025

**KEYWORTH LIBRARY**

Christmas Macrame beginning 19/09/2025

**KIMBERLEY LIBRARY**

Jewellery Making for Beginners on 02/12/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Machine Sewing Festive Creations beginning 07/11/2025

**THE LOCO CENTRE, NETHERFIELD**

Ceramics for Beginners beginning 12/09/2025

Sculpture for Beginners beginning 12/09/2025

Mixed Media Collage Landscape beginning 22/09/2025

Mixed Media for Beginners – Florals beginning 03/11/2025

Ceramics Next Steps beginning 07/11/2025

Sculpture Next Steps beginning 07/11/2025

**MANSFIELD CENTRAL LIBRARY**

Machine Sewing for Beginners - Festive Creations beginning 12/09/2025

Machine Sewing for Beginners - Gnomes beginning 12/09/2025

Needle Felting for Beginners 3D Christmas beginning 27/09/2025

Needle Felting for Beginners 2D Picture-Based beginning 27/09/2025

Button Brooches on 28/09/2025

Machine Sewing - Festive Gifts beginning 03/10/2025

Calligraphy for Beginners beginning 05/11/2025

Needle Felting Next Steps 3D Christmas beginning 08/11/2025

Needle Felting Next Steps 2D Picture-Based beginning 08/11/2025

Watercolour Christmas Cards beginning 19/11/2025

Needle Lace - An Introduction on 23/11/2025

Jewellery Making for Beginners on 13/12/2025

**MANSFIELD WOODHOUSE LIBRARY**

Expressive Landscapes in Acrylics - Advanced beginning 10/09/2025

Drawing for All beginning 10/09/2025

Expressive Still Life in Acrylics - Advanced beginning 05/11/2025

Drawing and Painting Nature beginning 05/11/2025

Needle Lace - An Introduction on 23/11/2025

**NEWARK BUTTERMARKET**

Botanical Printing and Monoprinting - Making Artist’s Books beginning 09/09/2025

Jewellery Making for Beginners beginning 10/09/2025

Needle Felting for Beginners beginning 10/09/2025

Drawing in Pen for Beginners beginning 11/09/2025

Machine Sewing for Beginners - Festive Creations beginning 03/11/2025

Machine Sewing Next Steps - Bags beginning 03/11/2025

Lino Printed Christmas Cards, Gifts and Images beginning 04/11/2025

Crochet for Beginners beginning 05/11/2025

Watercolour Christmas Cards beginning 19/11/2025

**ONLINE**

Art Explored beginning 08/09/2025

Art for Beginners beginning 09/09/2025

Animals in Art beginning 10/09/2025

Mindful Art beginning 11/09/2025

Flower Painting beginning 11/09/2025

Mindful Journalling and Nature beginning 04/11/2025

Garden Painting in Acrylics beginning 06/11/2025

**RETFORD LIBRARY**

Needle Felting for Beginners beginning 08/09/2025

Crochet for Beginners beginning 08/09/2025

Needle Felting for Beginners - Next Steps beginning 03/11/2025

Embroidery for Beginners beginning 03/11/2025

Christmas Macrame beginning 15/11/2025

Button Crafting - Making Historic Buttons beginning 15/11/2025

**SOUTHWELL LIBRARY**

Landscape Painting in Acrylics beginning 09/09/2025

Mixed Media Art for Beginners beginning 09/09/2025

Button Brooches on 27/09/2025

Landscape Painting in Acrylics - Next Steps beginning 04/11/2025

Mixed Media Art - Next Steps beginning 04/11/2025

Exploring Mixed Media beginning 05/11/2025

Lino Printed Christmas Cards, Gifts and Images beginning 05/11/2025

Christmas Macrame on 16/11/2025

Watercolour Christmas Cards on 06/12/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Mosaics for Beginners beginning 08/09/2025

Ceramics for Beginners beginning 11/09/2025

Art for Beginners Max Ernst-style beginning 11/09/2025

Botanical Printing and Monoprinting - Making Artist’s Books beginning 12/09/2025

Flower Arranging for Beginners beginning 15/09/2025

Mosaics for Beginners - Next Steps beginning 03/11/2025

Flower Arranging Christmas beginning 03/11/2025

Needle Felting for Beginners 2D Picture-Based beginning 03/11/2025

Needle Felting for Beginners 3D Christmas beginning 03/11/2025

Ceramics Next Steps beginning 06/11/2025

Art for Beginners beginning 06/11/2025

Lino Printed Christmas Cards, Gifts and Images beginning 07/11/2025

Machine Sewing for Beginners - Festive Creations beginning 08/11/2025

Christmas Macrame beginning 24/11/2025

**WARSOP HEALTH HUB**

Jewellery Making for Beginnners beginning 16/09/2025

Jewellery Making for Beginnners - Next Steps beginning 04/11/2025

**WEST BRIDGFORD LIBRARY**

Needle Felting for Beginners - 2D Picture-Based beginning 23/09/2025

Needle Felting for Beginners - 3D Christmas beginning 23/09/2025 14/10/2025

Christmas Macrame on 18/10/2025

**WEST BRIDGFORD METHODIST CHURCH**

Art for Beginners beginning 11/09/2025

Botanical Printing and Monoprinting - Making Artist’s Books beginning 11/09/2025

Art Next Steps beginning 06/11/2025

Lino Printed Christmas Cards, Gifts and Images beginning 06/11/2025

**WORKSOP LIBRARY**

Bobbin Lace for Beginners beginning 08/09/2025

Macrame for Beginners beginning 08/09/2025

Needle Lace - An Introduction beginning 12/10/2025

Button Brooches beginning 19/10/2025

Christmas Bobbin Lace beginning 17/11/2025

Watercolour Christmas Cards beginning 20/11/2025

# **Cooking**

Rediscover the joy of cooking with our tasty courses! From delicious tray bakes and treats to cuisines from around the world, there’s something to suit every taste.

**ARNOLD LIBRARY**

Edible Gifts and Treats beginning 21/11/2025

**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

Italian Cookery beginning 18/09/2025

Cooking West Indian - Caribbean Curry beginning 24/09/2025

Soups and Breads beginning 05/11/2025

Mexican Cookery beginning 06/11/2025

**HUCKNALL LIBRARY**

Edible Treats and Gifts beginning 19/11/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Edible Treats and Gifts beginning 18/11/2025

**MANSFIELD CENTRAL LIBRARY**

Sugar Craft Roses and Ivy beginning 15/09/2025

Sugar Craft Poinsettias beginning 03/11/2025

**MANSFIELD WOODHOUSE LIBRARY**

Sugar Craft Poppies beginning 16/09/2025

Cupcakes for Beginners beginning 17/09/2025

Christmas Cupcake Toppers beginning 04/11/2025

**RETFORD LIBRARY**

Cupcakes for Beginners beginning 12/09/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Edible Treats and Gifts 17/11/2025

# [**Creative Writing & Literature**](https://www.inspireculture.org.uk/skills-learning/creative-writing-literature-courses/)

Courses for book lovers and writers. Develop your own story, poetry or explore literature with us.

**ARNOLD LIBRARY**

Blogging for Beginners 03/10/2025

**BEESTON LIBRARY**

Creative Writing - Short Stories beginning 12/11/2025

**BURTON JOYCE LIBRARY**

Creative Writing - Short Stories beginning 23/09/2025

**NEWARK BUTTERMARKET**

Poetry for Beginners beginning 11/09/2025

A Harvest of Poetry beginning 11/09/2025

Creative Writing – From the Milky Way to Earth Day beginning 06/11/2025

Getting Cosy with Poetry beginning 06/11/2025

**ONLINE**

Creative Writing - Short Stories beginning 24/09/2025

Creative Writing - Short Stories beginning 28/09/2025

Great Books - An Inspector Calls beginning 03/11/2025

Creative Writing - Short Stories - Next Steps beginning 05/11/2025

Great Books - Pride and Prejudice beginning 05/11/2025

**SOUTHWELL LIBRARY**

Poetry for Beginners 22/09/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Creative Writing - Short Stories beginning 22/09/2025

**WEST BRIDGFORD METHODIST CHURCH**

Contemporary British Poets (Celebrating Diversity) beginning 19/09/2025

Exploring Greek Myths: A Source for Modern Fiction beginning 14/11/2025

# [**Employability & Work Skills**](https://www.inspireculture.org.uk/skills-learning/work-skills-employment-courses/)

Courses to enhance your employability prospects, for a variety of workplaces.

**ARNOLD LIBRARY**

Resilience - Bouncing Back from Life’s Challenges beginning 07/11/2025

Communication Skills beginning 08/11/2025

**BEESTON LIBRARY**

Communication Skills beginning 03/11/2025

**MANSFIELD CENTRAL LIBRARY**

Resilience - Bouncing Back from Life’s Challenges beginning 11/09/2025

Communication Skills beginning 21/10/2025

Setting Up A Holistic Business on 25/10/2025

**NEWARK BUTTERMARKET**

Bookkeeping for Beginners beginning 10/09/2025

Bookkeeping Next Steps beginning 05/11/2025

**ONLINE**

Personal Development and Life Coaching beginning 10/09/2025

Life Coaching Next Steps beginning 12/11/2025

**Stapleford Library and Learning Centre**

Bookkeeping for Beginners beginning 08/09/2025

Bookkeeping Next Steps beginning 03/11/2025

Improvised Comedy beginning 06/11/2025

# [**English & ESOL**](https://www.inspireculture.org.uk/skills-learning/english-esol-courses/)

Build your confidence in using spoken and written English whilst also developing your enjoyment of reading. Our English courses allow you to gain a Functional Skills English qualification.

Our ESOL courses will help you to improve your English skills and your confidence if English is not your first language.

**ARNOLD LIBRARY**

English Functional Skills beginning 09/09/2025

ESOL Intermediate beginning 16/09/2025

First Steps - Reading and Writing beginning 16/09/2025

ESOL Beginner beginning 16/09/2025

ESOL Everyday English beginning 24/09/2025

**BEESTON LIBRARY**

English Functional Skills 11/09/2025

ESOL Beginner 15/09/2025

ESOL Intermediate 16/09/2025

**THE BRIDGE SKILLS HUB, WORKSOP**

ESOL for Work beginning 04/11/2025

**CARLTON FIRE STATION**

ESOL Everyday English beginning 23/09/2025

**EASTWOOD LIBRARY**

English Functional Skills beginning 11/09/2025

**THE GROVE METHODIST CHURCH, RETFORD**

English Functional Skills beginning 10/09/2025

**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

English Functional Skills beginning 11/09/2025

**MANSFIELD CENTRAL LIBRARY**

English Functional Skills beginning 08/09/2025

ESOL Beginner beginning 16/09/2025

ESOL Intermediate beginning 16/09/2025

First Steps - Reading and Writing beginning 18/09/2025

**NEWARK BUTTERMARKET**

ESOL for Work beginning 09/09/2025

English Functional Skills beginning 10/09/2025

ESOL beginning 16/09/2025

**ONLINE**

Grammar and Punctuation beginning 08/09/2025

English Functional Skills beginning 09/09/2025

English Functional Skills beginning 10/09/2025

English Functional Skills beginning 11/09/2025

English Functional Skills beginning 11/09/2025

ESOL Everyday English for Beginners - Part 1 beginning 18/09/2025

ESOL Everyday English beginning 24/09/2025

ESOL Everyday English beginning 25/09/2025

ESOL Reading E1-E3 Online beginning 26/09/2025

English Functional Skills - Intensive beginning 04/11/2025

English Functional Skills beginning 05/11/2025

ESOL Everyday English beginning 12/11/2025

**RUDDINGTON LIBRARY**

ESOL Everyday English 16/09/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

English Functional Skills beginning 08/09/2025

ESOL beginning 15/09/2025

GCSE English Language beginning 16/09/2025

**WEST BRIDGFORD LIBRARY**

English Functional Skills beginning 08/09/2025

ESOL beginning 16/09/2025

**WORKSOP LIBRARY**

English Functional Skills beginning 09/09/2025

ESOL - Everyday English beginning 16/09/2025

ESOL for Work beginning 18/11/2025

## [**Family Learning**](https://www.inspireculture.org.uk/skills-learning/online-family-learning/)

Designed for parents and carers to learn enjoyable strategies to understand, support and help develop their children’s learning. Some courses are for adults only, specifically designed for family members to positively support their children.

**GEDLING LIBRARY**

Music Making for Early Years - Autumn beginning 11/09/2025

Music Making for Early Years - Nursery Rhymes and Christmas beginning 06/11/2025

**HUCKNALL LIBRARY**

Music Making for Early Years - Autumn beginning 09/09/2025

Music Making for Early Years - Nursery Rhymes and Christmas beginning 04/11/2025

**MANSFIELD CENTRAL LIBRARY**

Makaton Signing for Babies and Families beginning 10/09/2025

Music Making for Early Years - Autumn beginning 10/09/2025

Music Making for Early Years - Nursery Rhymes and Christmas beginning 05/11/2025

**MANSFIELD WOODHOUSE LIBRARY**

Baby Sensory Explorers beginning 07/11/2025

Music and Signing (British Sign Language) beginning 07/11/2025

**NEWARK BUTTERMARKET**

Music and Signing (British Sign Language) beginning 12/09/2025

**NEWARK LIBRARY**

Baby Sensory Explorers beginning 12/09/2025

**ONLINE**

SEND Awareness beginning 05/11/2025

Autism - All About Me Book beginning 05/11/2025

**RETFORD LIBRARY**

Baby Sensory Explorers beginning 10/09/2025

Music and Signing (British Sign Language) beginning 10/09/2026

**WORKSOP LIBRARY**

Baby Sensory Explorers beginning 09/09/2025

Music and Signing (British Sign Language) beginning 04/11/2025

# [**Health & Wellbeing**](https://www.inspireculture.org.uk/skills-learning/online-health-and-wellbeing-courses/)

Courses designed to boost both your physical and mental wellbeing. Discover complementary therapies, learn about food and nutrition, mindfulness and meditation. Get moving with us or learn more about looking after yourself.

Arnold Library

Improve Your Wellbeing on 11/10/2025

Mindfulness and Mental Health beginning 07/11/2025

Beeston Library

Complementary Therapies 10/09/2025

**BINGHAM LIBRARY**

Yoga for Osteoporosis beginning 12/09/2025

Yoga for Osteoporosis beginning 12/09/2025

**EASTWOOD LIBRARY**

Hand Reflexology for Beginners beginning 06/11/2025

**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

Reiki 1 beginning 10/09/2025

Complementary Therapies beginning 12/09/2025

Reiki 2 Okuden beginning 05/11/2025

**HUCKNALL LIBRARY**

Improve Your Wellbeing on 13/12/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Reiki 1 Shoden 12/09/2025

Mindful Meditation 12/09/2025

**MANSFIELD CENTRAL LIBRARY**

Reiki 1 beginning 08/09/2025

Mindfulness for Beginners beginning 08/09/2025

Reiki 2 beginning 03/11/2025

Mindfulness for Beginners - Next Steps beginning 03/11/2025

Mindful Meditation beginning 08/11/2025

**MANSFIELD WOODHOUSE LIBRARY**

Complementary Therapies beginning 05/11/2025

Meditation for Beginners beginning 05/11/2025

**MILLGATE COMMUNITY CENTRE, NEWARK**

Yoga for Osteoporosis on 09/09/2025

**ONLINE**

Mindful Meditation beginning 10/09/2025

Mindful Journalling and Nature beginning 04/11/2025

Meditation in Practice beginning 05/11/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Hand Reflexology for Beginners beginning 11/09/2025

Improve Your Wellbeing beginning 03/11/2025

**WEST BRIDGFORD METHODIST CHURCH**

Yoga for Osteoporosis beginning 12/09/2025

**WEST BRIDGFORD LIBRARY**

Healthy Gut Healthy Mind on 11/09/2025

Improve Your Wellbeing on 15/11/2025

**WORKSOP LIBRARY**

Reiki 1 beginning 06/11/2025

Meditation in Practice beginning 06/11/2025

# [**IT & Digital Skills**](https://www.inspireculture.org.uk/skills-learning/it-digital-skills-courses/)

Become computer savvy, from coding to internet safety to the basics of Microsoft Office.

**BINGHAM LIBRARY**

Digital Functional Skills - Level 1 beginning 12/09/2025

**BEESTON LIBRARY**

Smartphone Photography for Beginners on 04/10/2025

Smartphone Photography Next Steps on 22/11/2025

Digital Functional Skills - Entry Level beginning 08/09/2025

Computer and Internet Basics on 11/09/2025

Coding for Beginners (Python) on 11/09/2025

Online Basics - Using Google on 13/09/2025

Online Basics – Email on 11/10/2025

Word Processing Software - Level 1 Award on 06/11/2025

Spreadsheet Software - Level 1 on 06/11/2025

Online Basics - Microsoft Teams on 08/11/2025

Online Basics - AI for Beginners (ChatGPT) on 13/12/2025

**THE BRIDGE SKILLS HUB, WORKSOP**

Canva Templates for Business on 02/09/2025

AI for Business including Generative AI on 09/09/2025

Cyber Security and GDPR (Data Protection) on 16/09/2025

Making the Most of Microsoft Teams on 23/09/2025

The Internet of Things (IoT) for Business on 30/09/2025

Buying and Selling Online on 07/10/2025

**EASTWOOD LIBRARY**

Computer and Internet Basics 12/09/2025

**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

Digital Functional Skills - Level 1 beginning 11/09/2025

Computer and Internet Basics beginning 12/09/2025

Excel Spreadsheets for Work - Beginners beginning 07/11/2025

**HUCKNALL LIBRARY**

Computer and Internet Basics 09/09/2025

Word Processing for Beginners 04/11/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Smartphone Usage for Beginners beginning 25/09/2025

Computer and Internet Basics beginning 23/10/2025

Digital Skills for Wellbeing and AI Meal-Planning beginning 27/11/2025

**MANSFIELD CENTRAL LIBRARY**

Word Processing Software - Level 1 Award beginning 11/09/2025

Spreadsheet Software - Level 1 beginning 16/10/2025

Using Email - Level 2 beginning 20/11/2025

**NEWARK BUTTERMARKET**

Computer and Internet Basics beginning 08/09/2025

Excel Spreadsheets for Work - Beginners beginning 03/11/2025

**ONLINE**

Coding for Beginners (Python) beginning 10/09/2025

Excel Spreadsheets for Work - Beginners beginning 10/09/2025

Excel Spreadsheets for Work - Beginners beginning 30/09/2025

Excel Spreadsheets for Work - Intermediate beginning 01/10/2025

Excel Spreadsheets for Work - Intermediate beginning 04/11/2025

Excel Spreadsheets for Work - Advanced beginning 05/11/2025

Excel Spreadsheets for Work - Advanced beginning 25/11/2025

AI - ChatGPT/Copilot for Beginners beginning 26/11/2025

AI for Business beginning 02/12/2025

Canva Templates for Work beginning 17/12/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Spreadsheet Software - Level 1 beginning 08/09/2025

Coding for Beginners (Python) beginning 03/11/2025

Presentation Software - Level 2 beginning 03/11/2025

**RETFORD LIBRARY**

Smartphone Usage for Beginners beginning 04/11/2025

Using the NHS App and Website for Beginners 02/12/2025

**WEST BRIDGFORD LIBRARY**

Word Processing for Beginners beginning 09/09/2025

Computer and Internet Basics beginning 17/09/2025

Spreadsheet Software - Level 1 beginning 04/11/2025

AI for Business beginning 02/12/2025

**WORKSOP LIBRARY**

Using the Internet beginning 08/09/2025

Digital Functional Skills - Entry Level beginning 08/09/2025

Using the Internet beginning 29/09/2025

Introduction to Gen AI on 21/10/2025

Online Safety and GDPR (Data Protection) Basics on 03/11/2025

Internet Safety for Parents (Child Phone Use) on 10/11/2025

What is “the Cloud”?  on 25/11/2025

# [**Languages**](https://www.inspireculture.org.uk/skills-learning/languages-courses/)

Learn a new language and improve your conversational ability.

**ARNOLD LIBRARY**

Spanish for Beginners beginning 11/09/2025

**BINGHAM LIBRARY**

French - Next Steps beginning 18/09/2025

**BEESTON LIBRARY**

Spanish for Beginners Part 1 beginning 12/09/2025

**BURTON JOYCE LIBRARY**

French for Beginners beginning 08/09/2025

**MANSFIELD CENTRAL LIBRARY**

Spanish for Beginners beginning 09/09/2025

**NEWARK BUTTERMARKET**

French for Beginners beginning 19/09/2025

**ONLINE**

Spanish for Beginners - Part 1 beginning 15/09/2025

Spanish Intermediate - Part 1 beginning 17/09/2025

French for Beginners beginning 17/09/2025

Spanish for Holidays beginning 18/09/2025

Spanish Next Steps - Part 1 beginning 19/09/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Spanish for Beginners beginning 11/09/2025

**WEST BRIDGFORD LIBRARY**

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[**Maths**](https://www.inspireculture.org.uk/skills-learning/maths-courses/)

Boost your skills, CV and job prospects with our Functional Skills courses in maths.

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Functional Skills Maths Level 1 and 2 beginning 10/09/2025

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**HIGH PAVEMENT, SUTTON-IN-ASHFIELD**

Functional Skills Maths beginning 10/09/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Functional Skills Maths beginning 10/09/2025

**MANSFIELD CENTRAL LIBRARY**

Functional Skills Maths Level 1 and 2 beginning 09/09/2025

Functional Skills Maths Entry Level beginning 09/09/2025

**NEWARK BUTTERMARKET**

Functional Skills Maths Level 1 and 2 beginning 08/09/2025

Functional Skills Maths Entry Level beginning 06/11/2025

**ONLINE**

Functional Skills Maths Intensive Level 2 beginning 09/09/2025

Functional Skills Maths Level 1 and 2 beginning 09/09/2025

Functional Skills Maths Level 1 and 2 beginning 10/09/2025

Functional Skills Maths Level 1 and 2 beginning 11/09/2025

GCSE Maths beginning 12/09/2025

Functional Skills Maths Level 1 and 2 beginning 07/11/2025

**STAPLEFORD LIBRARY AND LEARNING CENTRE**

Functional Skills Maths beginning 08/09/2025

Functional Skills Maths beginning 11/09/2025

**WEST BRIDGFORD LIBRARY**

Functional Skills Maths beginning 08/09/2025

**WORKSOP LIBRARY**

Functional Skills Maths beginning 08/0

# [**Music**](https://www.inspireculture.org.uk/skills-learning/music-courses/)

Develop your musical talent with us. Learn an instrument or get in tune with music theory and history.

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Keyboards for Beginners beginning 16/09/2025

Music Theory for Beginners beginning 16/09/2025

Music Theory for Beginners - Next Steps beginning 16/09/2025

Advanced Music Theory beginning 17/09/2025

**SOUTHWELL LIBRARY**

Singing for Wellbeing beginning 08/09/2025

# [**Science, Social Science & Humanities**](https://www.inspireculture.org.uk/skills-learning/science-social-sciences-humanities-courses/)

Take a walk through history, get political, analyse myths, explore mind and body. Learn how the world and society work.

**ARNOLD LIBRARY**

Researching Family History - An Introduction beginning 12/09/2025

**BEESTON LIBRARY**

Psychology - An Introduction beginning 12/11/2025

**KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE**

Tracing Your Ancestors Using the Census beginning 08/11/2025

**MANSFIELD CENTRAL LIBRARY**

Astronomy - An Introduction beginning 11/09/2025

**NEWARK BUTTERMARKET**

The Six Wives of Henry VIII beginning 04/11/2025

**NEWARK LIBRARY**

Suffragettes - An Introduction beginning 04/10/2025

Ration Books and Blackouts: Life on the Home Front in Nottinghamshire during WW2 beginning 09/10/2025

Bess of Hardwick - An Introduction beginning 05/11/2025

Nottinghamshire’s History beginning 05/11/2025

**ONLINE**

Psychology - an Introduction beginning 06/09/2025

British Government - How it all Works beginning 06/09/2025

Human Biology - Part 1 beginning 16/09/2025

Psychology - People and Relationships beginning 26/10/2025

Diet and Nutrition beginning 03/11/2025

Positive Psychology for Wellbeing beginning 07/11/2025

Human Biology - Part 2 beginning 11/11/2025

UK vs USA - How Their Governments Work beginning 18/11/2025

**WEST BRIDGFORD LIBRARY**

Psychology - An Introduction beginning 07/09/2025

The History of Robin Hood beginning 10/09/2025

Nottinghamshire’s History beginning 10/09/2025

Psychology - People and Relationships beginning 27/09/2025

Ration Books and Blackouts: Life on the Home Front in Nottinghamshire during WW2 beginning 07/10/2025

Botany - How Plants Work beginning 04/11/2025

Ecology and Ecosystems - A Beginner’s Guide beginning 25/11/2025

# [**Accredited Courses**](https://www.inspireculture.org.uk/skills-learning/accredited-courses-level-1-and-2/)

If you’re looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, health, social care and education, and business and management,

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Preparing to Work in Schools - Level 1 Award beginning 08/09/2025

Information, Advice or Guidance (IAG) - Level 3 Certificate beginning 08/09/2025

Mental Health Awareness - Level 1 Award beginning 09/09/2025

Counselling Skills - Level 2 Certificate beginning 09/09/2025

Introduction to Health and Social Care - Level 1 Award beginning 09/09/2025

Health and Safety Awareness - Level 1 beginning 09/09/2025

Access to HE Health and Social Care - Level 3 beginning 10/09/2025

Stress Awareness - Level 1 Award beginning 10/09/2025

Support Work in Schools and Colleges - Level 2 Award beginning 15/09/2025

Mentoring - Level 1 Award beginning 15/09/2025

Diploma in Counselling Skills - Level 3 beginning 15/09/2025

Preparing to Work in Schools - Level 1 Award beginning 16/09/2025

Mental Health Awareness - Level 2 Certificate beginning 16/09/2025

Coaching and Mentoring - Level 3 Certificate beginning 16/09/2025

Understanding Child and Young People’s Mental Health - Level 2 Certificate beginning 17/09/2025

Principles of Team Leading - Level 2 Certificate beginning 22/09/2025

User Experience and User Interface (UX/UI) - Level 3 beginning 22/09/2025

Diploma in Management Skills and Knowledge - Level 3 beginning 23/09/2025

Award in Education and Training - Level 3 (AET) beginning 23/09/2025

Diploma in Counselling Skills - Level 3 beginning 24/09/2025

Assessing Vocationally Related Achievement - Level 3 Award beginning 20/10/2025

Health and Social Care - Level 2 Certificate beginning 04/11/2025

Time Management and Problem Solving - Level 1 Award beginning 05/11/2025