

Inspire College

Culture | Learning | Libraries



DISCOVER DETAILS
OF OUR BRAND NEW
COURSES INSIDE!

Ofsted
Good rating

**Aged
16 - 19***
in Nottinghamshire?

inspireculture.org.uk/college
learning@inspireculture.org.uk
0115 804 3611

*Up to 24 with an Education, Health and Care Plan (EHCP)

Find out more



 @InspireLearning1624

#BeInspired #InspireLearning

Welcome to Inspire College

Inspire College prepares young people not only for the world of work and further education, but for life.

"I'm extremely proud to be part of an organisation that has such a positive, life changing effect on the lives of so many young people across the county. It's an honour to lead a team of professionals who dedicate their working lives for the benefit of our learners and their progress. The 'extra mile' our staff go each and every day, enabling all of our young people to thrive and feel they belong, is what makes our college unique. The relationships our young people form with our staff is the vital ingredient, enabling them to succeed where they may have struggled in the past. Whatever your barriers to education, whatever negative experiences you've had in the past, I'm positive that you'll find our approach to your education a fresh and encouraging start. The rest is up to you!"

Simon Cook

Inspire College Manager



DID YOU KNOW?

WE CAN HELP COVER:

Meal, travel and other costs – as well as give you individualised help and support to reach realistic but challenging targets.

Reasons to choose Inspire College:

Small class sizes

Experienced staff who care about your progress and wellbeing

Individualised support

Inspiring courses in a range of subjects, plus work placements, volunteering opportunities, traineeships, and outings!

You can earn up to £100 a month just for studying with us and child benefit is not affected

Public transport travel expenses covered/ reimbursed

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Case Study: Learner at Hucknall

"What I love about Inspire College is that it's very easy-going and they always make sure to keep you together. When they're teaching, they ensure that you understand and that you're following – they're very nice! If I were to look back from September to now, I would say that I'm more easy-going, and I know what I want to do. It feels really nice and empowering."

Work Experience

Work Experience is a vital ingredient of the Study Programmes offered at Inspire College and is tailored to suit the needs and experience of each individual young person.

It could be that you are yet to take your first steps into the workplace. It could be that you feel you're much closer to a job and are ready to take on something more substantial, such as two or three days a week with an employer over the period of a few months. Either way, we'll support you to reach your potential and your personal goals.

Inspire College recognises that a 'one size fits all' approach to work experience just doesn't work and we listen to your concerns and your ambitions to provide the best experience for you, regardless of your starting point.



Meet the Tutor: Jodi

Jodi is currently a tutor for our Access All Areas course in Mansfield

"I joined the Inspire team in December 2022 and am currently a tutor for Inspire College's Workshop group. I have worked in Education for over 20 years and have had lots of experience in teaching and supporting young people with additional needs.

The course that the learners are working towards is designed to teach both the academic and life skills needed to help learners to reach their full potential. We ensure all lessons are fun and engaging and the best thing about my role is being able to support the learners with their journey to becoming more independent and successful young adults."



Enrichment and Community Projects

Below are just some of the enrichment and community projects you can get involved in throughout your time with us.

Forestry England

Our learners worked with Forestry England to develop outdoor and forestry skills, like shelter building, cooking, crafts and animal identification. They got to visit their local woodlands and find out more about the nature on our Nottinghamshire doorstep!



Helping the Community

Our local communities are a huge part of Inspire College. We love to go out and help – whether that's raising money for charities or even just cleaning up our local area.



Fun Projects

We work with local businesses and groups to provide interesting and fun projects for our students! In the past we've had students do social media takeovers for the Bassetlaw Museum, learn to sew cushion covers at Whitemeadow Furniture, been involved in the Point of View project, and more!

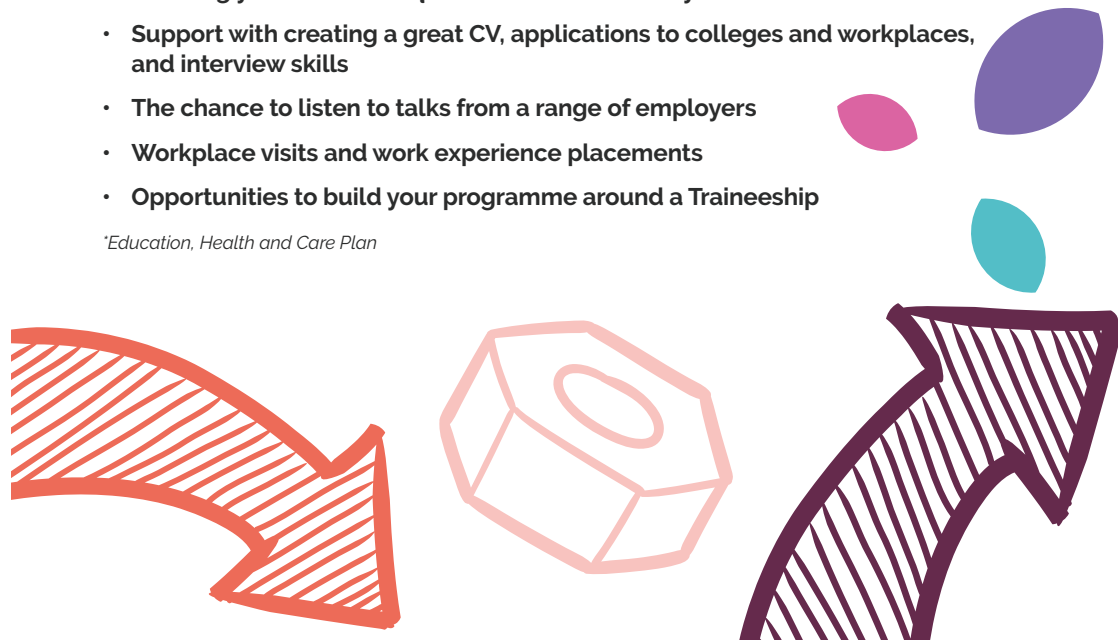


Information, Advice and Guidance

Our expert careers adviser can give you dedicated one-to-one support to help you decide your next steps after our courses. This includes:

- Ensuring you have the required skills needed for your chosen career
- Support with creating a great CV, applications to colleges and workplaces, and interview skills
- The chance to listen to talks from a range of employers
- Workplace visits and work experience placements
- Opportunities to build your programme around a Traineeship

**Education, Health and Care Plan*



Work experience case study: Katie



Learner at from Sutton-in-Ashfield

"I went to Inspire College to study Health and Social Care Level 2 and Level 3, as well as GCSE English, and Functional Skills Mathematics and I was fortunate to be able to complete two work experience placements, one in an adult care home setting and one in a day care centre. I thoroughly enjoyed my work experience placements and whilst completing them, I was able to use the skills and knowledge of person-centred care that I had attained during my course work, especially the safeguarding, equality, and diversity, understanding individual care needs units."

Employability and Personal and Social Development Entry 3, Level 1 and Level 2*

We work with young people with a range of barriers to learning such as anxiety, behavioural issues, learning difficulties, social and emotional issues and disabilities.

We will enable you to gain further training or employment and to be responsible citizens who make a positive contribution to society. Above all, we aim to make learning with us fun, engaging and most of all, fulfilling, giving you the tools to make the next step in your journey.

AIM Awards Employability Skills are designed to encourage the development of values and personal attributes which contribute to success in the work place and support you to become emotionally, socially and physically healthy.

You will work towards AIM Awards consisting of different combinations of units, which aim to cultivate a positive attitude towards work and other people.

Award in Personal and Social Development includes:

- Healthy Living
- Interpersonal Skills

Certificate in Progression in Employability includes:

- Stress Management
- Emotional Resilience
- Career Planning
- Health and Safety in the Workplace
- Assertiveness and Decision Making

You will also take part in a range of enrichment activities which promote an understanding of equality, diversity and inclusion, and British Values.

(*dependent on base)



Future Options:

- Other Vocational Courses
- Traineeship
- Employment

Locations:

- Worksoop Library
- Retford Young People's Centre
- MyPlace @ Westfield Folkhouse Mansfield
- Hucknall Young People's Centre
- High Pavement House, Sutton-in-Ashfield
- Eastwood Young People's Centre
- Stapleford Young People's Centre
- Hawtonville Young People's Centre, Newark



City & Guilds Level 1 Certificate: Introduction to the Hospitality Industry

Are you interested in working in the Food and Drink Industry? Do you like talking to and meeting new people or do you like to work behind the scenes?

Sutton has lots of work placements and jobs to offer in the food, drink, entertainment and hospitality industry. You might want to work as a barista, kitchen assistant, waiting staff or hotel receptionist.

During your time with us you'll cover subjects such as: customer service; serving food and drink; using kitchen equipment; basic food preparation; and food safety.

No experience is necessary to join.

You can expect:

- Tutors to use the most up-to-date teaching resources to make the classroom lively, fun and entertaining!
- Some classroom work – you can write, or word process your work using laptops
- Practical food preparation and storage, cookery sessions with your tutor, in small groups
- Visits relating to the hospitality industry such as local hotels and restaurants
- Prepare for work placement by working in our small friendly café at High Pavement, ready for work placement or community projects

Future Options:

- Level 2 Diploma in Hospitality Services
- Traineeship
- Apprenticeship
- Level 2 courses
- Employment

Location:

- High Pavement House, Sutton-in-Ashfield



NCFE CACHE Award in Caring for a Child/Children Level – Entry 3

Are you interested in developing the next generation through a fun and rewarding career in early years? Then we have the perfect course to start you on your journey.

You will learn through a combination of classroom and simulated experiences, as well as improving your Maths and English qualifications.

The course will simulate your interest and enable you to understand the skills needed to care for a baby or young child in a professional setting.

You can expect:

- To take part in practical activities, such as cooking and healthy eating for children, using play dough and painting.
- To acquire new skills and knowledge including communication with children and adults.
- To learn about safeguarding and health and safety requirements.

Future Options:

- Level 1 Award/ Certificate in Caring for Children
- Level 1 Award/ Certificate in Introduction to Health, Social Care in Children and Young People's Settings
- Employment

Location:

- High Pavement House, Sutton-in-Ashfield

Learn in state of the art facilities at our new centre in
High Pavement House, Sutton-in-Ashfield!



Digital Promotion for Business – Level 2

This course covers a range of topics and enables you to develop your understanding of how to use different digital and offline techniques to attract customers to a business and convert online searches to sales, as well as practising and improving your IT skills.

You could also boost your CV and career opportunities with a work-related qualification.

Topics covered include:

- Social media
- Search Engine Optimisation
- Producing digital content

And insights into digital media and it's place in the world.

You will benefit from a supportive, relaxed learning environment with excellent support, learning through formal learning activities, projects, presentations and practical work.

With the growth of digital technology, this qualification will enable you to make use of ICT within a number of job roles where use of digital technology is a required knowledge and skill set.

Future Options:

- Level 3 City & Guilds Qualification
- Traineeship
- Apprenticeship
- Employment

Location:

- MyPlace @ Westfield Folkhouse, Mansfield

DID YOU KNOW?

...that nearly 80% of the UK workforce use IT in the workplace? IT improves productivity and organisations are using digital technologies to save almost 20% of time in their working week.



Maths and English

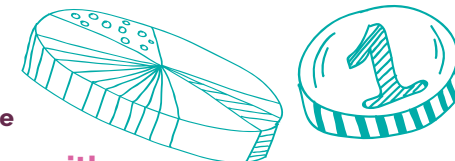
Included alongside your main study programme

Employers are looking for candidates with qualifications in Maths and English, and the underpinning skills that these give, so they can be sure that you can operate with confidence in a working environment.

Employers want to see young people who are confident with numbers, able to communicate effectively, and who can understand written and verbal instructions. Therefore, Maths and English are a key part of our Study Programmes.

We provide GCSEs (9-1) in English Language and Mathematics. Depending upon your previous grades and experience, we'll place you on a Maths and English programme that suits you. This could be Functional Skills, or GCSE.

Functional Skills aim to place Maths and English within real world contexts, whether in the workplace or just your everyday life. It could relate to working out the right amount of wallpaper to buy, the number of bricks to use, or it could be writing a job application or a letter of complaint to your local MP! The emphasis is on **FUNCTIONAL** – the things that help you function effectively at work and in life.



DID YOU KNOW?

We provide GCSEs (9-1) in English Language and Maths, and have a resit pass rate that is above the national average.

Inspire College Students: GCSE Testimonies

"I'm so proud of myself, as I've passed my GCSEs after years of trying in school. I think for me Inspire has really helped because it gives students the chance to get the qualifications they need to move forward.

I passed with the help of all of the teachers, who are so supportive, and because it's a smaller group, they have more time to focus on you and help you to build up your skills and your confidence. The GCSE teacher was amazing and really supportive – they definitely give you the chance to do your best and I'm just so proud that I've put the work in and passed.

Next I'm thinking of doing my A-Level in teaching. Everywhere expects you nowadays to have these qualifications and I wouldn't be able to do my A-Level without my GCSE in English.

In secondary school I struggled really badly with anxiety, I couldn't leave the house. I came to Inspire College in Mansfield, and it was the best place I've been to. The tutors were supportive and understanding of mental health. My tutor basically would not let me give up, and that's the reason I've passed. It's not just my grades – I can leave the house, get a bus, and I have friends. I didn't have any of that before."



Level 1 in Bricklaying and Construction

Interested in pursuing a career in construction? Our course at Sutton-in-Ashfield could provide you with your first steps into the industry.

New students will enter at Level 1. Progression throughout the course will be assessed by the completion of theory and practical work modules.

No final test examinations are required to complete the learning, just ongoing evidence of you performing real construction tasks, such as:

- Learning the mandatory health and safety requirements for all persons working in industry
- Learning, using and developing brickwork trowel skills
- The basic principles of brickwork construction, setting out, building level, plumb and to gauge
- Building half brick wide walls, one brick wide walls, cavity walls and block walling

Future Options:

- Level 2 Course in Bricklaying
- Other Vocational Courses
- Traineeship
- Apprenticeship
- Employment

Location:

- High Pavement House, Sutton-in-Ashfield



Learn in state of the art facilities at our new centre in High Pavement House, Sutton-in-Ashfield!

Level 1 in Joinery

Want to learn the skills and progress in the vocational areas of Carpentry and Joinery?

Many learners in the past have moved on from here to gain employment within the industry. You will gain the skills needed to be competent in this vocational area.

Skills such as:

- Health and safety in the workplace
- Knowledge of hand tools
- Knowledge of basic joinery processes
- Knowledge of fixings and materials

Your skills will be assessed over the year rather than having an end test.

Our programmes also give you a chance to develop skills such as communicating with others, working as a part of a team, improving your confidence before you take that next step towards becoming employed.

Future Options:

- Level 2 Carpentry and Joinery
- Other Vocational Courses
- Traineeship
- Apprenticeship
- Employment

Location:

- High Pavement House, Sutton-in-Ashfield



Learn in state of the art facilities at our new centre in High Pavement House, Sutton-in-Ashfield!

NCFE Health and Social Care Level 1

Our Level 1 Health and Social Care programme will introduce you to the sector by exploring the range of roles, provisions and personal qualities.

We aim to build an awareness of the protection of vulnerable adults and the safeguarding of children and look at the policies and procedures that are in place to support this.

You can expect to learn:

- Signs of harm, abuse and neglect and know what to do if you encounter these
- To identify verbal and non-verbal communication and methods that may help to remove barriers
- The importance of equality and inclusion in care and how carers can ensure this takes place
- The laws that enforce equality and inclusion

Specific to children, you can expect to learn:

- The expected pattern of growth and development (0-19 years)
- Communication
- Intellectual, social, emotional and behavioural factors that may affect physical growth and development
- The effects of ageing later in life

You will be introduced to dementia and why it is important to recognise and value individuals with dementia. You will look at the causes, effects on family members and carers and the benefits of effective communication.

The course also offers the opportunity to develop techniques to facilitate communication with those living with dementia.



Future Options:

- Level 2 Health and Social Care
- Other vocational courses
- Traineeship
- Apprenticeship
- Employment

Locations:

- High Pavement House, Sutton-in-Ashfield
- MyPlace @ Westfield Folkhouse, Mansfield



NCFE Health and Social Care Level 2

As part of the Level 2 programme, you will achieve a Level 2 Certificate in Preparing to Work in Adult Social Care, gaining in-depth knowledge and understanding of the 9 main topics that are relevant to working in the adult social care sector, such as:

- Introduction to duty of care in health, social care or children's and young people's settings
- Principles of communication in adult social care settings
- Principles of personal development in adult social care settings
- Principles of diversity, equality and inclusion in adult social care settings
- Principles of safeguarding and protection in health and social care
- Understanding the role of the social care worker
- Understanding person centred approaches in adult social care settings
- Understanding health and safety in social care settings
- Understanding how to handle information in social care settings

This is an excellent opportunity to learn how to apply the principles of person-centred approaches in a safe and effective manner.

Learn in state of the art facilities at our new centre in
High Pavement House, Sutton-in-Ashfield!



Future Options:

There are opportunities to accredit prior learning should you continue your learning via a traineeship or apprenticeship, providing you with a great starting point for a career in adult social care.

You can even go on to an Access to Higher Education course. Find out more at inspireculture.org.uk/accesstohe

Location:

- MyPlace @ Westfield Folkhouse, Mansfield



Level 1 Sport

Are you interested in working in the sports industry?

Do you have a passion for keeping fit and encouraging others to engage in sport?

Are you prepared to challenge yourself, build confidence and work collectively as a team? If so, don't miss out – come join a new and exciting full-time Sports programme at Hucknall Young People's Centre.

Topics covered include:

- Taking part in sport
- Sports coaching
- Effect of exercise on human body systems
- Strength and conditioning
- Health and nutrition

Future Options:

- Employment
- Traineeship
- Further Education

Location:

- Hucknall Young People's Centre



Access All Areas (AAA) – Personal and Social Development

The Access All Areas (AAA) programme was created to help young people with learning difficulties and disabilities improve their skills and independence.



Future Options:

- Vocational Courses
- Traineeship

Locations:

- MyPlace @ Westfield Folkhouse, Mansfield

Young people are encouraged, supported and trained to take control of their own life and create a path forward for themselves by following our tailored programmes.

We cover many subjects throughout the year.

You can expect to learn:

- Personal and emotional resilience
- Work placements
- Building confidence and self-esteem
- Independent living skills
- Health and safety



Case study: Megan

AAA Learner

"I like the Inspire course because it helps me with my confidence skills, it helps me with my writing, and it's really enjoyable.

My tutor Becky is brilliant because she helps me with my work, and she's really kind – she has a kind personality and is a kind human being. She's a really good teacher!

I've changed a lot! I'm more confident than I was in September, and I've made more friends than I have ever made in my life. College is better than school because I used to get bullied in school, and College has really helped me overcome bullying and is a lot better for me.

People should come to Inspire College because it's the best college in the world!"

BE INSPIRED!

Learn local, go far!

NEW
COURSE
GUIDE
Out Now!

RECOGNISED
QUALIFICATIONS

FREE*
AND LOW
COST

IN-PERSON
OR
ONLINE

Inspire Adult Learning have hundreds of free* and low-cost courses for adults across Nottinghamshire and online.

Whether you want to progress your career with a recognised qualification, or you're just looking to have fun, Inspire's adult learning courses are for everyone. There's a huge range of subjects available – from maths, IT, science and English, to local history, languages, music, arts and crafts. Try a tasty cooking class, learn to play guitar, brush up on your Italian, become an expert bookkeeper, discover your inner poet, master an Excel spreadsheet, or get fit!

Depending on your circumstances, many courses will be free or low-cost, with accredited courses fully funded for those in receipt of certain benefits, so you can try as many as you like!

Pick up a course guide today in your local library, or view all our courses online at inspireculture.org.uk/learning

Maths | English | Digital Skills | Music | Languages | Arts & Crafts and more

Career Boosting!

Accredited Courses with Inspire Adult Learning

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career boosting courses. We have courses in volunteering, teaching, coding, digital skills, counselling, and mentoring. Some even have funding available so your course could be fully or part-funded.

Find out more at inspireculture.org.uk/accredited

Volunteering | Teaching | Coding | Digital Skills | Counselling | Mentoring

Enrolling Now!

Access to HE in Health and Social Care

If you'd love a career in nursing, midwifery, mental health, social work or occupational therapy, but you don't yet have the qualifications you need for university, this course is for you. If you don't have the GCSEs, don't worry – we'll help you to work towards Functional Skills qualifications in maths and English. Our current pass rate is 100%, and we have links with local universities that can help you to take that next step!

Find out more at inspireculture.org.uk/accesstohe

Nursing | Midwifery | Mental Health | Social Work | Occupational Therapy



Traineeships

A Traineeship is a study programme for young people aged 16-24 who want to spend less time in the classroom and more time in the workplace. They're designed to help you gain the vital experience and skills to improve your chances of getting an apprenticeship or employment.

Traineeships can last up to a year and enhance your CV and will include:

Work preparation and employability training provided by us at one of our 8 bases.

Support from an Inspire College tutor, as well as a sector based work placement mentor.

An English and Maths qualification (even if you've already gained a C or a 4, you can still work towards Functional Skills to add that extra value to your CV).

A high-quality work experience placement with an employer. Inspire have a number of established employers who offer opportunities to our young people each year.

In addition to these basic elements, you'll cover Equality, Diversity and Inclusion and British Values, which are vital in the modern workplace.

At the end of the traineeship, each young person will be guaranteed a job interview at that workplace if a role becomes available, or an exit interview together with support from their tutor to help them secure an apprenticeship or a position with another employer.



Case study: Kieran

Traineeship Placement at Unity Engineering

"It's been a fantastic placement; I've got on well with everyone here and I've built up my confidence by doing things I've not done before. It's been a fantastic taste of what work in the engineering world is like.

It's quite fascinating really."

How to Enrol with Us

Call: 0115 804 3611

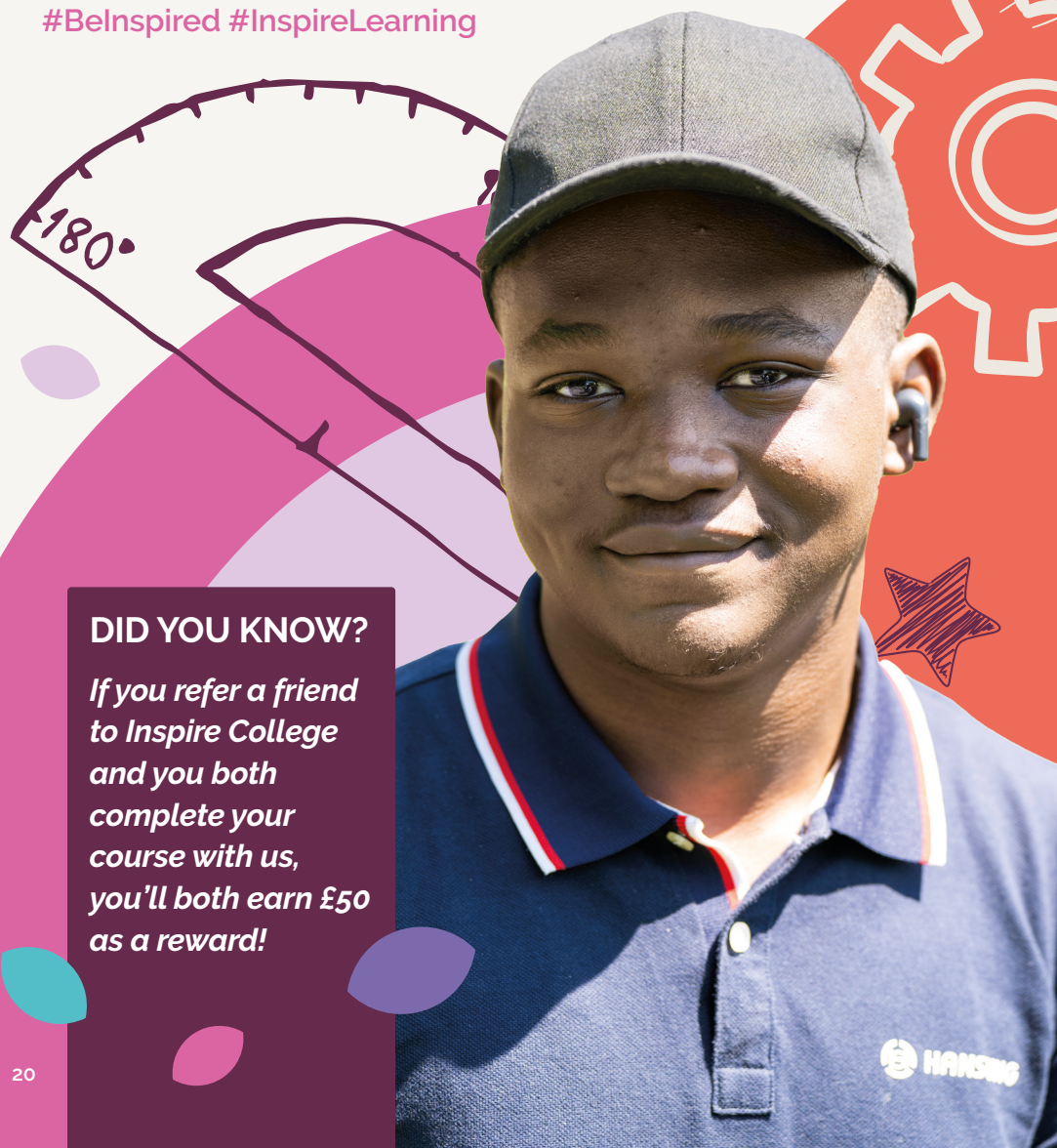
Email: learning@inspireculture.org.uk

Visit: inspireculture.org.uk/college

 @InspireLearning1624

#BeInspired #InspireLearning

ENROL NOW!



DID YOU KNOW?

If you refer a friend to Inspire College and you both complete your course with us, you'll both earn £50 as a reward!

[INSPIRE CULTURE.ORG.UK/MUSIC HUB](https://inspireculture.org.uk/music hub)

LED BY INSPIRE MUSIC AND NOTTINGHAM MUSIC SERVICE

NOTTINGHAM AND NOTTINGHAMSHIRE MUSIC HUB

Working together to provide the best music making opportunities for children and young people in Nottingham and Nottinghamshire



Learn to sing

Play a musical instrument

Take part in music projects

Join a music group

FREE music resources



Supported using public funding by



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ALL YOUNG PEOPLE HELD
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- ▶ **TAP**
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- ▶ **ROCK SCHOOLS**
- ▶ **ELECTRONIC MUSIC PRODUCTION**
- ▶ **ABLE ORCHESTRA**

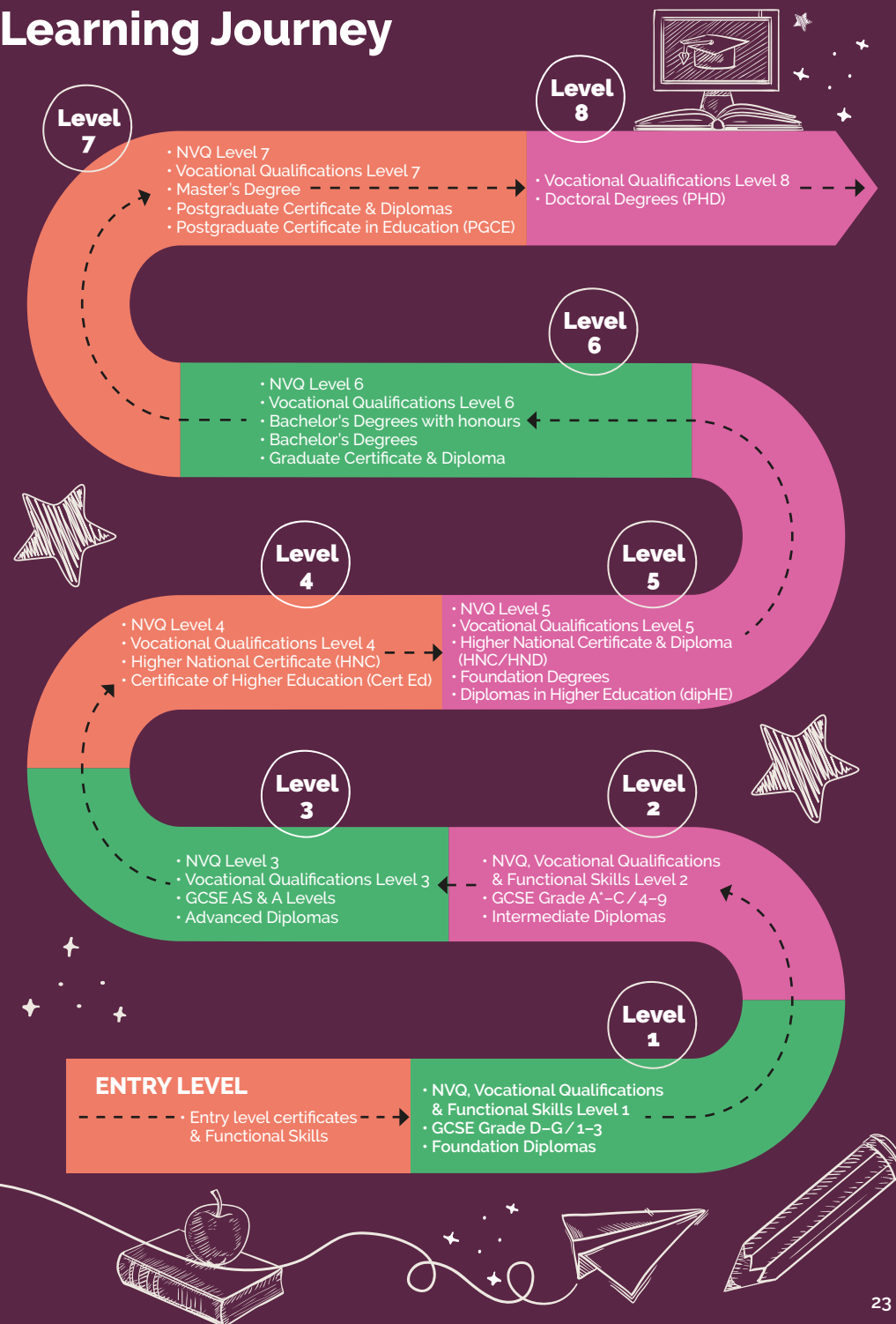
FIND OUT MORE AT:

inspireculture.org.uk/IYA | iva@inspireculture.org.uk | 01623 644 377

 Inspire Youth Arts  @inspireyoutharts



Learning Journey



Where Can I Learn?



BASSETLAW

- Workshop Library
- Retford Young People's Centre

MANSFIELD

- MyPlace @ Westfield Folkhouse

ASHFIELD

- Hucknall Young People's Centre
- High Pavement House Sutton-in-Ashfield ★

BROXTOWE

- Eastwood Young People's Centre
- Stapleford Young People's Centre

NEWARK AND SHERWOOD

- Hawtonville Young People's Centre, Newark

See a walk-through
of all our bases
on our website



Publications are available on our website at www.inspireculture.org.uk and can be accessed using a screen reader. We can also provide alternative formats on request to comms@inspireculture.org.uk

Please note: Information included in the guide may be subject to change. For up-to-date information, please visit www.inspireculture.org.uk or call 0115 804 3611.

Contact: 0115 804 3611 | learning@inspireculture.org.uk | inspireculture.org.uk/college