

SHORT COURSES IN RUSHCLIFFE - SPRING 2018

Course	Venue	Day	Start Date	End Date	Start Time	End Time	Cost
English - Functional Skills	Bingham Library	Thu	11/01/2018	29/03/2018	09:30	12:00	FREE
Alternative Therapies - An Introduction	West Bridgford Library	Thu	11/01/2018	15/02/2018	10:00	12:00	£36.00
Maths - Functional Skills	West Bridgford Library	Thu	11/01/2018	29/03/2018	13:00	15:30	FREE
Bespoke Crafts	Bingham Library	Thu	11/01/2018	15/02/2018	13:00	15:30	£45.00
English Functional Skills	West Bridgford Library	Fri	12/01/2018	23/03/2018	09:30	12:00	FREE
Discovering Mindfulness Through Art	West Bridgford Library	Mon	15/01/2018	12/02/2018	09:30	12:00	£37.50
Food & Nutrition - Eat Well for Life	West Bridgford Library	Mon	15/01/2018	12/02/2018	13:00	15:00	£30.00
Peace of Mind - Coping with Anxiety & Depression	Bingham Library	Tue	16/01/2018	13/02/2018	13:00	15:30	£37.50
Peace of Mind - Coping with Anxiety & Depression	West Bridgford Library	Tue	16/01/2018	13/02/2018	13:30	16:00	£37.50
Confidence Building	Bingham Library	Wed	17/01/2018	14/02/2018	09:30	12:00	£37.50
Home Made Beauty Products	West Bridgford Library	Wed	17/01/2018	14/02/2018	09:30	12:00	£37.50
Italian - Intermediate	West Bridgford Library	Fri	19/01/2018	16/02/2018	13:00	14:30	£22.50
First Aid for Older People	West Bridgford Library	Mon	12/02/2018	12/02/2018	09:30	16:30	£19.50
Food & Nutrition - Be Weight Wise	West Bridgford Library	Mon	26/02/2018	26/03/2018	13:00	15:00	£30.00
First Aid	West Bridgford Library	Tue	27/02/2018	27/02/2018	09:30	17:00	£21.00
Mindfulness	Bingham Library	Tue	27/02/2018	27/03/2018	10:00	12:00	£30.00
Mindfulness	West Bridgford Library	Wed	28/02/2018	28/03/2018	10:00	12:00	£30.00
Creative Writing - An Introduction	West Bridgford Library	Thu	01/03/2018	29/03/2018	14:00	16:00	£30.00
Italian for Holidays	West Bridgford Library	Fri	02/03/2018	23/03/2018	13:00	15:30	£30.00
Crime & Punishment	West Bridgford Library	Sat	03/03/2018	24/03/2018	10:00	12:30	£30.00
Life Drawing & Still Life Work	West Bridgford Library	Tue	06/03/2018	27/03/2018	09:30	12:00	£30.00
Easter Crafts	West Bridgford Library	Tue	06/03/2018	27/03/2018	13:15	14:45	FREE

For more information and our full course listing pick up a copy of our new course guide from your local library. You can also download a copy and book your place online at www.inspireculture.org.uk/learning or call us on 0115 804 4363.

We've made every effort to make sure that course information is correct at the time of printing but we advise you to check details when booking. We reserve the right to cancel a course if there are insufficient enrolments.

Courses are **FREE** if you're in receipt of certain benefits.

Enrolling NOW!

Adult Further Education Courses & Qualifications

If you're looking for a career change, or you want to expand your skills and knowledge to boost your job prospects, Inspire Learning can help!

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Level 4 NVQ Diploma in Advice & Guidance
Level 3 NVQ Certificate in Advice & Guidance
Level 3 NVQ Diploma in Customer Service
Level 3 NVQ Diploma in Business Administration
Level 3 Certificate for IT Users

Health, Social Care & Early Years

Access to Higher Education - Health and Social Care
Level 4 Diploma in Adult Care
Level 3 Diploma in Health and Social Care (Adults)
Level 3 Certificate in Preparing to Work in Adult Social Care
Level 3 Certificate in Working in End of Life Care
Level 3 Diploma for the Early Years Practitioner

Leadership & Management

Level 5 Diploma in Coaching and Mentoring
Level 4 Certificate in Leadership and Management for FE Managers
Level 4 Certificate in Principles of Leadership and Management
Level 3 Certificate in Coaching and Mentoring
Level 3 Certificate in Principles of Leadership and Management

Training & Education

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AIM Awards Level 4 Certificate in Education and Training

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