

In this issue...

Browse and book courses easily on our new Learner Hub!

Progress your career or up-skill with career boosting Accredited Courses

Plus, new range of courses added

*subject to eligibility criteria

Affordable courses on your doorstep

FREE* and low cost courses

Recognised qualifications

Online Courses

Distance Learning

OUR NEW COURSE BOOKING SYSTEM IS LIVE!

SCAN THIS CODE TO EASILY ACCESS ALL RUSHCLIFFE COURSES



BOOK NOW! Go online inspireculture.org.uk/learning or call **01623 677 200**

Hello!

Our new course booking system is LIVE!



Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Rushcliffe and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Our courses Many of our courses are free or low cost to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification. Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse

How to book Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

We look forward to welcoming you!

Our brand-new Learner Hub is up and running, making it quicker and easier for you to book onto courses with us.

To use the new booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to inspireculture.org.uk/learning to browse and book!

GET FREE CAREERS AND BENEFITS ADVICE

ACHIEVE MORE! Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

COURSE LISTINGS

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
East Leake Library						
Needle Lace - An Introduction	30/01/2026	13/02/2026	13:00	15:00	Fri	FREE/£24
Online						
Mindful Journaling and Nature	13/01/2026	10/02/2026	18:00	20:00	Tues	FREE/£40
Bird Painting in Acrylics	15/01/2026	12/02/2026	18:00	20:00	Thurs	FREE/£40
Mindful Journaling and Nature	25/02/2026	25/03/2026	10:00	12:00	Weds	FREE/£40
Art for Beginners	26/02/2026	26/03/2026	10:00	12:00	Thurs	FREE/£40
Painting on Texture	26/02/2026	26/03/2026	18:00	20:00	Thurs	FREE/£40
Animals in Art	03/03/2026	24/03/2026	18:00	20:00	Tues	FREE/£32
West Bridgford Library						
Button Crafting - Making Historic Buttons	18/01/2026	01/02/2026	11:30	13:30	Sun	FREE/£24
Flower Arranging for Beginners	22/01/2026	05/02/2026	12:30	14:30	Thurs	FREE/£24
Flower Crafting - Handmade Paper Flowers	22/01/2026	05/02/2026	15:30	17:30	Thurs	FREE/£24
Button Brooches	14/02/2026	14/02/2026	10:00	15:30	Sat	FREE/£20
Flower Arranging - Next Steps	26/02/2026	26/03/2026	12:30	14:30	Thurs	FREE/£40
Flower Arranging - Seasonal	26/02/2026	26/03/2026	15:30	17:30	Thurs	FREE/£40
Patchwork - English Paper Piecing	01/03/2026	15/03/2026	11:30	13:30	Sun	FREE/£24
Gel Plate Printing	21/03/2026	21/03/2026	10:00	15:30	Sat	FREE/£20
West Bridgford Methodist Church						
Still Life Drawing and Painting	15/01/2026	12/02/2026	10:00	12:30	Thurs	FREE/£50
Jigsaw Lino Printing	15/01/2026	12/02/2026	13:15	15:45	Thurs	FREE/£50
Portraiture for Beginners	26/02/2026	26/03/2026	10:00	12:30	Thurs	FREE/£50
Collagraphs and Dry Point Etching	26/02/2026	26/03/2026	13:15	15:45	Thurs	FREE/£50
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
Online						
Creative Writing - Crime	21/01/2026	11/02/2026	13:00	15:00	Weds	FREE/£32
Creative Writing - Short Stories	25/01/2026	15/02/2026	10:00	12:00	Sun	FREE/£32
Creative Writing - Poetry	25/02/2026	18/03/2026	13:00	15:00	Weds	FREE/£32
West Bridgford Methodist Church						
Maverick Writers	16/01/2026	13/02/2026	13:00	15:00	Fri	FREE/£40
James Joyce Explored	27/02/2026	27/03/2026	13:00	15:00	Fri	FREE/£42
COOKING	Starts	Ends	From	To	Day	Cost
West Bridgford Library						
Easter Cupcakes	04/03/2026	25/03/2026	14:00	16:00	Weds	FREE/£32
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
Online						
ESOL - Speaking and Listening for Beginners	14/01/2026	11/02/2026	18:00	20:00	Weds	FREE
Grammar and Punctuation	15/01/2026	12/02/2026	14:00	16:00	Thurs	FREE/£40
English Functional Skills	24/02/2026	21/07/2026	10:00	13:00	Tues	FREE ★
English Functional Skills	25/02/2026	22/07/2026	18:00	20:00	Weds	FREE ★
ESOL Speaking and Listening - Intermediate	25/02/2026	25/03/2026	18:00	20:00	Weds	FREE
English Functional Skills	26/02/2026	23/07/2026	10:00	13:00	Thurs	FREE ★

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

English Functional Skills ESOL Speaking and Listening - E1-E3	26/02/2026 27/02/2026	23/07/2026 10/07/2026	13:00 09:30	16:00 12:00	Thurs Fri	FREE FREE	★
West Bridgford Library English Functional Skills	23/02/2026	20/07/2026	09:30	12:30	Mon	FREE	★
FAMILY LEARNING	Starts	Ends	From	To	Day	Cost	
Online SEND Awareness	07/01/2026	11/02/2026	10:00	11:30	Weds	FREE/£36	
Autism All About Me Book	07/01/2026	11/02/2026	13:00	14:30	Weds	FREE/£36	
Keeping Up With the Kids - Key Stage 2 Maths	12/01/2026	09/02/2026	13:00	15:00	Mon	FREE/£40	
Keeping Up With the Kids - Key Stage 2 Maths	23/02/2026	23/03/2026	13:00	15:00	Mon	FREE/£40	
HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost	
Bingham Library Yoga for Osteoporosis	16/01/2026	27/03/2026	09:45	10:45	Fri	FREE/£40	
Yoga for Osteoporosis	16/01/2026	27/03/2026	11:00	12:00	Fri	FREE/£40	
Online Positive Psychology for Wellbeing	08/01/2026	12/02/2026	12:00	14:00	Thurs	FREE/£48	
Resilience - Bouncing Back from Life's Challenges	13/01/2026	10/02/2026	13:00	15:00	Tues	FREE/£40	
Mindfulness and Mental Health	27/02/2026	27/03/2026	10:00	12:00	Fri	FREE/£40	
West Bridgford Library Word Processing Software - Level 1 Award	06/01/2026	10/02/2026	17:00	19:00	Tues	FREE/£48	
Reiki 1	14/01/2026	11/02/2026	10:30	12:30	Weds	FREE/£40	
Astronomy - An Introduction	14/01/2026	11/02/2026	13:30	15:30	Weds	FREE/£40	
Computer and Internet Basics	24/02/2026	24/03/2026	17:00	19:00	Tues	FREE/£40	
Reiki 2	25/02/2026	25/03/2026	10:30	12:30	Weds	FREE/£40	
Astronomy - Next Steps	25/02/2026	25/03/2026	13:30	15:30	Weds	FREE/£40	
West Bridgford Methodist Church Yoga for Osteoporosis	16/01/2026	27/03/2026	13:00	14:30	Fri	FREE/£60	
IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost	
Bingham Library Computer Skills for Beginners	09/01/2026	30/01/2026	12:30	14:30	Fri	FREE	
Smart Phones & Scam Proofing	09/01/2026	30/01/2026	14:30	16:30	Fri	FREE	
Presentation Software - Level 2	27/02/2026	27/03/2026	13:30	16:30	Fri	FREE/£60	★
How Do Computers Work? - Basic Computer Science	19/03/2026	02/04/2026	10:00	12:00	Thurs	FREE/£24	
Internet Safety	19/03/2026	02/04/2026	13:00	15:00	Thurs	FREE/£24	
Cotgrave Library Computer Skills for Beginners	22/01/2026	12/02/2026	10:00	12:00	Thurs	FREE	
Smartphones and Scam Proofing	22/01/2026	12/02/2026	13:00	15:00	Thurs	FREE	
Keyworth Library Computer Skills for Beginners	07/01/2026	28/01/2026	10:15	12:15	Weds	FREE	
Smartphones and Scam Proofing	04/02/2026	04/03/2026	10:15	12:15	Weds	FREE	
Online Excel Spreadsheets for Work - Beginners	06/01/2026	20/01/2026	19:00	20:30	Tues	FREE/£18	
AI for Business	17/01/2026	31/01/2026	10:00	12:00	Sat	FREE/£24	
Excel Spreadsheets for Work - Intermediate	27/01/2026	10/02/2026	19:00	20:30	Tues	FREE/£18	
Blogging for Beginners	07/02/2026	21/02/2026	10:00	12:00	Sat	FREE/£24	
Excel Spreadsheets for Work - Advanced	24/02/2026	10/03/2026	19:00	20:30	Tues	FREE/£18	
West Bridgford Library Computer Skills for Beginners	24/01/2026	14/02/2026	10:00	12:00	Sat	FREE	
Smartphones and Scam Proofing	24/01/2026	14/02/2026	13:00	15:00	Sat	FREE	
Smartphones and Scam Proofing	30/01/2026	27/02/2026	13:30	15:30	Fri	FREE	
Computer Skills for Beginners	06/03/2026	27/03/2026	13:30	15:30	Fri	FREE	
Complete Beginner's Guide to Apple iPads	23/03/2026	23/03/2026	10:00	12:30	Mon	FREE/£8	
LANGUAGES	Starts	Ends	From	To	Day	Cost	
Bingham Library Conversation French	15/01/2026	05/03/2026	10:00	12:00	Thurs	FREE/£48	
Online Spanish for Beginners - Part 2	12/01/2026	30/03/2026	14:00	16:00	Mon	FREE/£96	
Spanish Intermediate - Part 2	14/01/2026	01/04/2026	18:00	20:00	Weds	FREE/£96	
French - Next Steps	14/01/2026	25/03/2026	18:00	20:00	Weds	FREE/£80	
Spanish Next Steps - Part 2	16/01/2026	27/03/2026	14:00	16:00	Fri	FREE/£88	
West Bridgford Library Spanish Next Steps	16/01/2026	27/03/2026	15:00	17:00	Mon	FREE/£80	
Spanish Next Steps 2	16/01/2026	27/03/2026	12:45	14:45	Mon	FREE/£80	
Refresh Your French	26/01/2026	09/03/2026	10:30	12:30	Mon	FREE/£48	
MATHS	Starts	Ends	From	To	Day	Cost	
Online Functional Skills Maths Level 1 and 2	24/02/2026	21/07/2026	18:00	21:00	Tues	FREE	★
Functional Skills Maths Level 1 and 2	25/02/2026	22/07/2026	09:30	12:30	Weds	FREE	★
Functional Skills Maths Level 1 and 2	26/02/2026	23/07/2026	09:30	12:30	Thurs	FREE	★
West Bridgford Library Functional Skills Maths	23/02/2026	20/07/2026	17:30	20:30	Mon	FREE	★
Functional Skills Maths	26/02/2026	23/07/2026	09:30	12:30	Thurs	FREE	★
MUSIC	Starts	Ends	From	To	Day	Cost	
Online Music Theory for Songwriters, Composers and Improvisors	13/01/2026	24/03/2026	15:00	16:00	Tues	FREE/£40	
Keyboards for Beginners	13/01/2026	24/03/2026	16:30	17:30	Tues	FREE/£40	
Music Theory for Beginners	13/01/2026	24/03/2026	17:45	18:45	Tues	FREE/£40	
Music Theory for Beginners - Next Steps	13/01/2026	24/03/2026	19:00	20:00	Tues	FREE/£40	
Advanced Music Theory	14/01/2026	25/03/2026	17:15	18:15	Weds	FREE/£40	

WORK SKILLS & EMPLOYMENT	Starts	Ends	From	To	Day	Cost
Online						
Personal Development and Life Coaching	07/01/2026	11/02/2026	17:00	18:30	Weds	Free/£36
How to Set Up a Secret Tea Room	13/01/2026	03/02/2026	18:30	20:30	Tues	Free/£32
AI for Business	17/01/2026	31/01/2026	10:00	12:00	Sat	Free/£24
Life Coaching - Next Steps	18/02/2026	25/03/2026	17:00	18:30	Weds	Free/£36
West Bridgford Library						
Improvised Comedy	26/02/2026	26/03/2026	14:00	16:00	Thurs	Free/£40

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We offer courses in health and social care, business, counselling, mental health awareness and more! Some even have funding available, so your course could be fully or part-funded.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost
Online						
Sowing and Growing - Level 1 Award	07/01/2026	11/02/2026	13:00	15:00	Weds	FREE/£76 ★
Mental Health Awareness - Level 1 Award	12/01/2026	16/02/2026	13:00	16:00	Mon	FREE/£96 ★
Counselling Skills - Level 2 Certificate	13/01/2026	09/04/2026	10:00	14:30	Tues & Thurs	FREE/£480 ★
Mental Health Awareness - Level 2 Certificate	13/01/2026	04/01/2026	18:00	20:00	Tues & Weds	FREE/£520 ★
Mental Health Awareness - Level 1 Award	13/01/2026	24/02/2026	18:00	20:30	Tues	FREE/£96 ★
Coaching and Mentoring - Level 3 Certificate	15/01/2026	11/06/2026	18:00	21:00	Thurs	FREE/£616 ★
Mentoring - Level 1 Award	16/01/2026	26/06/2026	16:00	19:00	Fri	FREE/£240 ★
User Experience and User Interface (UX/UI) - Level 3	19/01/2026	09/04/2026	18:00	21:00	Mon - Thurs	FREE/£900 ★
Business Level 2 Certificate	27/01/2026	16/07/2026	18:00	20:00	Tues & Thurs	FREE/£464 ★
Wildlife and Conservation - Level 1 Award	16/02/2026	23/03/2026	11:00	13:30	Mon	FREE/£76 ★
Mentoring - Level 1 Award	23/02/2026	27/07/2026	11:00	14:00	Mon	FREE/£240 ★
Coaching and Mentoring - Level 3 Certificate	24/02/2026	28/07/2026	10:00	13:00	Tues	FREE/£616 ★
Awareness of Substance Misuse - Level 1 Award	24/02/2026	24/03/2026	13:00	15:30	Tues	FREE/£72 ★
Health and Safety Awareness - Level 1	24/02/2026	31/03/2026	10:00	12:00	Tues	FREE/£72 ★
Stress Awareness - Level 1 Award	27/02/2026	27/03/2026	09:30	12:30	Fri	FREE/£96 ★
Information, Advice or Guidance (IAG) - Level 2 Certificate	09/03/2026	13/07/2026	16:00	19:00	Mon	FREE/£456 ★

★ **ACCREDITED COURSES:** Get the skills you need to get the job you want!

*subject to eligibility criteria

Inspire Adult Learning
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FREE* IT AND DIGITAL SKILLS

Whether you're hoping to impress potential employers with IT qualifications, or you (or a friend or family member) would just benefit from learning the basics so you feel more comfortable and secure online - whatever your current skill level, we can help you to gain the skills and confidence you need.

Our FREE* and low-cost courses are taking place across RUSHCLIFFE and online.

Gain skills & confidence!

*subject to eligibility criteria

inspireculture.org.uk/digitalskills | 01623 677 200 | learning@inspireculture.org.uk

Inspire Adult Learning
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>> Enrolling now

Starts
September
2026

Study
online or
at Beeston
Library

ACCESS TO HIGHER EDUCATION

- Do you have ambitions of a career in the Health and Social Care sector?
- Inspire Adult Learning can help you achieve your goals.

>> in Health and Social Care

- **No GCSEs needed** - we'll help you work towards Functional Skills in maths and English
- **Financial support available** through an Advanced Learner Loan or flexible payment options
- **FREE** if you're aged 19-23 and this is your first full Level 3 qualification

[@InspireLearningSkills](https://www.facebook.com/InspireLearningSkills) #BeInspired #InspireLearning



ENROL NOW!

inspireculture.org.uk/accesstohe | 01623 677 200 | learning@inspireculture.org.uk

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working with

Nottinghamshire County Council

East Midlands Combined County Authority

Funded by UK Government