

# SHORT COURSES IN RUSHCLIFFE

## SEP-DEC 2018

Short courses are **FREE** if you're in receipt of certain benefits.

Course	Venue	Day	Start Date	End Date	Start Time	End Time	Cost	Course ID
English Functional Skills	West Bridgford Library	Mon	03/09/2018	17/12/2018	09:30	12:30	FREE	32201
Maths Functional Skills	West Bridgford Library	Mon	03/09/2018	17/12/2018	13:00	16:00	FREE	32203
English Functional Skills	Bingham Library	Thu	06/09/2018	13/12/2018	09:30	12:30	FREE	32202
English Functional Skills	Keyworth Library	Fri	07/09/2018	14/12/2018	13:00	16:00	FREE	32311
Mental Health First Aid	West Bridgford Library	Thu	13/09/2018	14/09/2018	09:00	16:30	£81.00	32214
Mindfulness - An Introduction	West Bridgford Library	Tue	18/09/2018	23/10/2018	10:00	12:00	£40.00	32206
Calligraphy for Beginners	West Bridgford Library	Tue	18/09/2018	23/10/2018	14:00	16:00	£40.00	32209
Emergency First Aid at Work	West Bridgford Library	Thu	20/09/2018	20/09/2018	09:30	16:00	£24.00	32306
Peace of Mind - Coping with Anxiety and Depression	West Bridgford Library	Fri	21/09/2018	26/10/2018	10:00	12:00	£40.00	32264
Italian for Beginners	West Bridgford Library	Fri	21/09/2018	26/10/2018	13:00	15:00	£40.00	32275
Italian - Next Steps	West Bridgford Library	Fri	21/09/2018	26/10/2018	16:00	18:00	£40.00	32295
Italian for Beginners	Bingham Library	Tue	25/09/2018	23/10/2018	09:30	11:30	£40.00	32300
Peace of Mind - Coping with Anxiety and Depression	Keyworth Library	Wed	03/10/2018	24/10/2018	10:00	12:00	£32.00	32309
DIY Gifts	Keyworth Library	Wed	03/10/2018	24/10/2018	13:00	15:30	£40.00	32310
DIY Gifts	West Bridgford Library	Thu	04/10/2018	25/10/2018	13:00	15:30	£40.00	32260
Dyslexia Awareness	West Bridgford Library	Sat	06/10/2018	06/10/2018	10:00	12:30	£10.00	32296
Life Drawing and Still Life	West Bridgford Library	Thu	11/10/2018	01/11/2018	09:30	12:00	£40.00	32256
Mental Health Awareness	West Bridgford Library	Sat	20/10/2018	20/10/2018	10:00	12:30	£10.00	32297
Balletcise - Beginners	West Bridgford Library	Mon	05/11/2018	10/12/2018	17:00	18:30	£36.00	32205
Creative Writing Through Poetry	West Bridgford Library	Tue	06/11/2018	11/12/2018	14:00	16:00	£48.00	32210
Italian for Winter Holidays	Bingham Library	Tue	06/11/2018	11/12/2018	09:30	11:30	£48.00	32301
A Little Latin	West Bridgford Library	Wed	07/11/2018	12/12/2018	10:00	12:00	£48.00	32211
Mindfulness - An Introduction	Keyworth Library	Wed	07/11/2018	05/12/2018	10:00	12:00	£40.00	32312
Sewing - Home Furnishings As A Business	West Bridgford Library	Thu	08/11/2018	15/11/2018	09:30	15:30	£40.00	32258
Counselling Skills - An Introduction	West Bridgford Library	Fri	09/11/2018	14/12/2018	10:00	12:00	£48.00	32273
Italian for Winter Holidays	West Bridgford Library	Fri	09/11/2018	14/12/2018	13:00	15:00	£48.00	32294
DIY Gifts	Bingham Library	Fri	09/11/2018	30/11/2018	10:00	12:30	£40.00	32307
Autism Awareness	West Bridgford Library	Sat	10/11/2018	10/11/2018	10:00	12:00	£8.00	32305
Reiki 1- Shoden	West Bridgford Library	Tue	13/11/2018	18/12/2018	10:00	12:30	£60.00	32207
Dementia Awareness	West Bridgford Library	Sat	17/11/2018	17/11/2018	10:00	12:00	£8.00	32304
Make Your Own Christmas Cards	West Bridgford Library	Sat	08/12/2018	08/12/2018	10:00	12:30	£10.00	32298
Christmas Gift Wrapping	West Bridgford Library	Sat	15/12/2018	15/12/2018	10:00	12:30	£10.00	32299

For more information and our full course listing pick up a copy of our new course guide from your local library. You can also download a copy and book your place online at [inspireculture.org.uk/learning](http://inspireculture.org.uk/learning) or call us on 0115 804 4363.

We've made every effort to make sure that course information is correct at the time of printing but we advise you to check details when booking. We reserve the right to cancel a course if there are insufficient enrolments.

## Do you want to improve your skills and give your career a boost?

You could make a real difference to your career prospects with a professionally recognised course.

We're enrolling now across Nottinghamshire for courses in:

- Business
- Training and Education
- Project Management
- Management
- Health and Social Care

For more information or to enrol, contact us:

0115 804 436 | [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)  
[inspireculture.org.uk/learning](http://inspireculture.org.uk/learning)



Enrolling now for September!