

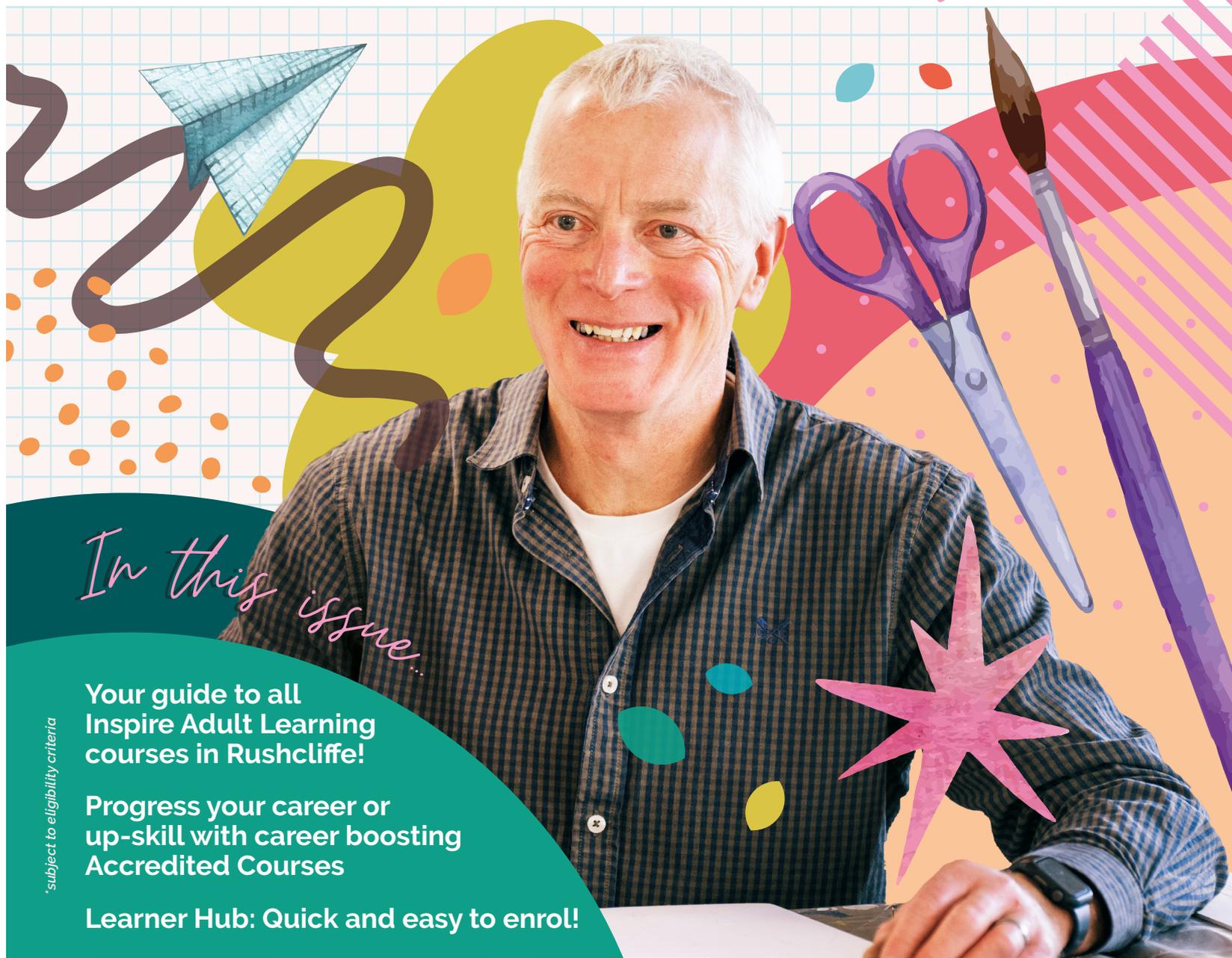
# Inspire Adult Learning

Culture | Learning | Libraries

Summer 2026 Inspiring New Courses in

# RUSHCLIFFE.

*Learn Local, Go Far*



*In this issue...*

Your guide to all Inspire Adult Learning courses in Rushcliffe!

Progress your career or up-skill with career boosting Accredited Courses

Learner Hub: Quick and easy to enrol!

\*subject to eligibility criteria

Affordable courses on your doorstep

FREE\* and low cost courses

Recognised qualifications

Online Courses

IT & Digital Courses

**OUR NEW COURSE BOOKING SYSTEM IS LIVE!**  
SCAN THIS CODE TO EASILY ACCESS ALL RUSHCLIFFE COURSES



**BOOK NOW!** Go online [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) or call **01623 677 200**

 @InspireLearningSkills

#BeInspired #InspireLearning

# Hello!

Our new courses for the summer term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Ruschcliffe and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning)

Many of our courses are **free or low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification. Find out more about our affordable funding options at [inspireculture.org.uk/fundingyourcourse](http://inspireculture.org.uk/fundingyourcourse)

**How to book** Browse and book courses via our website [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) or call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

**We look forward to welcoming you!**

## Our course booking system is LIVE!



**Learner Hub is our online course booking system, and makes it quicker and easier for you to book onto courses with us.**

To use our new booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) to browse and book!

## GET FREE CAREERS ADVICE AND SUPPORT



**ACHIEVE MORE!** Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

## COURSE LISTINGS

Visit [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) or your local Nottinghamshire library for full course listings, including dates, times and costs.

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
<b>Bingham Library</b>						
Flower Arranging for Beginners	30/04/2026	21/05/2026	13:00	15:00	Thurs	FREE/£32
Button Crafting - Making Historic Buttons	06/06/2026	20/06/2026	10:00	12:00	Sat	FREE/£24
<b>Online</b>						
Mindful Art	14/04/2026	19/05/2026	18:00	20:00	Tues	FREE/£48
Water Colour Painting for Beginners	15/04/2026	20/05/2026	10:00	12:00	Weds	FREE/£48
Animals in Art	16/04/2026	20/05/2026	10:00	12:00	Thurs	FREE/£48
Mixed Media for All	16/04/2026	21/05/2026	18:00	20:00	Thurs	FREE/£48
Mindful Journalling and Nature	02/06/2026	07/07/2026	18:00	20:00	Tues	FREE/£48
Landscape Painting in Acrylics	04/06/2026	09/07/2026	18:00	20:00	Thurs	FREE/£48
<b>Ruddington Library</b>						
Button Brooches	11/05/2026	11/05/2026	10:00	15:30	Mon	FREE/£20
<b>West Bridgford Library</b>						
Gel Plate Printing	27/06/2026	27/06/2026	10:00	15:30	Sat	FREE/£20
<b>West Bridgford Methodist Church</b>						
Exploring Mixed Media	16/04/2026	21/05/2026	10:00	12:30	Thurs	FREE/£60
Reduction Lino Printing	16/04/2026	21/05/2026	13:15	15:45	Thurs	FREE/£60
Still Life/Landscape/Cityscape - Personal Project	04/06/2026	09/07/2026	10:00	12:30	Thurs	FREE/£60
Repeat Pattern Lino Printing for Paper and Fabric	04/06/2026	09/07/2026	13:15	15:45	Thurs	FREE/£60
COOKING	Starts	Ends	From	To	Day	Cost
<b>West Bridgford Library</b>						
Cupcakes for Beginners	17/06/2026	08/07/2026	10:00	12:00	Weds	FREE/£32
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
<b>West Bridgford Methodist Church</b>						
Contemporary British Poets (Celebrating Diversity)	24/04/2026	22/05/2026	13:00	15:00	Fri	FREE/£40
<b>Online</b>						
Creative Writing - Folk Tales	29/04/2026	20/05/2026	13:00	15:00	Weds	FREE/£32
Blogging for Beginners	16/05/2026	30/05/2026	10:00	12:00	Sat	FREE/£24
Creative Writing - Fantasy/Science Fiction	03/06/2026	24/06/2026	13:00	15:00	Weds	FREE/£32
Creative Writing - Publishing Your Work	01/07/2026	08/07/2026	13:00	15:00	Weds	FREE/£16
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Grammar and Punctuation	04/06/2026	02/07/2026	13:30	15:30	Thurs	FREE

Visit [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) or your local Nottinghamshire library for full course listings, including dates, times and costs.



FAMILY LEARNING	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
SEND Awareness	16/04/2026	21/05/2026	13:30	15:00	Thurs	FREE/£36
Autism All About Me Book	04/06/2026	09/07/2026	13:30	15:00	Thurs	FREE/£36
HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost
<b>Bingham Library</b>						
Yoga for Osteoporosis	17/04/2026	10/07/2026	09:45	10:45	Fri	FREE/£48
Yoga for Osteoporosis	17/04/2026	10/07/2026	11:00	12:00	Fri	FREE/£48
<b>Online</b>						
Positive Psychology for Wellbeing	14/04/2026	19/05/2026	12:00	14:00	Tues	FREE/£48
Positive Psychology for Wellbeing	02/06/2026	07/07/2026	12:00	14:00	Tues	FREE/£48
<b>West Bridgford Methodist Church</b>						
Yoga for Osteoporosis	17/04/2026	10/07/2026	13:00	14:30	Fri	FREE/£72
IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost
<b>Bingham Library</b>						
Word Processing Software - Level 2	17/04/2026	15/05/2026	13:30	16:30	Fri	FREE/£60 ★
Computer and Internet Basics	05/06/2026	03/07/2026	13:30	16:30	Fri	FREE/£60
Excel Spreadsheets for Work - Beginners	10/07/2026	24/07/2026	13:30	16:30	Fri	FREE/£36
<b>West Bridgford Library</b>						
iPhone Basics - Beginners Course	14/04/2026	28/04/2026	10:00	12:00	Tues	FREE/£30
Photo Editing for Beginners - with GIMP Free Software	14/04/2026	28/04/2026	13:00	15:00	Tues	FREE/£30
Spreadsheet Software - Level 1	14/04/2026	19/05/2026	17:00	19:00	Tues	FREE/£48 ★
Coding for Beginners - Python	02/06/2026	07/07/2026	13:30	15:30	Tues	FREE/£48
Presentation Software - Level 2	02/06/2026	14/07/2026	10:00	12:30	Tues	FREE/£70 ★
LANGUAGES	Starts	Ends	From	To	Day	Cost
<b>Bingham Library</b>						
French for Beginners	23/04/2026	02/07/2026	10:00	12:00	Thurs	FREE/£80
<b>Online</b>						
Spanish for Beginners - Part 3	13/04/2026	13/07/2026	14:00	16:00	Mon	FREE/£96
Spanish Intermediate - Part 3	15/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£96
Spanish Next Steps - Part 3	17/04/2026	03/07/2026	14:00	16:00	Fri	FREE/£96
Conversational French	22/04/2026	01/07/2026	18:00	20:00	Weds	FREE/£80
Spanish for Holidays	08/07/2026	29/07/2026	18:00	20:00	Weds	FREE/£32
<b>West Bridgford Library</b>						
Spanish - Intermediate 2	17/04/2026	10/07/2026	12:45	14:45	Fri	FREE/£96
MATHS	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Functional Skills Maths Intensive Level 2	17/04/2026	24/07/2026	09:30	12:30	Fri	FREE ★
MUSIC	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Music Theory for Songwriters, Composers and Improvisors	21/04/2026	30/06/2026	15:00	16:00	Tues	FREE/£40
Keyboards for Beginners	21/04/2026	30/06/2026	16:30	17:30	Tues	FREE/£40
Music Theory for Beginners	21/04/2026	30/06/2026	17:45	18:45	Tues	FREE/£40
Music Theory for Beginners - Next Steps	21/04/2026	30/06/2026	19:00	20:00	Tues	FREE/£40
Advanced Music Theory	22/04/2026	01/07/2026	17:15	18:15	Weds	FREE/£40
SCIENCE, SOCIAL SCIENCES & HUMANITIES	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Anatomy and Physiology	13/04/2026	18/05/2026	13:00	15:00	Mon	FREE/£40
Map Reading Made Easy	21/04/2026	12/05/2026	18:30	20:30	Tues	FREE/£32
The British Government and Politics - How it All Works	23/04/2026	07/05/2026	18:30	20:30	Thurs	FREE/£24
Psychology - An Introduction	08/06/2026	15/06/2026	18:00	20:00	Mon	FREE/£16
<b>West Bridgford Methodist Church</b>						
Exploring Greek Myths: A Source for Modern Fiction	05/06/2026	03/07/2026	13:00	15:00	Fri	FREE/£40
WORK SKILLS & EMPLOYABILITY	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Personal Development and Life Coaching	15/04/2026	27/05/2026	17:00	18:30	Weds	FREE/£30
Life Coaching - Next Steps	17/06/2026	22/07/2026	17:00	18:30	Weds	FREE/£36

\*subject to eligibility criteria

★ ACCREDITED COURSES: Get the skills you need to get the job you want!

**OUT NOW!** Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses across Nottinghamshire and online!



We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website [inspireculture.org.uk/learning](https://inspireculture.org.uk/learning)

inspireculture.org.uk | 01623 677 200 | learning@inspireculture.org.uk

# Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We offer courses in health and social care, business, counselling, mental health awareness and more! Some even have funding available, so your course could be fully or part-funded.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost
<b>Online</b>						
Internal Quality Assurance of Assessment Processes and Practice - Level 4 Award	30/03/2026	29/09/2026	9:30	13:30	Mon & Tues	FREE/£800 ★
Stress Awareness - Level 1 Award	14/04/2026	19/05/2026	18:00	20:30	Tues	FREE/£96 ★
Personal Physical Fitness - Level 2 Award	14/04/2026	19/05/2026	10:00	15:00	Tues	FREE/£80 ★
Developing Customer Service Skills - Level 1 Award	14/04/2026	19/05/2026	17:30	20:00	Tues	FREE/£76 ★
User Experience and User Interface (UX/UI) - Level 3	20/04/2026	06/07/2026	18:00	21:00	Mon, Tues, Weds, Thurs	FREE/£900 ★
Counselling Skills - Level 2 Certificate	21/04/2026	16/07/2026	10:30	14:30	Tues & Thurs	FREE/£480 ★
Mental Health Awareness - Level 2 Certificate	05/05/2026	09/07/2026	17:00	20:00	Tues & Thurs	FREE/£520 ★
Team Working and Improving Own Learning and Performance - Level 1 Award	10/06/2026	15/07/2026	11:30	14:00	Weds	FREE/£76 ★
Awareness of Substance Misuse - Level 1 Award	11/06/2025	16/07/2026	14:00	16:00	Thurs	FREE/£72 ★
Stress Awareness - Level 1 Award	13/06/2026	18/07/2026	9:30	12:30	Fri	FREE/£96 ★

★ ACCREDITED COURSES: Get the skills you need to get the job you want!

\*subject to eligibility criteria

Inspire **Adult Learning**  
Culture | Learning | Libraries

>> Enrolling now

Starts September 2026

Study online or at Beeston Library

ACCESS TO **HIGHER EDUCATION**

- Do you have ambitions of a career in the Health and Social Care sector?
- Inspire Adult Learning can help you achieve your goals.

>> in Health and Social Care

- **No GCSEs needed** - we'll help you work towards Functional Skills in maths and English
- **Financial support available** through an Advanced Learner Loan or flexible payment options
- **FREE** if you're aged 19-23 and this is your first full Level 3 qualification



ENROL NOW!

@InspireLearningSkills #Belinspired #InspireLearning

[inspireculture.org.uk/accesstohe](https://inspireculture.org.uk/accesstohe) | 01623 677 200 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

Inspire **College**  
Culture | Learning | Libraries

**ENROLLING NOW!**

Inspire College bases across Nottinghamshire

Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships\*\*

Our GCSE resit pass rate is above the national average!

\* Child benefit not affected

\*\* Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16-19\* in Rushcliffe?

Supporting your studies, supporting your success!

@InspireLearning1624

#Belinspired #InspireLearning



ENROL NOW!

[inspireculture.org.uk/college](https://inspireculture.org.uk/college) | 0115 804 3611 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

**FREE\* IT AND DIGITAL SKILLS COURSES**

with Inspire Adult Learning

Whether you are seeking to enhance your employability through IT qualifications or to build foundational digital skills for greater confidence online, we can support you at any level of experience.

**Our FREE\* and low-cost courses are taking place across RUSHCLIFFE and online.**

[inspireculture.org.uk/digitalskills](https://inspireculture.org.uk/digitalskills) | 01623 677 200 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

**Gain skills & confidence!**



working with



Funded by UK Government