

# Inspire Adult Learning

Culture | Learning | Libraries

# Course Guide Summer 2026

Your complete guide to our adult learning  
courses across Nottinghamshire and  
online for **April – August**

*Learn Local, Go Far*



Something for  
everyone!

Learn online, in  
your community, or  
at your local library

Inspiring  
courses for work,  
life and leisure

Get help into  
training and  
employment

**FREE\***  
and low cost  
courses

**HUNDREDS OF COURSES!**

**BOOK NOW  
WITH OUR  
LEARNER HUB!**

**ENROL HERE**



**Ofsted**  
Good rating

**Summer 2026** >> **Book** | **Enrol** | **Course Information** | **Course Updates**

**BOOK NOW!** Go online [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or call **01623 677 200**

@InspireLearningSkills

#BeInspired #InspireLearning

# Grow, Learn, Achieve!

Hello! Welcome to your Inspire Adult Learning Course Guide: your complete guide to all our adult courses for summer, across Nottinghamshire and online!

Affordable courses on your doorstep

Learn local, go far

Free\* and low cost courses

Recognised qualifications

Online Courses

Accredited Courses

In this guide, you'll find an amazing range of courses for both adults and families, taking place in Inspire libraries and community venues across Nottinghamshire. If you can't make those, don't worry – we also offer online courses designed for you to learn from the comfort of your own home.

Whether you want to progress your career with a recognised qualification or just looking to have fun and ignite your passion for a new hobby, our courses are for everyone. Many are short enough to easily undertake around your other commitments, but still offer a fun, friendly, high-quality learning experience.

**Some courses are accredited** – this means they provide you with a recognised qualification in a particular subject, such as maths or IT. Courses approved by a professional awarding body can make you more desirable to employers, whether that's being offered a better salary, the chance of promotion, or just getting your foot in the door. If English isn't your first language our ESOL courses are for you – work towards nationally recognised qualifications and boost your skills and prospects.

## FIND OUT MORE

Accredited courses can be identified by a '★' in this guide. All our courses are taught by friendly, experienced tutors and we're an Ofsted registered Grade 2 'Good' provider!

Visit [inspireculture.org.uk/accredited](https://inspireculture.org.uk/accredited) for more information on accredited courses, and a guide to course fees.



**FREE\* and low cost courses**

*\*subject to eligibility criteria*

## Contents

04	Arts & Crafts	09	IT & Digital Skills
07	Cooking	10	Languages
07	Creative Writing & Literature	11	Maths
07	English & ESOL (English for Speakers of Other Languages)	11	Music
07	Family Learning	12	Science, Social Science & Humanities
08	Health & Wellbeing	13	Workskills & Employability
		14	Accredited Courses

*We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning)*

*\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)*

## Costs and fees

Our non-accredited courses are free for those in receipt of certain benefits (you'll need to show evidence when you enrol) or will be charged at just £4 per hour. The full price for the course can be found on our website, on the individual course webpage.

**Many of our accredited courses (that lead to a qualification) are FREE\* or low cost to you depending on your circumstances.**

Payment should be made in full at the time of booking online or over the phone, unless you qualify for a free place.

You may need additional materials for some courses; details will be given at the time of booking or at the first session.

*\*subject to eligibility criteria*

## How to use this course guide

Check out our adult learning courses to find the right learning programme or course for you in our easy-to-use listings.

Courses are listed by subject area and by venue. When viewing the listings, you'll see the title of the course, dates, venue or if it's online. More information about the individual course will be listed on the booking page online, so you can read all the details before you enrol.

Look out for the green star '★' to find our accredited courses if you're looking to gain a qualification, such as in English, maths or IT skills.

We'll be adding more courses throughout the year and from time to time we may need to make some changes.

You can also find FREE IT and digital skills courses funded through the UK Shared Prosperity Fund, the East Midlands Combined County Authority and the UK Government by looking for the '■' in this guide.

## Book and enrol on our courses

Book your place online, 24 hours a day, 7 days a week on our Learner Hub at [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning). Bookings can also be made by calling **Ask Inspire on 01623 677200**, Monday to Friday 9am – 6pm and Saturday 9am – 4pm or email [ask@inspireculture.org.uk](mailto:ask@inspireculture.org.uk)

**We look forward to welcoming you!**

## OUR COURSE BOOKING SYSTEM IS LIVE!

**Our Learner Hub is up and running, making it quicker and easier for you to book onto courses with us.**

To use the course booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) to browse and book!

## ADDITIONAL LEARNING SUPPORT

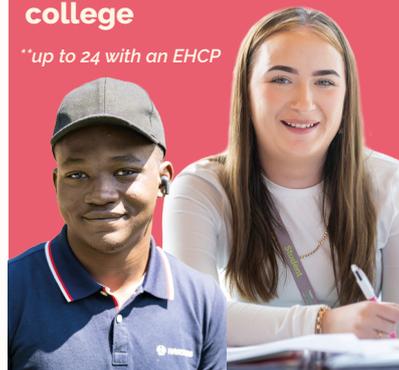
If you need additional help and support to successfully complete your course, let us know when you enrol.

We'll take the steps needed to make sure this extra provision is in place for you.

## DID YOU KNOW?

We also offer courses for young people aged 16-24\*\*. Our back page has more information or pick up our latest **Inspire Learning College Prospectus** in your local library. Visit [inspireculture.org.uk/college](https://inspireculture.org.uk/college)

*\*\*up to 24 with an EHCP*



**VISIT OUR WEBSITE OR YOUR LOCAL NOTTINGHAMSHIRE LIBRARY FOR NEW COURSES AND UPDATES!**



SCAN THE CODE TO BOOK ONLINE

*\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)*

[inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) | 01623 677 200 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

# Arts & Crafts

Express yourself through art and design, or develop new craft skills in sewing, crochet, painting, calligraphy and more!

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Pavilion Arnot Hill Park, Arnold</b>						
Community Art Project	16/04/2026	21/05/2026	10:00	12:00	Thurs	FREE
<b>Arnold Library</b>						
Jewellery Making for Beginners	17/04/2026	22/05/2026	10:00	12:00	Fri	FREE/£48
Zendoodle - Mindful Doodling	17/04/2026	22/05/2026	13:00	15:00	Fri	FREE/£48
Bird Painting in Acrylics	18/04/2026	18/04/2026	09:30	15:30	Sat	FREE/£22
Needle Felting for Beginners 2D Picture-Based	02/05/2026	23/05/2026	10:00	12:00	Sat	FREE/£32
Needle Felting for Beginners 3D	02/05/2026	23/05/2026	13:00	15:00	Sat	FREE/£32
Sculpture for Beginners	01/06/2026	06/07/2026	18:00	20:00	Mon	FREE/£48
Needle felting Next Steps 2D Picture-Based	06/06/2026	27/06/2026	10:00	12:00	Sat	FREE/£32
Needle Felting Next Steps 3D	06/06/2026	27/06/2026	13:00	15:00	Sat	FREE/£32
Button Crafting - Making Historic Buttons	03/07/2026	17/07/2026	18:00	20:00	Fri	FREE/£24
Button Jewellery	13/07/2026	13/07/2026	10:00	15:30	Mon	FREE/£20
<b>Beeston Library</b>						
Exploring Mixed Media	15/04/2026	20/05/2026	10:00	12:30	Weds	FREE/£60
Reduction Lino Printing	15/04/2026	20/05/2026	13:15	15:45	Weds	FREE/£60
Art - Observational Drawing	17/04/2026	22/05/2026	09:30	11:30	Fri	FREE/£48
Ceramics for Beginners	17/04/2026	22/05/2026	12:00	14:00	Fri	FREE/£48
Portraiture for Beginners	03/06/2026	08/07/2026	10:00	12:30	Weds	FREE/£60
Paper Stencil Screenprinting	03/06/2026	08/07/2026	13:15	15:45	Weds	FREE/£60
Sculpture for Beginners	05/06/2026	10/07/2026	09:30	11:30	Fri	FREE/£48
Ceramics Next Steps	05/06/2026	10/07/2026	12:00	14:00	Fri	FREE/£48
<b>Bingham Library</b>						
Flower Arranging for Beginners	30/04/2026	21/05/2026	13:00	15:00	Thurs	FREE/£32
Button Crafting - Making Historic Buttons	06/06/2026	20/06/2026	10:00	12:00	Sat	FREE/£24
<b>Burton Joyce Library</b>						
Mixed Media - Concertina Sketchbook	05/05/2026	26/05/2026	10:00	12:30	Tues	FREE/£40
Mixed Media - Florals	09/06/2026	30/06/2026	10:00	12:30	Tues	FREE/£40
<b>Eastwood Library</b>						
Needle Felting for Beginners 3D	13/04/2026	27/04/2026	10:00	12:30	Mon	FREE/£30
Needle Felting for Beginners 2D Picture-Based	13/04/2026	27/04/2026	13:30	16:00	Mon	FREE/£30
Needle Lace - An Introduction	18/04/2026	02/05/2026	10:00	12:00	Sat	FREE/£24
Indian Block Printing	24/04/2026	24/04/2026	09:30	13:30	Fri	FREE/£16
<b>Gedling Country Park</b>						
Community Art Project	16/04/2026	21/05/2026	13:00	15:00	Thurs	FREE
<b>High Pavement, Sutton-in-Ashfield</b>						
Paper Stencil Screenprinting	15/04/2026	20/05/2026	17:30	20:00	Weds	FREE/£60
Repeat Pattern Lino Printing for Paper and Fabric	03/06/2026	08/07/2026	17:30	20:00	Weds	FREE/£60
Flower Arranging for Beginners	04/06/2026	09/07/2026	10:00	12:00	Thurs	FREE/£48
Flower Arranging - Seasonal	04/06/2026	09/07/2026	13:00	15:00	Thurs	FREE/£48
Needle Felting for Beginners 3D	04/07/2026	25/07/2026	10:00	12:00	Sat	FREE/£32
Needle Felting for Beginners 2D Picture-Based	04/07/2026	25/07/2026	13:00	15:00	Sat	FREE/£32
Needle Lace - An Introduction	04/07/2026	25/07/2026	10:00	12:00	Sat	FREE/£32
Patchwork - English Paper Piecing	04/07/2026	25/07/2026	13:00	15:00	Sat	FREE/£32
<b>Kirkby-in-Ashfield Library and Learning Centre</b>						
Needle Felting for Beginners 3D	05/06/2026	26/06/2026	10:00	12:00	Fri	FREE/£32
Needle Felting for Beginners 2D Picture-Based	05/06/2026	26/06/2026	13:00	15:00	Fri	FREE/£32
Needle Felting Next Steps 3D	03/07/2026	24/07/2026	10:00	12:00	Fri	FREE/£32
Needle Felting Next Steps 2D Picture-Based	03/07/2026	24/07/2026	13:00	15:00	Fri	FREE/£32
<b>Mansfield Central Library</b>						
Flower Painting in Acrylics	25/04/2026	25/04/2026	09:30	15:30	Sat	FREE/£22

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://www.inspireculture.org.uk/fundingyourcourse)

Visit your local Inspire library for resources to support your learning [inspireculture.org.uk/libraries](https://inspireculture.org.uk/libraries)

Macrame for Beginners	01/06/2026	15/06/2026	10:00	12:00	Mon	FREE/£24
Button Jewellery	01/06/2026	15/06/2026	13:00	15:00	Mon	FREE/£24

**Mansfield Woodhouse Library**

Expressive Seascapes - Advanced	15/04/2026	20/05/2026	10:00	12:30	Weds	FREE/£60
Crochet for Beginners	15/04/2026	20/05/2026	10:00	12:00	Weds	FREE/£48
Painting Like an Impressionist - Beginners	15/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£60
Gel Plate Printing	01/05/2026	15/05/2026	10:00	12:00	Fri	FREE/£24
Book Making	01/05/2026	15/05/2026	13:00	15:00	Fri	FREE/£24
Crochet for Beginners - Next Steps	03/06/2026	08/07/2026	10:00	12:00	Weds	FREE/£48
Expressive Portrait Painting - Advanced	03/06/2026	08/07/2026	10:00	12:30	Weds	FREE/£60
Painting Like an Impressionist - Next Steps	03/06/2026	08/07/2026	13:00	15:30	Weds	FREE/£60
Jewellery Making for Beginners	05/06/2026	10/07/2026	10:00	12:00	Fri	FREE/£48
Embroidery for Beginners	05/06/2026	10/07/2026	13:00	15:00	Fri	FREE/£48

**Netherfield & Carlton Fire Station**

Community Art Project	04/06/2026	18/06/2026	09:30	14:00	Thurs	FREE
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**Newark Buttermarket**

Needle Lace - An Introduction	13/04/2026	27/04/2026	14:00	16:00	Mon	FREE/£24
Button Crafting - Making Historic Buttons	13/04/2026	27/04/2026	17:00	19:00	Mon	FREE/£24
Art Next Steps	14/04/2026	19/05/2026	13:15	15:45	Tues	FREE/£60
Embroidery for Beginners	01/06/2026	06/07/2026	13:00	15:00	Mon	FREE/£48
Zendoodle - Mindful Doodling	01/06/2026	06/07/2026	15:30	17:30	Mon	FREE/£48
Exploring Mixed Media	02/06/2026	07/07/2026	13:15	15:45	Tues	FREE/£60
Macrame Wall Hanging	05/06/2026	05/06/2026	10:00	15:00	Fri	FREE/£20

**Online**

Mindful Art	14/04/2026	19/05/2026	18:00	20:00	Tues	FREE/£48
Water Colour Painting for Beginners	15/04/2026	20/05/2026	10:00	12:00	Weds	FREE/£48
Animals in Art	16/04/2026	21/05/2026	10:00	12:00	Thurs	FREE/£48
Mixed Media for All	16/04/2026	21/05/2026	18:00	20:00	Thurs	FREE/£48
Mindful Journalling and Nature	02/06/2026	07/07/2026	18:00	20:00	Tues	FREE/£48
Landscape Painting in Acrylics	04/06/2026	09/07/2026	18:00	20:00	Thurs	FREE/£48

**Retford Library**

Gel Plate Printing	12/06/2026	26/06/2026	10:00	12:00	Fri	FREE/£24
Needle Lace - An Introduction	12/06/2026	19/06/2026	13:00	15:00	Fri	FREE/£16

**Ruddington Library**

Button Brooches	11/05/2026	11/05/2026	10:00	15:30	Mon	FREE/£20
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**Southwell Library**

Drawing and Painting Still Life	14/04/2026	19/05/2026	10:30	13:00	Tues	FREE/£60
Painting the Sky in Acrylics - Beginners	14/04/2026	19/05/2026	13:30	16:00	Tues	FREE/£60
Jewellery Making for Beginners	15/04/2026	20/05/2026	10:00	12:00	Weds	FREE/£48
Crochet for Beginners	15/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£48
Button Jewellery	19/04/2026	19/04/2026	11:15	14:45	Sun	FREE/£14
Book Making	26/04/2026	26/04/2026	11:15	14:45	Sun	FREE/£14
Macrame for Beginners	03/05/2026	03/05/2026	11:15	14:45	Sun	FREE/£14
Garden Painting in Acrylics	02/06/2026	07/07/2026	10:30	13:00	Tues	FREE/£60
Painting the Sky in Acrylics - Next Steps	02/06/2026	07/07/2026	13:30	16:00	Tues	FREE/£60
Embroidery for Beginners	03/06/2026	08/07/2026	10:00	12:00	Weds	FREE/£48
Crochet - Next Steps	03/06/2026	08/07/2026	13:00	15:00	Weds	FREE/£48
Gel Plate Printing	22/06/2026	06/07/2026	10:00	12:00	Mon	FREE/£24
Button Crafting - Making Historic Buttons	22/06/2026	06/07/2026	13:00	15:00	Mon	FREE/£24

**ACHIEVE MORE WITH INSPIRE!**

Use your library to support your learning with bookable computers, free use of WiFi, quiet study spaces, printing and photocopying.



\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

Find our Health and Wellbeing courses on page 8

**Stapleford Library and Learning Centre**

Reduction Lino Printing	17/04/2026	22/05/2026	10:00	12:30	Fri	FREE/£60
Flower Arranging Seasonal	01/06/2026	06/07/2026	13:30	15:30	Mon	FREE/£48
Repeat Pattern Lino Printing for Paper and Fabric	05/06/2026	10/07/2026	10:00	12:30	Fri	FREE/£60

**Warsop Health Hub**

Postcard Painting	15/04/2026	06/05/2026	18:00	20:00	Weds	FREE/£32
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**West Bridgford Library**

Gel Plate Printing	27/06/2026	27/06/2026	10:00	15:30	Sat	FREE/£20
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**West Bridgford Methodist Church**

Contemporary British Poets (Celebrating Diversity)	24/04/2026	22/05/2026	13:00	15:00	Fri	FREE/£40
Exploring Mixed Media	16/04/2026	21/05/2026	10:00	12:30	Thurs	FREE/£60
Reduction Lino Printing	16/04/2026	21/05/2026	13:15	15:45	Thurs	FREE/£60
Still Life/Landscape/Cityscape - Personal Project	04/06/2026	09/07/2026	10:00	12:30	Thurs	FREE/£60
Repeat Pattern Lino Printing for Paper and Fabric	04/06/2026	09/07/2026	13:15	15:45	Thurs	FREE/£60

**Worksop Library**

Jewellery Making for Beginners	13/04/2026	18/05/2026	10:00	12:00	Mon	FREE/£40
Zendoodle - Mindful Doodling	13/04/2026	18/05/2026	13:00	15:00	Mon	FREE/£40
Button Crafting - Making Historic Buttons	09/05/2026	16/05/2026	09:45	12:30	Sat	FREE/£22
Book Making	09/05/2026	16/05/2026	13:30	15:45	Sat	FREE/£22
Indian Block Printing	10/05/2026	17/05/2026	11:30	14:30	Sun	FREE/£24
Indian Block Printing - Print and Patch	07/06/2026	21/06/2026	12:30	14:30	Sun	FREE/£24
Gel Plate Printing	28/06/2026	12/07/2026	12:30	14:30	Sun	FREE/£24
Button Jewellery	19/07/2026	26/07/2026	12:30	14:30	Sun	FREE/£16

## Inspire Adult Learning Survey – we want to hear from you!

We seek to offer the best programme of adult learning and are always looking for your feedback to help shape what we offer. If you have ideas about courses you'd like to see at any of our venues, please let us know. This short survey takes a couple of minutes to complete and will help us deliver the very best for the upcoming year. Thank you!



## Cooking

Rediscover the joy of cooking with our tasty courses! From delicious tray bakes and treats to cuisines from around the world, there's something to suit every taste.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>High Pavement, Sutton-in-Ashfield</b>						
Cooking - Mexican	24/04/2026	22/05/2026	10:00	12:30	Fri	FREE/£50
Cooking - Meal Planning on a Budget (All Ingredients Provided)	24/04/2026	15/05/2026	13:30	15:30	Fri	FREE/£40
Making the Perfect Afternoon Tea	18/06/2026	09/07/2026	10:00	12:00	Thurs	FREE/£32
Vegan Baking	19/06/2026	10/07/2026	10:00	12:30	Fri	FREE/£40
Cooking - Meal Planning on a Budget (All Ingredients Provided)	19/06/2026	10/07/2026	13:30	15:30	Fri	FREE/£40
<b>Stapleford Library and Learning Centre</b>						
Cupcakes for Beginners	16/06/2026	07/07/2026	10:00	12:00	Tues	FREE/£32
<b>West Bridgford Library</b>						
Cupcakes for Beginners	17/06/2026	08/07/2026	10:00	12:00	Weds	FREE/£32
<b>Worksop Library</b>						
Cupcakes for Beginners	19/06/2026	03/07/2026	10:00	12:00	Fri	FREE/£24

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

# Creative Writing & Literature

Courses for book lovers and writers. Develop your own story, poetry or explore literature with us.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Creative Writing - Folk Tales	29/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£32
Blogging for Beginners	16/05/2026	30/05/2026	10:00	12:00	Sat	FREE/£24
Creative Writing - Fantasy/Science Fiction	03/06/2026	24/06/2026	13:00	15:00	Weds	FREE/£32
Creative Writing - Publishing Your Work	01/07/2026	08/07/2026	13:00	15:00	Weds	FREE/£16

# English & ESOL

Build your confidence in using spoken and written English whilst also developing your enjoyment of reading. Our English courses allow you to gain a Functional Skills English qualification. Our ESOL courses will help you to improve your English skills and your confidence if English is not your first language.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Newark Buttermarket</b>						
ESOL for Work	14/04/2026	07/07/2026	12:45	14:45	Tues	FREE
<b>High Pavement</b>						
ESOL Writing skills	16/04/2026	24/07/2026	09:30	12:30	Thurs & Fri	FREE
<b>Online</b>						
English Functional Skills - Intensive	15/04/2026	24/07/2026	10:00	12:00	Weds & Fri	FREE
ESOL Everyday English for Beginners	04/06/2026	09/07/2026	09:30	11:30	Thurs	FREE
Grammar and Punctuation	04/06/2026	02/07/2026	13:30	15:30	Thurs	FREE

# Family Learning

Designed for parents and carers to learn enjoyable strategies to understand, support and help develop their children's learning. Some courses are for adults only, specifically designed for family members to positively support their children.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Hucknall Library</b>						
Baby Sensory Explorers	15/04/2026	20/05/2026	10:00	11:30	Weds	FREE/£36
Music and Signing for 0-3 Years (British Sign Language)	15/04/2026	20/05/2026	13:00	14:30	Weds	FREE/£36
<b>Mansfield Central Library</b>						
Baby Sensory Explorers	17/04/2026	22/05/2026	10:00	11:30	Fri	FREE/£36
Music and Signing for 0-3 Years (British Sign Language)	17/04/2026	22/05/2026	13:00	14:30	Fri	FREE/£36



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**Newark Buttermarket**

Music and Signing for 0-3 Years (British Sign Language)	05/06/2026	10/07/2026	13:00	14:30	Fri	FREE/£36
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**Newark Library**

Baby Sensory Explorers	05/06/2026	10/07/2026	10:00	11:30	Fri	FREE/£36
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**Online**

SEND Awareness	16/04/2026	21/05/2026	13:30	15:00	Thurs	FREE/£36
Autism All About Me Book	04/06/2026	09/07/2026	13:30	15:00	Thurs	FREE/£36

**Retford Library**

Baby Sensory Explorers	10/06/2026	22/07/2026	10:00	11:30	Thurs	FREE/£36
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Music and Signing for 0-3 Years (British Sign Language)	10/06/2026	22/07/2026	13:00	14:30	Thurs	FREE/£36
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**Worksop Library**

Baby Sensory Explorers	13/04/2026	18/05/2026	10:00	11:30	Mon	FREE/£30
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Music and Signing for 0-3 Years (British Sign Language)	14/04/2026	19/05/2026	13:00	14:30	Tues	FREE/£36
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Music and Signing for 0-3 Years (British Sign Language)	01/06/2026	06/07/2026	10:00	11:30	Mon	FREE/£36
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Baby Sensory Explorers	02/06/2026	07/07/2026	13:00	14:30	Tues	FREE/£36
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## Health & Wellbeing

Courses designed to boost your physical and mental wellbeing. Discover complementary therapies, learn about food and nutrition, mindfulness and meditation. Get moving with us or learn more about looking after yourself.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Beeston Library</b>						
Reiki 1	13/04/2026	18/05/2026	10:00	12:00	Mon	FREE/£40
Mindful Meditation	13/04/2026	18/05/2026	13:00	15:00	Mon	FREE/£40
Reiki 2	01/06/2026	06/07/2026	10:00	12:00	Mon	FREE/£48
Meditation in Practice	01/06/2026	06/07/2026	13:00	15:00	Mon	FREE/£48
<b>Bingham Library</b>						
Yoga for Osteoporosis	17/04/2026	10/07/2026	09:45	10:45	Fri	FREE/£48
Yoga for Osteoporosis	17/04/2026	10/07/2026	11:00	12:00	Fri	FREE/£48
<b>High Pavement, Sutton-in-Ashfield</b>						
Mindful Meditation	15/04/2026	20/05/2026	18:00	20:00	Weds	FREE/£48
Reflexology	24/04/2026	22/05/2026	12:30	14:30	Fri	FREE/£40
Pathways to Nature	28/05/2026	11/06/2026	10:00	11:30	Thurs	FREE/£18
Meditation in Practice	03/06/2026	08/07/2026	18:00	20:00	Weds	FREE/£48
<b>Hucknall Library</b>						
Indian Head Massage	14/04/2026	19/05/2026	12:30	14:30	Tues	FREE/£48
Mindfulness and Mental Health	06/06/2026	11/07/2026	10:00	12:00	Sat	FREE/£48
<b>Kirkby-in-Ashfield Library and Learning Centre and Portland Park</b>						
Pathways to Nature	28/05/2026	11/06/2026	13:30	15:00	Thurs	FREE/£18
<b>Mansfield Central Library</b>						
Meditation for Beginners	13/04/2026	18/05/2026	10:00	12:00	Mon	FREE/£40
Reiki 1	13/04/2026	18/05/2026	12:30	14:30	Mon	FREE/£40
Meditation for Beginners - Next Steps	01/06/2026	06/07/2026	10:00	12:00	Mon	FREE/£48
Reiki 2	01/06/2026	06/07/2026	12:30	14:30	Mon	FREE/£48
<b>Mansfield Woodhouse Library</b>						
Mindfulness for Beginners	15/04/2026	20/05/2026	12:30	14:30	Weds	FREE/£48
Mindfulness for Beginners - Next Steps	03/06/2026	08/07/2026	12:30	14:30	Weds	FREE/£48
<b>Millgate Community Centre, Newark</b>						
Yoga for Osteoporosis	14/04/2026	07/07/2026	10:00	11:30	Tues	FREE/£60

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

**Aged 16-19?** Find out about our inspiring college courses for young people – see back page for details!

**Online & Spa Ponds, Forest Town**

Pathways to Nature	06/05/2026	20/05/2026	13:00	15:00	Weds	FREE/£24
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**Online**

Positive Psychology for Wellbeing	14/04/2026	19/05/2026	12:00	14:00	Tues	FREE/£48
Positive Psychology for Wellbeing	02/06/2026	07/07/2026	12:00	14:00	Tues	FREE/£48

**West Bridgford Methodist Church**

Yoga for Osteoporosis	17/04/2026	10/07/2026	13:00	14:30	Fri	FREE/£72
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**Workshop Library**

Meditation in Practice	16/04/2026	21/05/2026	10:30	12:30	Thurs	FREE/£48
Reiki 1	16/04/2026	21/05/2026	13:00	15:00	Thurs	FREE/£48
Resilience - Bouncing Back from Life's Challenges	17/04/2026	22/05/2026	13:00	15:00	Fri	FREE/£48
Mindfulness and Mental Health	04/06/2026	09/07/2026	10:30	12:30	Thurs	FREE/£48
Reiki 2	04/06/2026	09/07/2026	13:00	15:00	Thurs	FREE/£48

# IT & Digital Skills

Become computer savvy, from coding to internet safety to the basics of Microsoft Office.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Beeston Library</b>						
Spreadsheet Software - Level 1	13/04/2026	18/05/2026	09:30	12:30	Mon	FREE/£60 ★
Spreadsheet Software - Level 2	16/04/2026	21/05/2026	13:30	16:00	Thurs	FREE/£60 ★
Word Processing Software - Level 2	16/04/2026	21/05/2026	10:00	12:30	Thurs	FREE/£60 ★
Using Email - Level 2	01/06/2026	29/06/2026	09:30	12:30	Mon	FREE/£60 ★
Presentation Software - Level 2	04/06/2026	16/07/2026	10:00	12:30	Thurs	FREE/£70 ★
Coding for Beginners - Python	04/06/2026	09/07/2026	13:30	15:30	Thurs	FREE/£48
Spreadsheet Software - Level 2	06/07/2026	03/08/2026	09:30	12:30	Mon	FREE/£60 ★
<b>Bingham Library</b>						
Computer and Internet Basics	05/06/2026	03/07/2026	13:30	16:30	Fri	FREE/£60
Excel Spreadsheets for Work - Beginners	10/07/2026	24/07/2026	13:30	16:30	Fri	FREE/£36
Word Processing Software - Level 2	17/04/2026	15/05/2026	13:30	16:30	Fri	FREE/£60 ★
<b>Harworth and Bircotes Town Hall</b>						
Smartphone Usage for Beginners	14/04/2026	28/04/2026	10:00	12:00	Tues	FREE ■
<b>High Pavement, Sutton-in-Ashfield</b>						
Word Processing Software - Level 1 Award	24/04/2026	22/05/2026	09:30	12:00	Fri	FREE/£50 ★
Presentation Software - Level 2	05/06/2026	10/07/2026	09:30	12:00	Fri	FREE/£60 ★
<b>Hucknall Library</b>						
Word Processing Software - Level 1 Award	14/04/2026	19/05/2026	10:00	12:00	Tues	FREE/£48 ★
Excel Spreadsheets for Work - Beginners	02/06/2026	07/07/2026	10:00	12:00	Tues	FREE/£48

See page 14 for our **JOB CLUBS** can support you every stage of your journey back into education or employment.

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

**Newark Buttermarket**

Word Processing - Beginners	13/04/2026	27/04/2026	13:00	15:00	Mon	FREE/£24
Excel Spreadsheets for Work - Intermediate	11/05/2026	18/05/2026	13:00	15:00	Mon	FREE/£16
Presentation Software - Level 2	01/06/2026	20/07/2026	13:00	15:00	Mon	FREE/£64 ★

**Retford Library**

What is "the Cloud"?	05/05/2026	05/05/2026	09:30	12:30	Tues	FREE/£12
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**Stapleford Library and Learning Centre**

Spreadsheet Software - Level 2	01/06/2026	13/07/2026	10:00	12:30	Mon	FREE/£70 ★
Using Emails Level 2	01/06/2026	13/07/2026	13:30	16:00	Mon	FREE/£70 ★

**West Bridgford Library**

Spreadsheet Software - Level 1	14/04/2026	19/05/2026	17:00	19:00	Tues	FREE/£48 ★
Coding for Beginners - Python	02/06/2026	07/07/2026	13:30	15:30	Tues	FREE/£48
Presentation Software - Level 2	02/06/2026	14/07/2026	10:00	12:30	Tues	FREE/£70 ★

**Workshop Library**

Word Processing Software - Level 1 Award	13/04/2026	18/05/2026	13:30	16:30	Mon	FREE ■ ★
Using the NHS App and Website for Beginners	12/05/2026	19/05/2026	13:00	16:00	Tues	FREE/£24
Computer and Internet Basics	01/06/2026	29/06/2026	13:30	16:30	Mon	FREE/£60
Excel Spreadsheets for Work - Beginners	06/07/2026	27/07/2026	13:30	16:30	Mon	FREE/£48

## ADDITIONAL LEARNING SUPPORT

If you need additional help and support to successfully complete your course, let us know when you enrol. We'll support you every step of the way and take appropriate steps to make sure that extra provision is in place.

Your local library can help you achieve more – bookable computers, free WiFi, quiet study spaces, printing and photocopying.



## Language

Learn a new language and improve your conversational ability.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Beeston Library</b>						
Spanish for Beginners Part 3	17/04/2026	10/07/2026	09:30	11:30	Fri	FREE/£96
<b>Bingham Library</b>						
French for Beginners	23/04/2026	02/07/2026	10:00	12:00	Thurs	FREE/£80
<b>Newark Buttermarket</b>						
Holiday French	21/04/2026	30/06/2026	18:00	20:00	Tues	FREE/£80
Conversational French	24/04/2026	03/07/2026	10:00	12:00	Fri	FREE/£80
<b>Online</b>						
Spanish for Beginners - Part 3	13/04/2026	13/07/2026	14:00	16:00	Mon	FREE/£96
Spanish Intermediate - Part 3	15/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£96
Spanish Next Steps - Part 3	17/04/2026	03/07/2026	14:00	16:00	Fri	FREE/£96
Conversational French	22/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£80
Spanish for Holidays	08/07/2026	29/07/2026	18:00	20:00	Weds	FREE/£32

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

★ Courses where you receive a recognised qualification

**Stapleford Library and Learning Centre**

Holiday Spanish	05/06/2026	10/07/2026	09:30	11:30	Fri	FREE/£48
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**West Bridgford Library**

Spanish - Intermediate 2	17/04/2026	10/07/2026	12:45	14:45	Fri	FREE/£96
Spanish - Intermediate	17/04/2026	10/07/2026	15:00	17:00	Fri	FREE/£96

# Maths

Boost your skills, CV and job prospects with our Functional Skills courses in maths.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Functional Skills Maths Intensive Level 2	17/04/2026	24/07/2026	09:30	12:30	Fri	FREE ★

# Music

Develop your musical talent with us. Learn an instrument or get in tune with music theory and history.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Music Theory for Songwriters, Composers and Improvisors	21/04/2026	30/06/2026	15:00	16:00	Tues	FREE/£40
Keyboards for Beginners	21/04/2026	30/06/2026	16:30	17:30	Tues	FREE/£40
Music Theory for Beginners	21/04/2026	30/06/2026	17:45	18:45	Tues	FREE/£40
Music Theory for Beginners - Next Steps	21/04/2026	30/06/2026	19:00	20:00	Tues	FREE/£40
Keyboards for Beginners	22/04/2026	30/06/2026	10:30	11:30	Weds	FREE/£40
Advanced Music Theory	22/04/2026	01/07/2026	17:15	18:15	Weds	FREE/£40

# Boost your confidence with our maths and English courses

Brush up on the basics, with our FREE functional skills courses in maths, English and ESOL! If you want to improve your skills with reading, writing, numbers and more, check out the amazing range of courses we offer across Nottinghamshire.

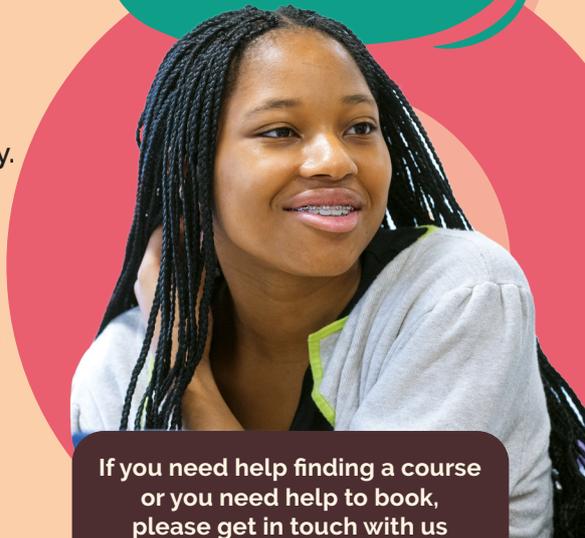
Develop useful everyday skills that will help you support your child with their homework, writing letters and emails, shopping smarter to save money and more! Some of our courses offer a recognised qualification that can enhance your CV and set you up for further study. If you're a new English speaker, our ESOL (English for Speakers of Other Languages) courses are a great way to master the basics, at a pace that works for you.

Our courses run online or in-person at Inspire libraries, with dedicated and personalised support from our friendly tutors. Accredited courses are broken down into accessible units, with homework to complete and an exam at the end to earn your qualification.

*We look forward to welcoming you!*

" I am truly grateful for your tutorials and support. I am indeed very happy, it was a lovely experience and I received my Mathematics Certificate this afternoon - I cannot thank you enough!"

Functional Maths Skills Learner



If you need help finding a course or you need help to book, please get in touch with us on 01623 677 200 or email [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk).

Find out more at [inspireculture.org.uk/functional-skills](https://inspireculture.org.uk/functional-skills)

\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)

# Science, Social Sciences & Humanities

Take a walk through history, get political, analyse myths, explore mind and body. Learn how the world and society work.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Arnold Library</b>						
Gedling Tourism	04/07/2026	25/07/2026	10:00	12:00	Sat	FREE/£32
Psychology - People and Relationships	07/07/2026	28/07/2026	18:00	20:00	Tues	FREE/£32
Bess of Hardwick - An Introduction	03/06/2026	08/07/2026	13:00	14:00	Weds	FREE/£20
Nottinghamshire's History	03/06/2026	08/07/2026	14:15	15:45	Weds	FREE/£30
<b>Feel Good Gardens, Clipstone</b>						
Growing and Brewing Your Own Tea	27/06/2026	18/07/2026	10:00	12:00	Sat	FREE/£32
<b>Hucknall Library</b>						
Anatomy and Physiology	01/06/2026	06/07/2026	13:00	15:00	Mon	FREE/£40
<b>Newark Buttermarket</b>						
The Six Wives of Henry VIII	14/04/2026	19/05/2026	18:00	20:00	Tues	FREE/£48
Preparing for Life in the UK	16/04/2026	09/07/2026	12:45	14:45	Thurs	FREE/£96
<b>Newark Library</b>						
Researching Family History - An Introduction	16/04/2026	21/05/2026	10:00	12:00	Thurs	FREE/£48
Women of the Civil War	06/06/2026	11/07/2026	12:30	14:30	Sat	FREE/£48
<b>Online</b>						
Map Reading Made Easy	21/04/2026	12/05/2026	18:30	20:30	Tues	FREE/£32
The British Government and Politics - How it all Works	23/04/2026	07/05/2026	18:30	20:30	Thurs	FREE/£24
Psychology - An Introduction	08/06/2026	15/06/2026	18:00	20:00	Mon	FREE/£16
<b>Retford Library</b>						
Bess of Hardwick - An Introduction	15/04/2026	20/05/2026	13:00	14:00	Weds	FREE/£20
Nottinghamshire's History	15/04/2026	20/05/2026	14:15	15:45	Weds	FREE/£30
Tracing Your Ancestors Using the Census	06/06/2026	20/06/2026	10:00	12:00	Sat	FREE/£24
<b>West Bridgford Methodist Church</b>						
Exploring Greek Myths: A Source for Modern Fiction	05/06/2026	03/07/2026	13:00	15:00	Fri	FREE/£40

## Discover inspiring courses in the heart of Ashfield

High Pavement House, Sutton-in-Ashfield is home to Inspire Adult Learning and Inspire College. Conveniently located near Sutton town centre and Inspire's Sutton-in-Ashfield Library, our centre offers state of the art facilities for you to learn local, and go far!

Our hub of learning and opportunity offers a variety of courses for adults and young people to gain new qualifications and skills, and have fun whilst learning something new. Our expanded adult learning offer includes maths, Reiki, arts, crafts and IT skills, as well as cooking classes from around the world in our purpose-built kitchen.

  
**Inspire**  
**High Pavement Learning Centre**  
 Culture | Learning | Libraries

*Courses for young people, plus exciting work placements and traineeship opportunities offering valuable hands-on experience!*

Childcare

Construction and Joinery

Employability, Personal and Social Development

Health & Social Care

Hospitality

Maths and English GCSE

Functional Skills

Drop in and say hello and see what's on offer - we look forward to welcoming you to our new learning centre!

Find out more and view courses on offer at [inspireculture.org.uk/high-pavement](https://inspireculture.org.uk/high-pavement)

*\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)*

**Aged 16-19?** Find out about our inspiring college courses for young people – see back page for details!

# Work Skills & Employability

Courses to upskill and enhance your employability.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost
<b>Beeston Library</b>						
Bookkeeping for Beginners	04/06/2026	09/07/2026	10:00	12:00	Thurs	FREE/£60
Setting Up a Holistic Business	13/07/2026	13/07/2026	10:00	14:00	Mon	FREE/£16
<b>High Pavement, Sutton-in-Ashfield</b>						
Autism Awareness	24/06/2026	24/06/2026	18:00	20:00	Weds	FREE/£8
Dementia Awareness	01/07/2026	01/07/2026	18:00	20:00	Weds	FREE/£8
<b>Newark Buttermarket</b>						
ESOL for Work	14/04/2026	07/07/2026	12:45	14:45	Tues	FREE
Bookkeeping for Beginners	15/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£48
Bookkeeping Next Steps	03/06/2026	08/07/2026	13:00	15:00	Weds	FREE/£480
<b>Online</b>						
Personal Development and Life Coaching	15/04/2026	27/05/2026	17:00	18:30	Weds	FREE/£30
Life Coaching - Next Steps	17/06/2026	22/07/2026	17:00	18:30	Weds	FREE/£36
<b>Worksop Library</b>						
Setting up a Holistic Business	16/07/2026	16/07/2026	10:30	14:30	Thurs	FREE/£16

## Accredited courses for work, life and leisure

Looking to give your career a boost? We have Accredited courses in a huge range of subjects and vocations, and they can help your CV stand out from the crowd.

Our free and funded qualifications will give you the skills you need, to get the job you want. Approved by a professional awarding body, our accredited courses can make you more desirable to employers, whether that's being offered a better salary, the chance of promotion, or just getting your foot in the door.

Delivered at convenient locations across Nottinghamshire as well as online, our accredited courses have set criteria for you to achieve in line with awarding body standards. Upon completion, you'll receive a qualification certificate recognised by employers.

Our level 1 and 2 courses are funded through the Adult Skills Fund (ASF), meaning your course could be fully or part-funded, depending on your circumstances. We offer courses in volunteering, management skills, mental health awareness, counselling and more – whether you want to break into a brand new industry, or take the next step in your established career.



**Career boosting courses!**

**Get FREE careers advice and support**

**You can earn a recognised qualification**

Turn to page 14 to browse our full range of Accredited Courses, or visit [inspireculture.org.uk/accredited](https://inspireculture.org.uk/accredited)

*\*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://inspireculture.org.uk/fundingyourcourse)*

## Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, health, social care and education, and business and management.

LOCATION/COURSE TITLE	Starts	Ends	From	To	Day	Cost	
<b>High Pavement, Sutton in Ashfield</b> Introduction to Health and Social Care - Level 1 Award	15/04/2026	20/05/2026	17:30	20:00	Weds	FREE/£76	★
<b>Online</b> Internal Quality Assurance of Assessment Processes and Practice - Level 4 Award	30/03/2026	29/09/2026	09:30	13:30	Mon & Tues	FREE/£800	★
Stress Awareness - Level 1 Award	14/04/2026	19/05/2026	18:00	20:30	Tues	FREE/£96	★
Developing Customer Service Skills - Level 1 Award	14/04/2026	19/05/2026	17:30	20:00	Tues	FREE/£76	★
User Experience and User Interface (UX/UI) - Level 3	20/04/2026	06/07/2026	18:00	21:00	Mon, Tues, Weds, Thurs	FREE/£900	★
Counselling Skills - Level 2 Certificate	21/04/2026	16/07/2026	10:30	14:30	Tues & Thurs	FREE/£480	★
Mental Health Awareness - Level 2 Certificate	05/05/2026	09/07/2026	17:00	20:00	Tues & Thurs	FREE/£520	★
Team Working and Improving Own Learning and Performance - Level 1 Award	10/06/2026	15/07/2026	11:30	14:00	Weds	FREE/£76	★
Awareness of Substance Misuse - Level 1 Award	11/06/2025	16/07/2026	14:00	16:00	Thurs	FREE/£72	★
Stress Awareness - Level 1 Award	13/06/2026	18/07/2026	09:30	12:30	Fri	FREE/£96	★

# JOB CLUBS

If you've been away from education or employment for a while, it can be difficult to know where to start. Our job clubs can support you every stage of your journey back into education or employment.

Our team of friendly and welcoming staff are ready with personalised guidance and support, and offer help with job searches, CV writing and help to access training.

*Here to help!*

**CV Writing**

**Access training**

**Guidance**

**New beginnings**

**Support**

**Job Searching**



To find your nearest job club, visit [inspireculture.org.uk/jobclub](https://inspireculture.org.uk/jobclub)



INSPIRE  
LIBRARIES  
& BEYOND

READ  
to the  
BEAT



WHAT'S ON  
**ARTS & CULTURE**  
APRIL – JULY 2026

Go all in on our exciting new season of events for all ages - with family theatre, author talks, live music, exhibitions, events for under 5s, films, heritage, the summer reading challenge & more!

**FIND OUT ABOUT OUR EVENTS:**  
Pick up the latest What's On Guide from your local library, or visit:  
[inspireculture.org.uk/whatson](http://inspireculture.org.uk/whatson)

@NottsLibraries  
 @InspireCultureNotts

[inspireculture.org.uk/whatson](http://inspireculture.org.uk/whatson)

>> **Enrolling now!**

ACCESS TO  
**HIGHER EDUCATION**  
in Health and Social Care

Do you have ambitions of a career in the Health and Social Care sector?

Inspire Adult Learning can help you achieve your goals.

Inspire  
**Adult Learning**  
Culture | Learning | Libraries



**STARTS SEPTEMBER 2026**

**Study online or at Beeston Library**



FIND OUT MORE

[inspireculture.org.uk/accesstohe](http://inspireculture.org.uk/accesstohe)

#BeInspired #InspireLearning

• **No GCSEs needed** – we'll help you work towards Functional Skills in maths and English

• **Financial support available** through an Advanced Learner Loan or flexible payment options

• **FREE** if you're aged 19-23 and this is your first full Level 3 qualification

# Inspire College

Culture | Learning | Libraries



**ENROLLING NOW!**

## Not sure of your next steps?

Find out more about our inspiring courses, hear from students and staff, and more in our prospectus!



## Aged 16 - 19\* in Nottinghamshire?

- Achieve your goals with Inspiring courses
- GCSE resits in English and maths
- Supportive tutors
- Volunteering, work placements and traineeships\*\*
- Our GCSE resit pass rate is above the national average!

**Supporting your studies,  
supporting your success!**

[inspireculture.org.uk/college](https://inspireculture.org.uk/college) | 0115 804 3611  
[learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

\*Child benefit not affected

\*\* Traineeships available for learners aged 19-24 or 25 with a Education, Health and Care Plan

We can  
help cover  
meal, travel,  
and other  
costs



**ENROL NOW!**

 @InspireLearning1624

#BeInspired #InspireLearning