

SHORT COURSES IN MANSFIELD - SPRING 2018

Courses are **FREE** if you're in receipt of certain benefits.

Enrolling **NOW!**

Course	Venue	Day	Start Date	End Date	Start Time	End Time	Cost
Holistic Care for a Healthy Menopause	Mansfield Library	Sat	13/01/2018	17/02/2018	14:00	16:00	£36.00
Bookkeeping for Beginners	Mansfield Library	Mon	15/01/2018	12/02/2018	10:00	12:00	£30.00
Mindfulness	Mansfield Library	Mon	15/01/2018	12/02/2018	10:00	12:00	£30.00
Seated Yoga	Mansfield Library	Mon	15/01/2018	12/02/2018	10:00	12:00	£30.00
Blogging for Beginners	Mansfield Library	Mon	15/01/2018	12/02/2018	13:00	15:00	£30.00
Crochet for Beginners	Mansfield Library	Tue	16/01/2018	13/02/2018	10:00	12:00	£30.00
Flower Arranging for Beginners	Mansfield Library	Tue	16/01/2018	13/02/2018	10:00	12:00	£30.00
Scrabble for Beginners	Mansfield Library	Tue	16/01/2018	13/02/2018	13:00	15:00	£30.00
Flower Arranging - Intermediate	Mansfield Library	Tue	16/01/2018	13/02/2018	13:00	15:00	£30.00
Budgeting - Living Well in Challenging Times	Mansfield Library	Wed	17/01/2018	14/02/2018	10:00	12:00	£30.00
Pilates - Intermediate	Mansfield Library	Wed	17/01/2018	28/03/2018	11:15	12:15	£30.00
Confidence for Work	Mansfield Library	Wed	17/01/2018	14/02/2018	13:00	15:00	£30.00
Pilates for Beginners	Mansfield Library	Wed	17/01/2018	14/02/2018	13:00	15:00	£30.00
Studio Skills - Audio Production	The Old Library (Mansfield)	Wed	17/01/2018	28/02/2018	18:30	20:30	£36.00
Baby Yoga - An Introduction for babies aged 8 - 20 weeks and their parents	Mansfield Library	Thu	18/01/2018	15/02/2018	10:00	11:30	FREE
Food & Nutrition - Eat Well for Life	Mansfield Library	Thu	18/01/2018	15/02/2018	10:00	12:00	£30.00
Photography - An Introduction	Mansfield Library	Thu	18/01/2018	15/02/2018	13:00	15:00	£30.00
Sugar Craft Flowers for Beginners	Mansfield Library	Thu	18/01/2018	15/02/2018	13:00	15:00	£30.00
Ballet - A Beginners Workout for Posture, Balance & Flexibility	Mansfield Library	Fri	19/01/2018	16/02/2018	10:00	11:00	£15.00
Music Making for Early Years	Mansfield Library	Fri	19/01/2018	23/03/2018	10:30	11:30	FREE
English - Functional Skills	Mansfield Library	Fri	19/01/2018	23/03/2018	13:00	16:00	FREE
Dementia - Compassionate Communication	Mansfield Library	Fri	19/01/2018	19/01/2018	13:00	15:00	£6.00
Knit Your Own Self Esteem	Mansfield Library	Sat	20/01/2018	20/01/2018	09:30	16:00	£18.00
Ipads/Tablets for Beginners	Mansfield Library	Sat	20/01/2018	03/02/2018	10:00	12:30	£22.50
Blogging for Beginners	Mansfield Library	Sat	20/01/2018	03/02/2018	13:30	16:00	£22.50
Creative Writing - Ideas & Inspiration	Mansfield Library	Sun	28/01/2018	28/01/2018	11:00	15:00	£10.50
Peace of Mind - Coping with Anxiety & Depression	Mansfield Library	Sat	03/02/2018	24/02/2018	13:00	15:30	£30.00
Murder Most Interesting - Fascinating Facts for all Crime Fans	Mansfield Library	Sat	03/02/2018	24/02/2018	10:00	12:30	£30.00
Indian Head Massage for Beginners	Mansfield Library	Sat	10/02/2018	10/02/2018	10:00	16:00	£16.50
Dementia - A Gentle Way	Mansfield Library	Sat	17/02/2018	17/02/2018	09:30	16:00	£18.00
Sewing for Beginners	Mansfield Library	Wed	28/02/2018	28/03/2018	13:00	15:00	£30.00
Sinister Secrets and Dark Deeds	Mansfield Library	Sun	04/03/2018	25/03/2018	11:00	13:30	£30.00

For more information and our full course listing pick up a copy of our new course guide from your local library. You can also download a copy and book your place online at www.inspireculture.org.uk/learning or call us on 0115 804 4363.

We've made every effort to make sure that course information is correct at the time of printing but we advise you to check details when booking. We reserve the right to cancel a course if there are insufficient enrolments.

Adult Further Education Courses & Qualifications

If you're looking for a career change, or you want to expand your skills and knowledge to boost your job prospects, Inspire Learning can help!

Customer Service, Business Administration & IT

Level 4 NVQ Diploma in Advice and Guidance
Level 3 NVQ Certificate in Advice and Guidance
Level 3 NVQ Diploma in Customer Service
Level 3 NVQ Diploma in Business Administration
Level 3 Certificate for IT Users

Health, Social Care & Early Years

Access to Higher Education - Health and Social Care
Level 4 Diploma in Adult Care
Level 3 Diploma in Health and Social Care (Adults)
Level 3 Certificate in Preparing to Work in Adult Social Care
Level 3 Certificate in Working in End of Life Care
Level 3 Diploma for the Early Years Practitioner

Leadership & Management

Level 5 Diploma in Coaching and Mentoring
Level 4 Certificate in Leadership and Management for FE Managers
Level 4 Certificate in Principles of Leadership and Management
Level 3 Certificate in Coaching and Mentoring
Level 3 Certificate in Principles of Leadership and Management

Training & Education

AIM Awards Level 3 Certificate in Assessing Vocational Achievement
AIM Awards Level 4 Certificate in Education and Training

19+ Advanced Learner Loans Available - we help you to apply!