

Inspire Adult Learning

Culture | Learning | Libraries

Spring 2026 Inspiring New Courses in

NEWARK & SHERWOOD

Learn Local. Go Far



In this issue...

Browse and book courses easily on our new Learner Hub!

Progress your career or up-skill with career boosting Accredited Courses

Plus, new range of courses added

- Affordable courses on your doorstep
- FREE* and low cost courses
- Recognised qualifications
- Online Courses
- Distance Learning

OUR NEW COURSE BOOKING SYSTEM IS LIVE!

SCAN THIS CODE TO EASILY ACCESS ALL NEWARK & SHERWOOD COURSES



BOOK NOW! Go online inspireculture.org.uk/learning or call **01623 677 200**

 @InspireLearningSkills

#BeInspired #InspireLearning

Hello!

Our new course
booking system
is LIVE!



Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Newark & Sherwood and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Our courses Many of our courses are free or low cost to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification. Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse

How to book Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

We look forward to welcoming you!

Our brand-new Learner Hub is up and running, making it quicker and easier for you to book onto courses with us.

To use the new booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to inspireculture.org.uk/learning to browse and book!

**GET FREE CAREERS
AND BENEFITS ADVICE**

ACHIEVE MORE! Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

COURSE LISTINGS

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
Newark Buttermarket						
Jigsaw Lino Printing	13/01/2026	10/02/2026	13:15	15:45	Tues	FREE/£50
Art for Beginners	24/02/2026	24/03/2026	13:15	15:45	Tues	FREE/£50
Online						
Mindful Journalling and Nature	13/01/2026	10/02/2026	18:00	20:00	Tues	FREE/£40
Bird Painting in Acrylics	15/01/2026	12/02/2026	18:00	20:00	Thurs	FREE/£40
Mindful Journalling and Nature	25/02/2026	25/03/2026	10:00	12:00	Weds	FREE/£40
Art for Beginners	26/02/2026	26/03/2026	10:00	12:00	Thurs	FREE/£40
Painting on Texture	26/02/2026	26/03/2026	18:00	20:00	Thurs	FREE/£40
Animals in Art	03/03/2026	24/03/2026	18:00	20:00	Tues	FREE/£32
Southwell Library						
Needle Felting for Beginners	12/01/2026	09/02/2026	10:00	12:00	Mon	FREE/£40
Crochet for Beginners	12/01/2026	09/02/2026	13:00	15:00	Mon	FREE/£40
Cityscape Painting in Acrylics - Beginners	13/01/2026	10/02/2026	10:30	13:00	Tues	FREE/£50
Abstract Painting in Acrylics - Beginners	13/01/2026	10/02/2026	13:30	16:00	Tues	FREE/£50
Needle Lace - An Introduction	23/02/2026	09/03/2026	10:00	12:00	Mon	FREE/£24
Needle Felting for Beginners - Next Steps	23/02/2026	23/03/2026	10:00	12:00	Mon	FREE/£40
Zendoodle - Mindful Doodling	23/02/2026	23/03/2026	13:00	15:00	Mon	FREE/£40
Cityscape Painting in Acrylics - Next Steps	24/02/2026	24/03/2026	10:30	13:00	Tues	FREE/£50
Flower Painting in Acrylics	24/02/2026	24/03/2026	13:30	16:00	Tues	FREE/£50
Button Jewellery	16/03/2026	23/03/2026	10:00	12:00	Mon	FREE/£16
COOKING	Starts	Ends	From	To	Day	Cost
Edwinstowe Library						
Easter Cupcakes	05/03/2026	26/03/2026	10:00	12:00	Thurs	FREE/£32
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
Newark Buttermarket						
New Year, New Poems	15/01/2026	12/02/2026	10:00	12:00	Thurs	FREE/£40
Poetry for Beginners	15/01/2026	12/02/2026	14:00	16:00	Thurs	FREE/£40
Creative Writing - Using Your Senses	26/02/2026	26/03/2026	10:00	12:00	Thurs	FREE/£40
Spring Poetry	26/02/2026	26/03/2026	14:00	16:00	Thurs	FREE/£40
Online						
Creative Writing - Crime	21/01/2026	11/02/2026	13:00	15:00	Weds	FREE/£32
Creative Writing - Short Stories	25/01/2026	15/02/2026	10:00	12:00	Sun	FREE/£32
Creative Writing - Poetry	25/02/2026	18/03/2026	13:00	15:00	Weds	FREE/£32
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
Newark Buttermarket						
ESOL for Work	13/01/2026	24/03/2026	12:45	14:45	Tues	FREE
English Functional Skills	25/02/2026	22/07/2026	09:30	12:30	Weds	FREE ★

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

Online						
ESOL - Speaking and Listening for Beginners	14/01/2026	11/02/2026	18:00	20:00	Weds	FREE
Grammar and Punctuation	15/01/2026	12/02/2026	14:00	16:00	Thurs	FREE/£40
English Functional Skills	24/02/2026	21/07/2026	10:00	13:00	Tues	FREE ★
English Functional Skills	25/02/2026	22/07/2026	18:00	20:00	Weds	FREE ★
ESOL Speaking and Listening - Intermediate	25/02/2026	25/03/2026	18:00	20:00	Weds	FREE
English Functional Skills	26/02/2026	23/07/2026	10:00	13:00	Thurs	FREE ★
English Functional Skills	26/02/2026	23/07/2026	13:00	16:00	Thurs	FREE ★
ESOL Speaking and Listening - E1-E3	27/02/2026	10/07/2026	09:30	12:00	Fri	FREE

FAMILY LEARNING

	Starts	Ends	From	To	Day	Cost
Online						
SEND Awareness	07/01/2026	11/02/2026	10:00	11:30	Weds	FREE/£36
Autism All About Me Book	07/01/2026	11/02/2026	13:00	14:30	Weds	FREE/£36
Keeping Up With the Kids - Key Stage 2 Maths	12/01/2026	09/02/2026	13:00	15:00	Mon	FREE/£40
Keeping Up With the Kids - Key Stage 2 Maths	23/02/2026	23/03/2026	13:00	15:00	Mon	FREE/£40

HEALTH & WELLBEING

Millgate Community Centre, Newark						
Yoga for Osteoporosis	13/01/2026	24/03/2026	10:00	11:30	Tues	FREE/£60
Online						
Positive Psychology for Wellbeing	08/01/2026	12/02/2026	12:00	14:00	Thurs	FREE/£48
Resilience - Bouncing Back from Life's Challenges	13/01/2026	10/02/2026	13:00	15:00	Tues	FREE/£40
Mindfulness and Mental Health	27/02/2026	27/03/2026	10:00	12:00	Fri	FREE/£40

IT & DIGITAL SKILLS

Newark Buttermarket						
Spreadsheet Software - Level 1	05/01/2026	09/02/2026	13:00	15:00	Mon	FREE/£48 ★
PowerPoint Presentations for Beginners	23/02/2026	23/03/2026	13:00	15:00	Mon	FREE/£40
Online						
Excel Spreadsheets for Work - Beginners	06/01/2026	20/01/2026	19:00	20:30	Tues	FREE/£18
AI for Business	17/01/2026	31/01/2026	10:00	12:00	Sat	FREE/£24
Excel Spreadsheets for Work - Intermediate	27/01/2026	10/02/2026	19:00	20:30	Tues	FREE/£18
Blogging for Beginners	07/02/2026	21/02/2026	10:00	12:00	Sat	FREE/£24
Excel Spreadsheets for Work - Advanced	24/02/2026	10/03/2026	19:00	20:30	Tues	FREE/£18

LANGUAGES

Newark Buttermarket						
Learn Italian Through Listening to Songs	15/01/2026	26/03/2026	12:45	14:45	Thurs	FREE/£80
French - Next Steps	16/01/2026	27/02/2026	10:00	12:00	Fri	FREE/£80
Online						
Spanish for Beginners - Part 2	12/01/2026	30/03/2026	14:00	16:00	Mon	FREE/£96
Spanish Intermediate - Part 2	14/01/2026	01/04/2026	18:00	20:00	Weds	FREE/£96
French - Next Steps	14/01/2026	25/03/2026	18:00	20:00	Weds	FREE/£80
Spanish Next Steps - Part 2	16/01/2026	27/03/2026	14:00	16:00	Fri	FREE/£88

MATHS

Newark Buttermarket						
Functional Skills Maths Level 1 and 2	23/02/2026	20/07/2026	09:30	12:30	Mon	FREE ★
Online						
Functional Skills Maths Level 1 and 2	24/02/2026	21/07/2026	18:00	21:00	Tues	FREE ★
Functional Skills Maths Level 1 and 2	25/02/2026	22/07/2026	09:30	12:30	Weds	FREE ★
Functional Skills Maths Level 1 and 2	26/02/2026	23/07/2026	09:30	12:30	Thurs	FREE ★

MUSIC

Online						
Music Theory for Songwriters, Composers and Improvisors	13/01/2026	24/03/2026	15:00	16:00	Tues	FREE/£40
Keyboards for Beginners	13/01/2026	24/03/2026	16:30	17:30	Tues	FREE/£40
Music Theory for Beginners	13/01/2026	24/03/2026	17:45	18:45	Tues	FREE/£40
Music Theory for Beginners - Next Steps	13/01/2026	24/03/2026	19:00	20:00	Tues	FREE/£40
Advanced Music Theory	14/01/2026	25/03/2026	17:15	18:15	Weds	FREE/£40

SCIENCE, SOCIAL SCIENCES & HUMANITIES

Newark Buttermarket						
Women of the Civil War	13/01/2026	10/02/2026	12:30	14:30	Tues	FREE/£40
The Suffragettes - An Introduction	23/02/2026	23/03/2026	17:00	19:00	Mon	FREE/£40
Online						
Anatomy and Physiology	12/01/2026	09/02/2026	09:30	11:30	Mon	FREE/£40
The British Government and Politics - How it All Works	26/01/2026	09/02/2026	18:30	20:30	Mon	FREE/£24

WORK SKILLS & EMPLOYMENT

Newark Buttermarket						
How to Start Your Home Food Business	14/01/2026	04/02/2026	13:00	15:00	Weds	FREE/£32
Online						
Personal Development and Life Coaching	07/01/2026	11/02/2026	17:00	18:30	Weds	FREE/£36
How to Set Up a Secret Tea Room	13/01/2026	03/02/2026	18:30	20:30	Tues	FREE/£32
AI for Business	17/01/2026	31/01/2026	10:00	12:00	Sat	FREE/£24
Life Coaching - Next Steps	18/02/2026	25/03/2026	17:00	18:30	Weds	FREE/£36

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We offer courses in health and social care, business, counselling, mental health awareness and more! Some even have funding available, so your course could be fully or part-funded.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/ACCREDITED)

COURSES	Starts	Ends	From	To	Day	Cost	
Online							
Sowing and Growing - Level 1 Award	07/01/2026	11/02/2026	13:00	15:00	Weds	FREE/£76	★
Mental Health Awareness - Level 1 Award	12/01/2026	16/02/2026	13:00	16:00	Mon	FREE/£96	★
Counselling Skills - Level 2 Certificate	13/01/2026	09/04/2026	10:00	14:30	Tues & Thurs	FREE/£480	★
Mental Health Awareness - Level 2 Certificate	13/01/2026	04/01/2026	18:00	20:00	Tues & Weds	FREE/£520	★
Mental Health Awareness - Level 1 Award	13/01/2026	24/02/2026	18:00	20:30	Tues	FREE/£96	★
Coaching and Mentoring - Level 3 Certificate	15/01/2026	11/06/2026	18:00	21:00	Thurs	FREE/£616	★
Mentoring - Level 1 Award	16/01/2026	26/06/2026	16:00	19:00	Fri	FREE/£240	★
User Experience and User Interface (UX/UI) - Level 3	19/01/2026	09/04/2026	18:00	21:00	Mon - Thurs	FREE/£900	★
Business Level 2 Certificate	27/01/2026	16/07/2026	18:00	20:00	Tues & Thurs	FREE/£464	★
Wildlife and Conservation - Level 1 Award	16/02/2026	23/03/2026	11:00	13:30	Mon	FREE/£76	★
Mentoring - Level 1 Award	23/02/2026	27/07/2026	11:00	14:00	Mon	FREE/£240	★
Coaching and Mentoring - Level 3 Certificate	24/02/2026	28/07/2026	10:00	13:00	Tues	FREE/£616	★
Awareness of Substance Misuse - Level 1 Award	24/02/2026	24/03/2026	13:00	15:30	Tues	FREE/£72	★
Health and Safety Awareness - Level 1	24/02/2026	31/03/2026	10:00	12:00	Tues	FREE/£72	★
Stress Awareness - Level 1 Award	27/02/2026	27/03/2026	09:30	12:30	Fri	FREE/£96	★
Information, Advice or Guidance (IAG) - Level 2 Certificate	09/03/2026	13/07/2026	16:00	19:00	Mon	FREE/£456	★

★ **ACCREDITED COURSES:** Get the skills you need to get the job you want!

*subject to eligibility criteria

Inspire Adult Learning
Culture | Learning | Libraries

FREE* short courses in your local community that are personalised just for you!

Brush up your maths skills
Manage your money better
Explore new hobbies or interests
Learn something new
Boost your confidence
And more!

CREATING GROWTH IN YOUR COMMUNITY

FREE* COURSES
*Eligibility criteria applies

ReNEW

for every stage of your journey back into education or employment

Courses starting at local venues in:

Bilthorpe | Clipstone | Edwinstowe
Newark | Ollerton and Boughton

Inspire College
Culture | Learning | Libraries

ENROLLING NOW!

Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships**

Our GCSE resit pass rate is above the national average!

* Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16-19* in Newark & Sherwood?

Supporting your studies, supporting your success!

@InspireLearning1624

#BeInspired
#InspireLearning



ENROL NOW!

inspireculture.org.uk/re-new | 01623 677 200 | renew@inspireculture.org.uk

inspireculture.org.uk/college | 0115 804 3611 | learning@inspireculture.org.uk

Inspire
Culture | Learning | Libraries

working with



Nottinghamshire County Council



East Midlands Combined County Authority



Funded by UK Government