

# SHORT COURSES IN GEDLING

## SEP-DEC 2018

Course	Venue	Day	Start Date	End Date	Start Time	End Time	Cost	Course ID
Worst Witch School Badge Making Workshop	Arnold Library	Wed	22/08/2018	22/08/2018	10:30	12:00	FREE	32024
English Functional Skills	Arnold Library	Tue	04/09/2018	11/12/2018	09:30	12:30	FREE	31893
Music Making for Early Years	Bestwood Village Community Centre	Thu	06/09/2018	04/10/2018	10:00	11:00	FREE	31933
Maths Functional Skills	Arnold Library	Fri	07/09/2018	14/12/2018	09:30	12:30	FREE	31916
Staying Safe Online	Arnold Library	Mon	17/09/2018	22/10/2018	13:00	15:00	£48.00	31892
Counselling Skills - An Introduction	Arnold Library	Tue	18/09/2018	23/10/2018	13:00	15:00	£48.00	32001
Pilates for Beginners	Arnold Library	Tue	18/09/2018	23/10/2018	16:30	18:00	£36.00	32004
Colour Theory and Design	Ravenshead Library	Tue	18/09/2018	23/10/2018	09:30	12:00	£60.00	32159
Sewing for Beginners	Arnold Library	Wed	19/09/2018	24/10/2018	09:30	11:30	£48.00	31894
Sugarcraft - Seasonal Flowers for Beginners	Bestwood Village Community Centre	Wed	19/09/2018	24/10/2018	10:00	12:00	£48.00	31935
Drawing and Painting for Beginners	Arnold Library	Thu	20/09/2018	25/10/2018	09:30	11:30	£48.00	31895
Painting with Watercolours	Arnold Library	Thu	20/09/2018	25/10/2018	13:00	15:00	£48.00	31896
Mindfulness - A Taster	Arnold Library	Thu	20/09/2018	20/09/2018	16:30	18:30	£8.00	31897
Collage and Mixed Media	Arnold Library	Fri	21/09/2018	26/10/2018	09:30	11:30	£48.00	31901
Yoga for Beginners	Arnold Library	Fri	21/09/2018	26/10/2018	13:00	15:00	£40.00	31902
Dementia Awareness	Arnold Library	Sat	22/09/2018	22/09/2018	09:30	11:30	£8.00	31918
Celebrate Literature - Golden Age Crime Fiction	Arnold Library	Mon	24/09/2018	24/09/2018	09:30	11:30	£8.00	32123
Herbal Remedies for Winter Health	Bestwood Village Community Centre	Mon	08/10/2018	15/10/2018	10:00	12:00	£32.00	32153
Baby Yoga - For Babies Aged 8-20 Weeks	Carlton Library	Wed	26/09/2018	24/10/2018	09:30	11:30	FREE	32340
Baby Yoga - For Babies Aged 6 Months +	Carlton Library	Wed	26/09/2018	24/10/2018	11:30	13:30	FREE	32341
Reiki - An Introduction	Arnold Library	Thu	27/09/2018	27/09/2018	16:30	18:30	£8.00	31899
Dementia Awareness - Compassionate Communication	Arnold Library	Sat	29/09/2018	29/09/2018	09:30	11:30	£8.00	31919
Celebrate Literature - An Introduction to Poetry	Arnold Library	Mon	01/10/2018	01/10/2018	09:30	11:30	£8.00	32125
Flower Arranging for Beginners	Arnold Library	Thu	04/10/2018	25/10/2018	16:30	18:30	£32.00	31900
Meditation - An Introduction	Arnold Library	Fri	05/10/2018	05/10/2018	13:00	15:00	£8.00	31915
Mental Health Awareness	Arnold Library	Sat	06/10/2018	06/10/2018	09:30	11:30	£8.00	32018
Celebrate Literature - Shakespeare	Arnold Library	Mon	08/10/2018	08/10/2018	09:30	11:30	£8.00	32127
Emergency First Aid at Work	Bestwood Village Community Centre	Thu	11/10/2018	11/10/2018	09:30	16:00	£24.00	31974
Scrabble for Beginners	Ravenshead Library	Thu	11/10/2018	25/10/2018	14:00	15:30	£18.00	32154
Learning Disabilities - An Understanding	Arnold Library	Sat	13/10/2018	13/10/2018	09:30	11:30	£8.00	31920
Paediatric Emergency First Aid	Bestwood Village Community Centre	Thu	18/10/2018	18/10/2018	09:30	16:00	£24.00	31973
Autism Awareness	Arnold Library	Sat	20/10/2018	20/10/2018	09:30	11:30	£8.00	31921
Celebrate Literature - Nottinghamshire Authors	Arnold Library	Mon	22/10/2018	22/10/2018	09:30	11:30	£8.00	32129
Health and Safety	Bestwood Village Community Centre	Thu	25/10/2018	25/10/2018	09:30	13:00	£14.00	32165
Safe Moving and Handling (Objects)	Bestwood Village Community Centre	Thu	25/10/2018	25/10/2018	13:30	17:00	£14.00	32169
Music Making for Early Years	Arnold Library	Mon	05/11/2018	10/12/2018	10:30	11:30	FREE	31998
Balletcise - Beginners	Arnold Library	Tue	06/11/2018	11/12/2018	16:30	18:30	£48.00	31924
Alternative Therapies - An Introduction	Arnold Library	Wed	07/11/2018	07/11/2018	09:30	11:30	£8.00	31925
Sugarcraft - Festive Flowers for Beginners	Bestwood Village Community Centre	Wed	07/11/2018	12/12/2018	10:00	12:00	£48.00	31936
Draw and Paint your own Christmas Cards	Arnold Library	Thu	08/11/2018	13/12/2018	13:00	15:00	£48.00	31927
Flower Arranging - Festive Ideas	Arnold Library	Thu	08/11/2018	13/12/2018	16:30	18:30	£48.00	31929
Music Making for Early Years	Bestwood Village Community Centre	Thu	08/11/2018	13/12/2018	10:00	11:00	FREE	31934
Christmas Crafts	Arnold Library	Thu	08/11/2018	13/12/2018	09:30	11:30	£48.00	31999
Photography - An Introduction	Ravenshead Library	Thu	08/11/2018	06/12/2018	09:30	11:30	£40.00	32162
An Introduction to Basic IT	Arnold Library	Fri	09/11/2018	14/12/2018	09:30	11:30	£48.00	31930
Photograph Restoration	Arnold Library	Fri	09/11/2018	14/12/2018	13:00	15:00	£48.00	31931
Makeup for Mature Skin	Bestwood Village Community Centre	Mon	12/11/2018	12/11/2018	09:30	16:00	£24.00	32160
Sewing - Christmas Crafts	Arnold Library	Wed	21/11/2018	12/12/2018	09:30	11:30	£32.00	31926

For more information and our full course listing pick up a copy of our new course guide from your local library. You can also download a copy and book your place online at [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) or call us on 0115 804 4363.

We've made every effort to make sure that course information is correct at the time of printing but we advise you to check details when booking. We reserve the right to cancel a course if there are insufficient enrolments.

Short courses are **FREE** if you're in receipt of certain benefits.