



In this issue...

Your guide to all Inspire Adult Learning courses in Ashfield!

Progress your career or up-skill with career boosting Accredited Courses

Learner Hub: Quick and easy to enrol!

*subject to eligibility criteria

Affordable courses on your doorstep

FREE* and low cost courses

Recognised qualifications

Online Courses

IT & Digital Courses

OUR NEW COURSE BOOKING SYSTEM IS LIVE!
SCAN THIS CODE TO EASILY ACCESS ALL ASHFIELD COURSES



BOOK NOW! Go online inspireculture.org.uk/learning or call **01623 677 200**

Hello!

Our course booking system is LIVE!



Our new courses for the summer term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Ashfield and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Many of our courses are **free or low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification. Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse

How to book Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

We look forward to welcoming you!

Learner Hub is our online course booking system, and makes it quicker and easier for you to book onto courses with us.

To use our new booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to inspireculture.org.uk/learning to browse and book!

GET FREE CAREERS ADVICE AND SUPPORT



ACHIEVE MORE! Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

COURSE LISTINGS

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
High Pavement House, Sutton-in-Ashfield						
Paper Stencil Screenprinting	15/04/2026	20/05/2026	17:30	20:00	Weds	FREE/£60
Repeat Pattern Lino Printing for Paper and Fabric	03/06/2026	08/07/2026	17:30	20:00	Weds	FREE/£60
Flower Arranging for Beginners	04/06/2026	09/07/2026	10:00	12:00	Thurs	FREE/£48
Flower Arranging - Seasonal	04/06/2026	09/07/2026	13:00	15:00	Thurs	FREE/£48
Needle Felting for Beginners 3D	04/07/2026	25/07/2026	10:00	12:00	Sat	FREE/£32
Needle Felting for Beginners 2D Picture-Based	04/07/2026	25/07/2026	13:00	15:00	Sat	FREE/£32
Needle Lace - An Introduction	04/07/2026	25/07/2026	10:00	12:00	Sat	FREE/£32
Patchwork - English Paper Piecing	04/07/2026	25/07/2026	13:00	15:00	Sat	FREE/£32
Hucknall Library						
Needle Felting for Beginners 3D	05/06/2026	26/06/2026	10:00	12:00	Fri	FREE/£32
Needle Felting for Beginners 2D Picture-Based	05/06/2026	26/06/2026	13:00	15:00	Fri	FREE/£32
Needle Felting Next Steps 3D	03/07/2026	24/07/2026	10:00	12:00	Fri	FREE/£32
Needle Felting Next Steps 2D Picture-Based	03/07/2026	24/07/2026	13:00	15:00	Fri	FREE/£32
Online						
Mindful Art	14/04/2026	19/05/2026	18:00	20:00	Tues	FREE/£48
Water Colour Painting for Beginners	15/04/2026	20/05/2026	10:00	12:00	Weds	FREE/£48
Animals in Art	16/04/2026	20/05/2026	10:00	12:00	Thurs	FREE/£48
Mixed Media for All	16/04/2026	21/05/2026	18:00	20:00	Thurs	FREE/£48
Mindful Journaling and Nature	02/06/2026	07/07/2026	18:00	20:00	Tues	FREE/£48
Landscape Painting in Acrylics	04/06/2026	09/07/2026	18:00	20:00	Thurs	FREE/£48
COOKING	Starts	Ends	From	To	Day	Cost
High Pavement, Sutton-in-Ashfield						
Cooking - Mexican	24/04/2026	22/05/2026	10:00	12:30	Fri	FREE/£50
Cooking - Meal Planning on a Budget (All Ingredients Provided)	24/04/2026	15/05/2026	13:30	15:30	Fri	FREE/£40
Making the Perfect Afternoon Tea	18/06/2026	09/07/2026	10:00	12:00	Thurs	FREE/£32
Vegan Baking	19/06/2026	10/07/2026	10:00	12:30	Fri	FREE/£40
Cooking - Meal Planning on a Budget (All Ingredients Provided)	19/06/2026	10/07/2026	13:30	15:30	Fri	FREE/£40
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
Online						
Creative Writing - Folk Tales	29/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£32
Blogging for Beginners	16/05/2026	30/05/2026	10:00	12:00	Sat	FREE/£24
Creative Writing - Publishing Your Work	01/07/2026	08/07/2026	13:00	15:00	Weds	FREE/£16
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
High Pavement, Sutton-in-Ashfield						
ESOL Writing Skills	16/04/2026	24/07/2026	9:30	12:30	Thurs & Fri	FREE
Online						
Grammar and Punctuation	04/06/2026	02/07/2026	13:30	15:30	Thurs	FREE

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.



FAMILY LEARNING	Starts	Ends	From	To	Day	Cost
Hucknall Library						
Baby Sensory Explorers	15/04/2026	20/05/2026	10:00	11:30	Weds	FREE/£36
Music and Signing for 0-3 Years (British Sign Language)	15/04/2026	20/05/2026	13:00	14:30	Weds	FREE/£36
Online						
SEND Awareness	16/04/2026	21/05/2026	13:30	15:00	Thurs	FREE/£36
Autism All About Me Book	04/06/2026	09/07/2026	13:30	15:00	Thurs	FREE/£36
HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost
High Pavement, Sutton-in-Ashfield						
Mindful Meditation	15/04/2026	20/05/2026	18:00	20:00	Weds	FREE/£48
Reflexology	24/04/2026	22/05/2026	12:30	14:30	Fri	FREE/£40
Meditation in Practice	03/06/2026	08/07/2026	18:00	20:00	Weds	FREE/£48
High Pavement & Sutton Park						
Pathways to Nature	28/05/2026	11/06/2026	10:00	11:30	Thurs	FREE/£18
Hucknall Library						
Indian Head Massage	14/04/2026	19/05/2026	12:30	14:30	Tues	FREE/£48
Mindfulness and Mental Health	06/06/2026	11/07/2026	10:00	12:00	Sat	FREE/£48
Kirkby-in-Ashfield Library and Learning Centre/Portland Park						
Pathways to Nature	28/05/2026	11/06/2026	13:30	15:00	Thurs	FREE/£18
Online						
Positive Psychology for Wellbeing	14/04/2026	19/05/2026	12:00	14:00	Tues	FREE/£48
Positive Psychology for Wellbeing	02/06/2026	07/07/2026	12:00	14:00	Tues	FREE/£48
IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost
High Pavement, Sutton-in-Ashfield						
Word Processing Software - Level 1 Award	24/04/2026	22/05/2026	9:30	12:00	Fri	FREE/£50 ★
Presentation Software - Level 2	05/06/2026	10/07/2026	9:30	12:00	Fri	FREE/£60 ★
Hucknall Library						
Word Processing Software - Level 1 Award	14/04/2026	19/05/2026	10:00	12:00	Tues	FREE/£48 ★
Excel Spreadsheets for Work - Beginners	02/06/2026	07/07/2026	10:00	12:00	Tues	FREE/£48
LANGUAGES	Starts	Ends	From	To	Day	Cost
Online						
Spanish for Beginners - Part 3	13/04/2026	13/07/2026	14:00	16:00	Mon	FREE/£96
Spanish Intermediate - Part 3	15/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£96
Spanish Next Steps - Part 3	17/04/2026	03/07/2026	14:00	16:00	Fri	FREE/£96
Conversational French	22/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£80
Spanish for Holidays	08/07/2026	29/07/2026	18:00	20:00	Weds	FREE/£32
MATHS	Starts	Ends	From	To	Day	Cost
Online						
Functional Skills Maths Intensive Level 2	17/04/2026	24/07/2026	9:30	12:30	Fri	FREE ★
MUSIC	Starts	Ends	From	To	Day	Cost
Online						
Music Theory for Songwriters, Composers and Improvisors	21/04/2026	30/06/2026	15:00	16:00	Tues	FREE/£40
Keyboards for Beginners	21/04/2026	30/06/2026	16:30	17:30	Tues	FREE/£40
Music Theory for Beginners	21/04/2026	30/06/2026	17:45	18:45	Tues	FREE/£40
Music Theory for Beginners - Next Steps	21/04/2026	30/06/2026	19:00	20:00	Tues	FREE/£40
Advanced Music Theory	22/04/2026	01/07/2026	17:15	18:15	Weds	FREE/£40
SCIENCE, SOCIAL SCIENCES & HUMANITIES	Starts	Ends	From	To	Day	Cost
Hucknall Library						
Anatomy and Physiology	01/06/2026	06/07/2026	13:00	15:00	Mon	FREE/£40
Online						
Anatomy and Physiology	13/04/2026	18/05/2026	13:00	15:00	Mon	FREE/£40
Map Reading Made Easy	21/04/2026	12/05/2026	18:30	20:30	Tues	FREE/£32
The British Government and Politics - How it All Works	23/04/2026	07/05/2026	18:30	20:30	Thurs	FREE/£24
Psychology - An Introduction	08/06/2026	15/06/2026	18:00	20:00	Mon	FREE/£16
WORK SKILLS & EMPLOYABILITY	Starts	Ends	From	To	Day	Cost
High Pavement, Sutton-in-Ashfield						
Autism Awareness	24/06/2026	24/06/2026	18:00	20:00	Weds	FREE/£8
Dementia Awareness	01/07/2026	01/07/2026	18:00	20:00	Weds	FREE/£8
Online						
Personal Development and Life Coaching	15/04/2026	27/05/2026	17:00	18:30	Weds	FREE/£30
Life Coaching - Next Steps	17/06/2026	22/07/2026	17:00	18:30	Weds	FREE/£36

*subject to eligibility criteria

★ ACCREDITED COURSES: Get the skills you need to get the job you want!

OUT NOW! Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses across Nottinghamshire and online!



We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning

inspireculture.org.uk | 01623 677 200 | learning@inspireculture.org.uk

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We offer courses in health and social care, business, counselling, mental health awareness and more! Some even have funding available, so your course could be fully or part-funded.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/ACCREDITED)

COURSES	Starts	Ends	From	To	Day	Cost	
High Pavement, Sutton in Ashfield Introduction to Health and Social Care - Level 1 Award	15/04/2026	20/05/2026	17:30	20:00	Weds	FREE/£76	★
Online Internal Quality Assurance of Assessment Processes and Practice - Level 4 Award	30/03/2026	29/09/2026	9:30	13:30	Mon & Tues	FREE/£800	★
Stress Awareness - Level 1 Award	14/04/2026	19/05/2026	18:00	20:30	Tues	FREE/£96	★
Personal Physical Fitness - Level 2 Award	14/04/2026	19/05/2026	10:00	15:00	Tues	FREE/£80	★
Developing Customer Service Skills - Level 1 Award	14/04/2026	19/05/2026	17:30	20:00	Tues	FREE/£76	★
User Experience and User Interface (UX/UI) - Level 3	20/04/2026	06/07/2026	18:00	21:00	Mon, Tues, Weds, Thurs	FREE/£900	★
Counselling Skills - Level 2 Certificate	21/04/2026	16/07/2026	10:30	14:30	Tues & Thurs	FREE/£480	★
Mental Health Awareness - Level 2 Certificate	05/05/2026	09/07/2026	17:00	20:00	Tues & Thurs	FREE/£520	★
Team Working and Improving Own Learning and Performance - Level 1 Award	10/06/2026	15/07/2026	11:30	14:00	Weds	FREE/£76	★
Awareness of Substance Misuse - Level 1 Award	11/06/2025	16/07/2026	14:00	16:00	Thurs	FREE/£72	★
Stress Awareness - Level 1 Award	13/06/2026	18/07/2026	9:30	12:30	Fri	FREE/£96	★

★ ACCREDITED COURSES: Get the skills you need to get the job you want!

*subject to eligibility criteria

Inspire
Adult Learning
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>> Enrolling now

Starts
September
2026

Study
online or
at Beeston
Library

ACCESS TO

HIGHER EDUCATION

- Do you have ambitions of a career in the Health and Social Care sector?
- Inspire Adult Learning can help you achieve your goals.

>> in Health and Social Care

• **No GCSEs needed** – we'll help you work towards Functional Skills in maths and English

• **Financial support available** through an Advanced Learner Loan or flexible payment options

• **FREE** if you're aged 19-23 and this is your first full Level 3 qualification



ENROL NOW!

[@InspireLearningSkills](https://www.facebook.com/InspireLearningSkills) #Belinspired #InspireLearning

inspireculture.org.uk/accesstohe | 01623 677 200 | learning@inspireculture.org.uk

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ENROLLING NOW!

at Inspire High Pavement Learning Centre, Sutton-in-Ashfield

Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships**

Our GCSE resit pass rate is above the national average!

* Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16-19* in Ashfield?

Supporting your studies, supporting your success!

[@InspireLearning1624](https://www.facebook.com/InspireLearning1624)

#Belinspired #InspireLearning



ENROL NOW!

inspireculture.org.uk/college | 0115 804 3611 | learning@inspireculture.org.uk

FREE* IT AND DIGITAL SKILLS COURSES

with Inspire Adult Learning

Whether you are seeking to enhance your employability through IT qualifications or to build foundational digital skills for greater confidence online, we can support you at any level of experience.

Our FREE* and low-cost courses are taking place across ASHFIELD and online.

inspireculture.org.uk/digitalskills | 01623 677 200 | learning@inspireculture.org.uk

Gain skills & confidence!

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working with

Nottinghamshire County Council

CLAIRE WARD
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