



In this issue

Your guide to all
Inspire Adult Learning
courses in Rushcliffe!

Progress your career or
up-skill with career boosting
Accredited Courses

Learner Hub: Quick and easy to enrol!

English
and maths
courses

FREE* and low
cost courses

Learn new
skills and
hobbies

Online
Courses

IT & Digital
Courses

BOOKING IS EASY THROUGH LEARNER HUB!

SCAN THIS QR CODE TO BROWSE COURSES IN RUSHCLIFFE



BOOK NOW! Go online inspireculture.org.uk/learning or call **01623 677 200**

Hello!

Our new courses for the autumn term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Rushcliffe and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

Many of our courses are **free or low cost** to you depending on your circumstances. You may even be eligible for full funding, an Advanced Learner Loan or flexible payment options to help you with the cost of accredited courses that lead to a qualification. Find out more about our affordable funding options at inspireculture.org.uk/fundingyourcourse

How to book Browse and book courses via our website inspireculture.org.uk/learning or call Ask Inspire on **01623 677 200**. Our opening times are Monday to Friday 9am to 6pm, and Saturday 9am to 4pm.

We look forward to welcoming you!

EASY TO SIGN UP, BOOK YOUR COURSES VIA LEARNER HUB



Learner Hub is our online course booking system, and makes it quicker and easier for you to book onto courses with us.

To use our booking system, all you need to do is create an online account using your email address. After you've signed up, you can enrol on a course just by entering your email and password and going to checkout – simple! If you prefer to book by emailing us directly, no problem, you can still get in touch this way.

All our courses are available to browse on both our main website and the Learner Hub. Just go to inspireculture.org.uk/learning to browse and book!

GET FREE CAREERS ADVICE AND SUPPORT



ACHIEVE MORE! Use your library to support your learning with bookable computers, free WiFi, quiet study spaces, printing and photocopying.

COURSE LISTINGS

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
Online						
Flow and Freedom - Mindful Art	08/09/2026	13/10/2026	18:00	20:00	Tues	FREE/£48
Glass Painting for All - Beginners	10/09/2026	15/10/2026	18:00	20:00	Thurs	FREE/£48
Flow and Freedom - Mindful Art	03/11/2026	08/12/2026	18:00	20:00	Tues	FREE/£48
Glass Painting for All - Improvers	05/11/2026	10/12/2026	18:00	20:00	Thurs	FREE/£48
West Bridgford Library						
Flower Arranging for Beginners	17/09/2026	15/10/2026	13:00	15:00	Thurs	FREE/£40
Flower Arranging - Festive Flowers	12/11/2026	10/12/2026	13:00	15:00	Thurs	FREE/£40
West Bridgford Methodist Church						
Art for Beginners	10/09/2026	15/10/2026	10:00	12:30	Thurs	FREE/£60
Botanical Printing and Template Monoprinting - Making Artists' Books and Journals	10/09/2026	15/10/2026	13:15	15:45	Thurs	FREE/£60
Art Next Steps	05/11/2026	10/12/2026	10:00	12:30	Thurs	FREE/£60
Lino Printed Christmas Cards, Wrapping Paper and Gifts	05/11/2026	10/12/2026	13:15	15:45	Thurs	FREE/£60
COOKING	Starts	Ends	From	To	Day	Cost
West Bridgford Library						
Edible Treats	09/11/2026	30/11/2026	13:30	15:30	Mon	FREE/£32
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
West Bridgford Library						
Ten Centuries of Poetry	11/09/2026	16/10/2026	14:00	16:00	Fri	FREE/£32
Writing Skills, Writing Styles	13/11/2026	27/11/2026	14:00	16:00	Fri	FREE/£24
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
Online						
English Functional Skills	09/09/2026	10/02/2027	18:00	20:00	Weds	FREE ★
English Functional Skills	10/09/2026	11/02/2027	13:00	16:00	Thurs	FREE ★
ESOL Speaking and Listening E1-E3	11/09/2026	23/02/2027	9:30	12:00	Fri	FREE ★
English Functional Skills	11/09/2026	12/02/2027	10:00	13:00	Fri	FREE ★
ESOL Everyday English	16/09/2026	10/02/2027	18:00	20:00	Weds	FREE
GCSE English Language	06/10/2026	15/06/2027	9:30	13:00	Tues	FREE ★
English Functional Skills	04/11/2026	24/03/2027	9:30	12:30	Weds	FREE ★
ESOL Everyday English for Beginners - Part 1	05/11/2026	11/02/2027	9:30	11:30	Thurs	FREE
West Bridgford Library						
English Functional Skills	07/09/2026	08/02/2027	9:30	12:30	Mon	FREE ★
ESOL	08/09/2026	23/07/2027	9:30	12:30	Tues & Fri	FREE ★
ESOL Employability	15/09/2026	15/12/2026	13:00	15:00	Tues	FREE

Visit inspireculture.org.uk/learning or your local Nottinghamshire library for full course listings, including dates, times and costs.

FAMILY LEARNING	Starts	Ends	From	To	Day	Cost
Online						
SEND Awareness	08/09/2026	13/10/2026	13:30	15:30	Tues	FREE/£48
Help Your Child Understand Their Emotions	01/10/2026	15/10/2026	11:00	13:00	Thurs	FREE/£24
Autism All About Me Book	02/11/2026	07/12/2026	9:30	11:30	Mon	FREE/£48
HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost
Bingham Library						
Yoga for Osteoporosis	11/09/2026	11/12/2026	9:45	10:45	Fri	FREE/£48
Yoga for Osteoporosis	11/09/2026	11/12/2026	11:00	12:00	Fri	FREE/£48
Online						
Emotional Intelligence	08/09/2026	13/10/2026	10:30	13:00	Tues	FREE/£60
Forest Bathing	23/09/2026	07/10/2026	10:00	11:30	Weds	FREE/£18
West Bridgford Methodist Church						
Yoga for Osteoporosis	11/09/2026	11/12/2026	13:00	14:30	Fri	FREE/£72
IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost
Bingham Library						
Computer Skills for Beginners	21/09/2026	12/10/2026	10:00	12:00	Mon	FREE/£32
Online						
Computer Coding for Beginners	14/09/2026	12/10/2026	10:00	12:00	Mon	FREE/£40
Artificial Intelligence: An Introduction	14/09/2026	12/10/2026	13:00	15:00	Mon	FREE/£40
Digital Marketing and Social Media Management	23/09/2026	14/10/2026	18:00	20:00	Weds	FREE/£32
Excel Spreadsheets for Work - Beginners	24/09/2026	08/10/2026	18:00	20:00	Thurs	FREE/£24
West Bridgford Library						
Computer Skills for Beginners	01/09/2026	22/09/2026	12:30	15:30	Tues	FREE/£32
3D Design Using the Free Tinkercad Programme	16/09/2026	14/10/2026	10:00	12:00	Weds	FREE/£40
Digital Marketing - Using the Free Online Canva Website	16/09/2026	14/10/2026	13:00	15:00	Weds	FREE/£40
LANGUAGES	Starts	Ends	From	To	Day	Cost
Bingham Library						
French - Next Steps	10/09/2026	10/12/2026	10:30	12:30	Thurs	FREE/£80
Conversational French	10/09/2026	10/12/2026	13:00	15:00	Thurs	FREE/£80
Online						
Spanish for Beginners	14/09/2026	07/12/2026	14:00	16:00	Mon	FREE/£104
French for Beginners	15/09/2026	01/12/2026	18:00	20:00	Tues	FREE/£80
Spanish Next Steps	16/09/2026	09/12/2026	18:00	20:00	Weds	FREE/£104
Holiday Spanish	17/09/2026	22/10/2026	9:00	11:00	Thurs	FREE/£48
Spanish Intermediate	18/09/2026	11/12/2026	14:00	16:00	Fri	FREE/£104
West Bridgford Library						
Spanish for Beginners	11/09/2026	11/12/2026	12:45	14:45	Fri	FREE/£96
Spanish Next Steps	11/09/2026	11/12/2026	15:00	17:00	Fri	FREE/£96
MATHS	Starts	Ends	From	To	Day	Cost
Online						
Functional Skills Maths	07/09/2026	08/02/2027	13:30	16:30	Mon	FREE ★
GCSE Transition	08/09/2026	09/02/2027	9:30	12:30	Tues	FREE ★
Functional Skills Maths	08/09/2026	09/02/2027	17:00	20:00	Tues	FREE ★
Functional Skills Maths	09/09/2026	10/02/2027	17:00	20:00	Weds	FREE ★
GCSE Maths	11/09/2026	11/06/2027	9:30	14:00	Fri	FREE ★
West Bridgford Library						
Functional Skills Maths	07/09/2026	08/02/2027	13:00	16:00	Mon	FREE ★
MUSIC	Starts	Ends	From	To	Day	Cost
Online						
Music Theory for Songwriters, Composers and Improvisors	15/09/2026	01/12/2026	15:00	16:00	Tues	FREE/£40
Keyboards for Beginners	15/09/2026	01/12/2026	16:30	17:30	Tues	FREE/£40
Music Theory for Beginners	15/09/2026	01/12/2026	17:45	18:45	Tues	FREE/£40
Music Theory - Next Steps	15/09/2026	01/12/2026	19:00	20:00	Tues	FREE/£40
Keyboards for Beginners	16/09/2026	02/12/2026	10:30	11:30	Weds	FREE/£40
Music Theory - Advanced	16/09/2026	02/12/2026	17:15	18:15	Weds	FREE/£40
SCIENCE, SOCIAL SCIENCES & HUMANITIES	Starts	Ends	From	To	Day	Cost
Online						
The British Government and Politics - How it All Works	12/11/2026	26/11/2026	18:30	20:30	Thurs	FREE/£24
WORK SKILLS & EMPLOYABILITY	Starts	Ends	From	To	Day	Cost
Online						
Personal Development and Life Coaching	09/09/2026	14/10/2026	17:00	18:30	Weds	FREE/£36
Dementia Awareness - An Introduction	16/09/2026	16/09/2026	17:30	20:30	Weds	FREE/£12
Mental Health Awareness - An Introduction	30/09/2026	30/09/2026	17:30	20:30	Weds	FREE/£12
Dementia Awareness - An Introduction	02/10/2026	02/10/2026	9:30	12:30	Fri	FREE/£12
Mental Health Awareness - An Introduction	16/10/2026	16/10/2026	9:30	12:30	Fri	FREE/£12
Life Coaching - Next Steps	04/11/2026	09/12/2026	17:00	18:30	Weds	FREE/£36

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We offer courses in health and social care, business, counselling, mental health awareness and more! Some even have funding available, so your course could be fully or part-funded.



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://www.inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost
Online						
Understanding Specific Learning Difficulties - Level 2 Certificate	07/09/2026	09/03/2027	10:00	13:00	Mon & Tues	FREE/£516 ★
Counselling Skills - Level 2 Certificate	08/09/2026	07/01/2027	10:00	14:30	Tues & Weds	FREE/£480 ★
Understanding Mental Health Level 3 Certificate	08/09/2026	17/12/2026	10:00	13:00	Tues & Thurs	FREE/£612 ★
Supporting Individuals with Learning Difficulties - Level 3 Award	11/09/2026	07/05/2027	9:30	12:30	Fri	FREE/£332 ★
Coaching and Mentoring Level 3 Certificate	14/09/2026	08/02/2027	17:30	20:30	Tues	FREE/£616 ★
Mentoring - Level 2 Award	14/09/2026	08/02/2027	10:00	13:00	Mon	FREE/£240 ★
Support Work in Schools and Colleges - Level 2 Award	14/09/2026	12/04/2027	16:00	20:00	Mon	FREE/£360 ★
Business - Level 2 Certificate	15/09/2026	18/03/2027	10:00	12:30	Tues & Thurs	FREE/£460 ★
Health and Social Care - Level 2 Certificate	15/09/2026	11/02/2027	17:00	20:30	Tues & Thurs	FREE/£720 ★
Understanding Children and Young People's Mental Health - Level 2 Certificate	16/09/2026	07/07/2027	15:00	19:30	Weds & Tues	FREE/£540 ★
User Experience/User Interface (UXUI) - Level 3	21/09/2026	10/12/2026	18:00	21:00	Mon, Tues, Weds & Thurs	FREE/£900 ★
Diploma in Counselling Skills Level 3	22/09/2026	08/07/2027	16:00	20:00	Tues & Thurs	FREE/£1080 ★
Diploma in Counselling Skills Level 3	23/09/2026	16/07/2027	10:00	14:00	Weds & Fri	FREE/£1080 ★
Information, Advice or Guidance (IAG) - Level 2 Certificate	23/09/2026	13/01/2027	16:00	19:00	Weds	FREE/£456 ★
Award in Education and Training (AET) - Level 3	07/10/2026	28/01/2027	18:00	20:00	Weds & Thurs	FREE/£495 ★
Assessing Vocationally Related Achievement - Level 3 Award	19/10/2026	19/04/2027	9:30	1:30	Mon & Tues	FREE/£750 ★
Sowing and Growing - Level 1 Award	04/11/2026	09/12/2026	18:00	20:00	Weds	FREE/£76 ★
Stress Awareness - Level 1 Award	06/11/2026	11/12/2026	9:30	12:30	Fri	FREE/£96 ★
Wildlife and Conservation - Level 1 Award	06/11/2026	11/12/2026	16:30	19:00	Fri	FREE/£76 ★

★ ACCREDITED COURSES: Get the skills you need to get the job you want!

*subject to eligibility criteria

Inspire Adult Learning
Culture | Learning | Libraries

>> Enrolling now

Starts September 2026

Study online or at Beeston Library

ACCESS TO

HIGHER EDUCATION

- Do you have ambitions of a career in the Health and Social Care sector?
- Inspire Adult Learning can help you achieve your goals.

>> in Health and Social Care

- **No GCSEs needed** – we'll help you work towards Functional Skills in maths and English
- **Financial support available** through an Advanced Learner Loan or flexible payment options
- **FREE** if you're aged 19-23 and this is your first full Level 3 qualification

[@InspireLearningSkills](https://www.facebook.com/InspireLearningSkills) #BeInspired #InspireLearning



ENROL NOW!

[inspireculture.org.uk/accesstohe](https://www.inspireculture.org.uk/accesstohe) | 01623 677 200 | learning@inspireculture.org.uk

Inspire College
Culture | Learning | Libraries



ENROLLING NOW!

Inspire College bases across Nottinghamshire

Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships**

Our GCSE resit pass rate is above the national average!

* Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16 - 19* in Rushcliffe?

Supporting your studies, supporting your success!

[@InspireLearning1624](https://www.facebook.com/InspireLearning1624)

#BeInspired #InspireLearning



ENROL NOW!

[inspireculture.org.uk/college](https://www.inspireculture.org.uk/college) | 0115 804 3611 | learning@inspireculture.org.uk

FREE* IT AND DIGITAL SKILLS COURSES

with Inspire Adult Learning

Whether you are seeking to enhance your employability through IT qualifications or to build foundational digital skills for greater confidence online, we can support you at any level of experience.

Our FREE* and low-cost courses are taking place across RUSHCLIFFE and online.

[inspireculture.org.uk/digitalskills](https://www.inspireculture.org.uk/digitalskills) | 01623 677 200 | learning@inspireculture.org.uk

Gain skills & confidence!

Inspire
Culture | Learning | Libraries

working with



Nottinghamshire County Council

CLAIRE WARD
MAYOR OF THE
EAST MIDLANDS



East Midlands
Combined County
Authority



Funded by UK Government